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About

Sabi Redwood is a Research Fellow in Medical Sociology working in applied health research on the NIHR Birmingham and Black Country Collaborations in Leadership in Applied Health Research and Care (CLAHRC) **http://medweb4.bham.ac.uk/websites/bcra/clahrc/index.htm (http://medweb4.bham.ac.uk/websites/bcra/clahrc/index.htm)** . She is the CLAHRC academic lead for Patient and Public Involvement.

She has a background in paediatric nursing and clinical management. She works in the field of medical sociology and uses predominantly qualitative research methods. She has specific responsibilities for the research and evaluation themes on the implementation of effective community care for diabetes, improving patient safety through studying an evolving information technology system, and the evaluation of paediatric outreach services.

As part of her role, she is exploring the use of a variety of methods to engage those whose voices are seldom heard in applied health research, such as women from the South Asian and African Caribbean communities who are disproportionately affected by chronic illness. She has a particular interest in developing culturally sensitive ways of facilitating communication between the participants and researchers in order to enhance the usefulness of qualitative methodologies in exploring health needs and how to address them in different groups.

Qualifications

- Doctorate in Education, University of East Anglia, 2007
- Master of Arts in Interprofessional Health & Community Care, Bournemouth University, 2001
- Diploma in the Professional Studies of Nursing, Bournemouth University, 1990
- Registered Nurse for Sick Children & Registered General Nurse, Great Ormond Street Hospital & Poole Hospital, 1987

Biography

Sabi Redwood qualified as Registered Nurse in Adult and Children's Nursing in 1987, having completed her nurse education at Great Ormond Street Hospital and Poole Hospital. She worked in neonatal intensive care, general paediatrics and clinical management before starting a career in research and teaching.

Her early research focused on learning in clinical practice. She led a small team of researchers in exploring and evaluation new roles for supporting students of the health care professions in the clinical environment, such as clinical link lecturers, lecturer practitioners and consultants in nursing and occupational therapy. She taught at postgraduate and undergraduate level, leading units on qualitative research methods, research ethics and practice development processes, and supported students' and professionals' learning in research and practice development methodologies in health and social care. As Senior Lecturer at the Centre for Qualitative Research at Bournemouth University, she explored issues of ethics and reflexivity in practitioner-led qualitative health research which formed the basis of her doctoral thesis.

In 2009, she joined the University of Birmingham as a Research Fellow in Medical Sociology for the Birmingham and Black Country Collaborations in Leadership in Health Research and Care (CLAHRC), contributing to the design and conduct of a number of research projects and the supervision of PhD students. The Birmingham & Black Country CLAHRC is one of nine pilot CLAHRCs funded by the National Institute for Health Research (NIHR). They were established to undertake applied health research, focusing in particular on the needs of patients, and to support the translation of research evidence into practice in the NHS.

Teaching

Teaching Programmes

- **MBChB (/undergraduate/courses/med/medicine.aspx)** Year 1 (Medicine in Society module)
- **Public Health MPH/Diploma/Certificate (/postgraduate/courses/taught/med/public-health.aspx)** (Qualitative Research Methods module; Sociology and Social Policy module; dissertation project supervision)

Postgraduate supervision

Sabi supervises a number of PhD students. Topics include:

- The relationship between culture, faith and health
- Methodological issues in qualitative health research with seldom heard groups
- 'Closer to home' ways of delivering health services for children
- Sports ethics in relation to the use of prostheses used by disabled athletes

Sabi is interested in supervising doctoral research students in the following areas:

- The relationship between culture, faith and health
- Chronic illness and self-management in minority ethnic communities
- Education for chronic illness and self-management
- 'Novel methods' in applied health research
- Patient and public involvement in research
- New ways of delivering health services for children
- Sociotechnical aspects of IT implementation and patient safety

If you are interesting in studying any of these subject areas please contact Sabi on the contact details above, or for any general doctoral research enquiries, please email: **dr@contacts.bham.ac.uk (mailto:dr@contacts.bham.ac.uk)** or call +44 (0)121 414 5005.

For a full list of available Doctoral Research opportunities, please visit our **Doctoral Research programme listings (http://www.bham.findaphd.com/?es=y&apl=y&aplt=&show)** .

Research

RESEARCH THEMES

Qualitative health research, Health Inequalities, Chronic illness and self-management in minority ethnic communities, Type 2 Diabetes, Obesity, Development of children's services, Sociotechnical aspects of IT implementation and patient safety

RESEARCH ACTIVITY

As part of the CLAHRC project on community care for patients with type 2 diabetes, Sabi has been developing alternatives to eliciting data which avoid formal methods of recruitment and data collection. The aim of this work is to include those whose voice has been largely missing from health research, such as older women from migrant communities, despite their potentially valuable contribution to knowledge about cooking practices and the intersection of faith, culture and food.

As part of the CLAHRC project on the implementation of an IT system to improve patient safety, she is using a range a methods to explore the sociotechnical and organisational context in a highly computerised hospital. She is investigating the types of possible unintended consequences as well as the nature of their effects on patients and healthcare professionals.

Other activities

CLINICAL ACTIVITY / NHS AFFILIATION

- University Hospital Birmingham
- Birmingham Children's Hospital
- South Birmingham Primary Care Trust

RESPONSIBILITIES

- She serves on the Ethical Review Committee for Life Sciences at University of Birmingham (since 2009) and the Ethics Committee for the School of Education and Lifelong Learning at the University of East Anglia (since 2005).
- She serves as peer reviewer for the National Institute for Health Research (NIHR) and the Wellcome Trust (since 2010).
- She is Visiting Fellow for the Centre for Qualitative Research at the School of Health & Social Care, Bournemouth University (since 2008).
- She is the UK section editor and Editorial Board member for the International Journal for Qualitative Methods (since 2007).

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