

## Dr Hermine Graham

Lecturer & Consultant Clinical Psychologist, Birmingham & Solihull Mental Health Foundation Trust

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### About

Dr Hermine Graham is a Consultant Clinical Psychologist and Lecturer; she has led in the development and evaluation of an integrated treatment and service model for people with severe mental health problems who misuse alcohol and drugs, in Birmingham. This service model has been highlighted as a model of good practice by the Department of Health. She has published articles within this area and provides national and international consultancy on service and policy developments for this client group. She works clinically with people with severe mental health problems in an assertive outreach setting in the community. She has an emerging interest in cannabis use among young people.

### Qualifications

BSc(Hons.) Psychology; ClinPsyD; Post graduate diploma in Cognitive Therapy.

### Research

#### Research group

Applied-Clinical

#### Research Interests

Dr Graham's clinical and research interests include cannabis use and binge drinking among young people, cognitive understandings of the relationship between substance use and psychosis, the application of Cognitive Therapy to this client group and Psychological interventions in Assertive Outreach settings.

### Publications

#### Books

[Graham, H.](#), Copello, A., Birchwood, M.J. & Mueser, K.T. (Eds.) (2003). *Substance Misuse in Psychosis: Approaches to treatment and service delivery*. Chichester: John Wiley & Sons Ltd.

[Graham, H.](#), Copello, A., Birchwood, M.J., Mueser, K., Orford, J., McGovern, D., Atkinson, E., Maslin, J., Preece, M., Tobin, D. & Georgiou, G. (2004). Cognitive-behavioural Integrated Treatment (C-BIT): *A treatment manual for substance misuse in people with severe mental health problems*. Chichester: John Wiley & Sons Ltd.

#### Chapters in books

[Graham, H.](#) & Wanigaratne, S. (2000). Substance Misuse. In N. Patel, E Bennett, M. Dennis, N. Dosanjh, A.Mahtani, A. Miller & Z. Nadirshaw (Eds.). *Clinical Psychology, 'Race' and Culture*. pp. 179-188.

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[Graham, H.L.](#), Tobin, D. & Godfrey, E. (2007). A consultation-liaison service model offering a brief integrated motivational enhancement intervention. In. A. Baker & R. Velleman (Eds.). *Clinical Handbook of Co-existing Mental Health and Drug and Alcohol Problems*. Routledge: Hove

Orford, J., Copello, A., Simon, A., Waheed, H., Fazil, Q, [Graham, H.](#), Mahmood, M., McNeil, S. & Roberts, G. (2010). Offering a service to BME family members affected by close relatives' drug problems. In S. MacGregor (Ed.) *Responding to Drug Misuse: Research & Policy Priorities in Health & Social Care*. Routledge: Hove.

[Graham, H.L.](#) (2010). *Severe mental health and substance use: Developing Integrated Services- UK perspective*. In David B. Cooper (Ed.) *Providing & Developing Services In Mental Health-Substance Use*. Radcliffe Publishing Ltd: Oxon.

#### Articles in Journals

[Graham, H. L.](#) (1998). The role of dysfunctional beliefs in individuals who experience psychosis and use substances: implications for cognitive therapy and medication adherence. Accelerated Publication. *Behavioral and Cognitive Psychotherapy*, 26, 193-208.

[Graham, H.L.](#), Maslin, J., Copello, A., Birchwood, M., Mueser, K. McGovern, D. & Georgiou, G. (2001). Drug and alcohol problems amongst individuals with severe mental health problems in an inner city area of the UK. *Social Psychiatry and Psychiatric Epidemiology*, 36, 448-455.

Copello, A., [Graham, H.](#) & Birchwood, M. (2001). Evaluating substance misuse interventions in psychosis: The limitations of the RCT with 'patient' as the unit of analysis. Editorial. *Journal of Mental Health*, 10 (6), 585-587.

Maslin, J., [Graham, H.L.](#), Cawley, M., Copello, A., Birchwood, M., Georgiou, G., McGovern, D., Mueser, K.T. & Orford, J. (2001). Combined severe mental health and substance use problems: What are the training and support needs of staff working with this client group? *Journal of Mental Health*, 10 (2), 131-140.

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[Graham, H. L.](#), Copello, A., Birchwood, M., Orford, J., McGovern, D., Mueser K. T., Clutterbuck , R., Godfrey, E ., Maslin, J., Day, E.& Tobin, D. (2006). A Preliminary Evaluation of Integrated Treatment for Co-existing Substance Use & Severe Mental Health Problems: Impact on Teams & Service Users. *Journal of Mental Health*, 15, 577-591.

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Clutterbuck, R., Tobin, D., Orford, J., Copello, A., Preece, M., Birchwood, M., Day, E., [Graham, H.](#), McGovern, D. & Griffith, E. (2009). Exploring the attitudes of staff working within mental health settings toward clients who use cannabis. *Drugs: education, prevention and policy*, 16 (4), 311-327.

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