

# Ms Yazdana Arrain BDS, DRDP

Clinical Lecturer

## Contact details

**Telephone** [+44 \(0\) 121 466 5513 \(tel:+44 121 466 5513\)](tel:+441214665513)

**Email** [y.arrain@bham.ac.uk \(mailto:y.arrain@bham.ac.uk\)](mailto:y.arrain@bham.ac.uk)

The School of Dentistry  
College of Medical and Dental Sciences  
University of Birmingham  
St Chad's Queensway  
Birmingham  
B4 6NN  
United Kingdom



## About

Yazdana Arrain has been a part-time Clinical Lecturer at the school of Dentistry since 2007. She is responsible for clinical supervision and teaching on a one to one basis, of dental students during patient treatment sessions. Outside of the dental school she is an associate general dental practitioner previously in Tutbury E.Staffs , currently in Notts. She enjoys mentoring dentists in primary care. She has interests in treating nervous patients, prevention of disease, endodontics and general restorative care of adults and children. She has attended the 18 month Sheffield University 1:1 implant course (from 2008).

Her current interests include bone and bisphosphonate related osteonecrosis.

## Qualifications

- BDS : Liverpool University : 1991.
- DRDP : Eastman, UCL : 2001- 2005 – with a distinction in dental materials.

## Teaching

- [Dental Surgery BDS \(/undergraduate/courses/med/dental-surgery.aspx\)](#)

## Other activities

- Member of British Endodontic Society.
- Member of British Society of Restorative Dentistry.
- Dental reviewer of the medical journal 'Age and Ageing'.
- Clinical panellist on GDC's Dental Complaints Service (since 2006).
- Reviewer for Dental Update.

## Publications

Arrain Y, Masud T. Bisphosphonates and osteonecrosis of the jaw- current thoughts. Dental Update 2009, 36: 415-9.

Arrain Y, Masud T. Recent recommendations on bisphosphonate- associated osteonecrosis of the jaw. Dental Update 2008, 35: 238-4.

Arrain Y, Masud T. A current update on osteonecrosis of the jaw and bisphosphonates. Dental Update 2011; 38 : 672- 8

Arrain Y, Masud T. Bisphosphonate associated osteonecrosis of the jaw. Osteoporosis Review 2012; vol 20 (2): 1 - 6