

Jennie Norfield

Doctoral researcher

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About

PhD Title: Social-environmental determinants of well- and ill-being in dancers

Supervisors: **Dr Eleanor Quested** (<http://www.birmingham.ac.uk/schools/sport-exercise/staff/profile.aspx?Referenceld=11687&Name=dr-eleanor-quested>) and **Professor Joan Duda** (<http://www.birmingham.ac.uk/schools/sport-exercise/staff/profile.aspx?Referenceld=9233&Name=professor-joan-duda>)

Jennie Norfield is a PhD student at the University of Birmingham under the supervision of Dr Eleanor Quested and Professor Joan Duda.

Qualifications

BSc Psychology, Loughborough University, UK (2009)
MSc Dance Science, University of Wolverhampton, UK (2010)

Biography

Having obtained a BSc in Psychology from Loughborough University, Jennie decided to combine her knowledge of psychology with her passion for dance. She went on to be awarded an MSc with distinction in Dance Science from the University of Wolverhampton in 2010. Her MSc thesis explored how the psychological environment created in community dance settings relates to dancers' motivations and well-being. Jennie is in her second year of her PhD which broadly aims to investigate the social-environmental determinants of well- and ill-being in dancers.

Research

Research group: Sport and Exercise Psychology

Her research interests focus on motivation and the psychological and physical well-being of dancers.

Other activities

Jennie is a member of the International Association of Dance Medicine and Science (IADMS), Foundation for Community Dance (FCD), Dance UK and a graduate member of the British Psychological Society. Whilst doing her PhD Jennie has also been involved in the delivery of the PAPA project (www.projectpapa.org) (<http://www.projectpapa.org/>) and the organization of a one-day conference aimed at 'promoting healthy physical activity experiences' in children.

Outside of academia Jennie is trained in a variety of dance styles. She has also been involved with teaching dance in both community and university settings.

Publications

Publications

Norfield, J. & Nordin-Bates, S. M. (2012). How community dance leads to positive outcomes: A self-determination theory perspective. *Journal of Applied Arts and Health*, 2(3), pp.257-272.

Conference Presentations

Norfield, J. & Nordin-Bates, S. M. (2011) Motivational climate, need satisfaction and psychological outcomes in community dance. *1st International Congress of Dance in Health*, University of Bedfordshire, Bedford, UK. June 2011.

Quested, E., Duda, J.L, Jauni, T., Castillo, I., Morales, V., Balaguer, I., Ntoumanis, N., Maxwell, J.P., Cumming, J., Nordin-Bates, S.M, **Norfield, J.** (2011) Optimising motivation and healthful engagement in dance: New research findings and applied implications. *1st International Congress of Dance in Health*, University of Bedfordshire, Bedford, UK. June 2011.

