

Luke Wilkins

Doctoral Researcher

School of Sport, Exercise and Rehabilitation Sciences

Contact details

Email lxw777@bham.ac.uk (<mailto:lxw777@bham.ac.uk>)

School of Sport, Exercise and Rehabilitation Sciences
University of Birmingham
Edgbaston
Birmingham
B15 2TT
UK

About

PhD Title: Vision Testing and Training in Sport

Supervisors: Dr Rob Gray

I am currently a Doctoral Researcher at The University of Birmingham, investigating the extent to which visual tests can be used to predict skilled performance, and whether visual training is a beneficial strategy in enhancing such skills. During this time I have presented my work at conferences such as The British Association of Sport and Exercise Sciences (BASES), the Expertise and Skill Acquisition Network (ESAN), and the Applied Vision Association (AVA). I have given lectures and seminars to undergraduate classes on both this work, and also other psychology-related fields such as aggression in sport, and the nature-nurture debate. Alongside this, I lead a weekly department-based sport psychology meet, in which fellow colleagues and others present work and discuss papers.

Qualifications

BSc in Sports and Exercise Science (University of Birmingham)

Research

Visual and Perceptual Testing and Training, Nature versus Nurture, Aggression in Sport

Publications

Motion Perception and Driving: Predicting Performance Through Testing and Shortening Braking Reaction Times Through Training
Wilkins et al *Investigative Ophthalmology & Visual Science* December 30, 2013