

## Dr Gary Urquhart Law

Senior Academic Tutor  
Lecturer in Clinical Psychology & Child Clinical Psychologist

**[School of Psychology \(/schools/psychology/index.aspx\)](/schools/psychology/index.aspx)**

### Contact details

Telephone **+44 (0)121 41 46296** (tel:+44 121 41 46296)

Email **[g.u.law@bham.ac.uk](mailto:g.u.law@bham.ac.uk)** (mailto:g.u.law@bham.ac.uk)

School of Psychology  
University of Birmingham  
Edgbaston  
Birmingham  
B15 2TT  
UK

### Research

Dr Law is interested in child & family beliefs regarding physical ill-health and mental ill-health. Specifically, the use of self-regulation theory to explore self-management and adjustment in child chronic illness and mental health. Additional interests include the stigma of child mental health; specifically, perceived competencies, attitudes, attributions, behavioural intentions for children/adolescents labelled with psychiatric/diagnostic symptoms and predictors of help-seeking.

#### Research grants

ESRC Knowledge Transfer Grant: Improving Knowledge Transfer of Psychosocial Issues to Young People with Coeliac Disease via a new Multi-media DVD resource - £100K (Howard, Law & Petty; 2011-2012)

Coeliac UK - £75K (Howard, Oyeboode & Law; 2008-2011): Psychosocial Factors Associated with Coeliac Disease: A UK-based study

### Other activities

External Examiner for the University of Teesside, Doctorate in Clinical Psychology (2005-2009)

#### Accredited Practitioner for:

- Group Triple P
- Group Teen Triple P
- Stepping Stones Triple P
- Enhanced Triple P
- Pathways Triple P

Accredited FRIENDS practitioner and trainer  
Solihull Approach Practitioner  
Solihull Approach Trainer  
Solihull Approach Parenting Practitioner

#### Affiliations:

- **[British Psychological Society \(BPS\) \(http://www.bps.org.uk\)](http://www.bps.org.uk)**
- Division of Clinical Psychology (DCP)
- Division of Clinical Psychology - West Midlands Branch Committee Member
- Faculty for Children & Young People
- British Association for Behavioural & Cognitive Psychotherapies (BABCP)
- Association for Child & Adolescent Mental Health - ACAMH - formerly the Association of Child Psychology & Psychiatry (ACPP)
- PsychoSocial Aspects of Diabetes (PSAD)
- **[Association for Child Psychology & Psychiatry \(http://www.acpp.org.uk\)](http://www.acpp.org.uk)**
- **[Association for Child and Adolescent Mental Health \(http://www.acamh.org.uk\)](http://www.acamh.org.uk)**

### Publications

#### Book Chapters & DVDs

Howard, R. & **Law, G. Urquhart.** (2014). Psychological wellbeing of children and young people with coeliac disease: Management and intervention. Paediatric Gastrointestinal Disorders: A Psychosocial Perspective.

Howard, R., **Law, G. Urquhart.** & Petty, J. (2011). Coeliac Disease: Psychosocial Factors in Adults and Children. Chapter in *Long Term Conditions: Challenges in Health and Social Care*, pgs 108-123. London: SAGE.

Howard, R., **Law, G. Urquhart.**, & Petty, L. (2013). 'Gut Feelings': Young People and their experience of coeliac disease. **<http://www.amazon.co.uk/Gut-Feelings-Experience-Coeliac-Disease/dp/070442830X>** (**<http://www.amazon.co.uk/Gut-Feelings-Experience-Coeliac-Disease/dp/070442830X>**)

Howard, R. & **Law, G. Urquhart.** (2014). Parenting Gut Feelings: Supporting parents in their management of children's coeliac disease. [Available December 2015].

## Sample Publications

**Law, G. Urquhart.**, Walsh, J., Queralt, V., & Nouwen, A. (2013). Adolescent and parent diabetes distress in type 1 diabetes: The role of self-efficacy, perceived consequences, family responsibility and adolescent-parent discrepancies. *Journal of Psychosomatic Research*, 74, 334-339.

**Law, G. Urquhart.**, Tolgyesi, S. & Howard, R. (2013). Illness beliefs and self-management in children and young people with chronic illness: a systematic review. *Health Psychology Review*, iFirst, December 2012, <http://dx.doi.org/10.1080/17437199.2012.747123> (<http://dx.doi.org/10.1080/17437199.2012.747123>)

Nouwen, A., **Law, G. Urquhart.**, Hussain, S., McGovern, S. & Gibbons, H. (2009). Comparison of the role of self-efficacy and illness representations in relation to dietary self-care and diabetes distress in adolescents with type 1 diabetes. *Psychology and Health*, 24 (9), 1071-1084.

**Law, G. Urquhart.**, Rostill-Brookes, H. & Goodman, G. (2009). Public stigma in health and non-healthcare students: Attributions, emotions and willingness to help for adolescent self-harm. *International Journal of Nursing Studies*, 46 (1), 107-118. <http://dx.doi.org/10.1016/j.ijnurstu.2008.08.014>

Lloyd, M., **Law, G. Urquhart.**, Heard, A. & Kroese, B. (2008). When a child says 'no': Experiences of nurses working with children having invasive procedures. *Paediatric Nursing*, 20 (4), 29-34.

**Law, G. Urquhart.**, Sinclair, S. & Fraser, N. (2007). Children's attitudes and behavioural intentions towards a peer with symptoms of ADHD: Does the addition of a diagnostic label make a difference? *Journal of Child Health Care*, 11 (2), 98-111. <http://dx.doi.org/10.1177/1367493507076061>.

Nouwen, A., Breton, M., **Law, G. Urquhart.** & Descoteaux, J. (2007). Stability of an empirical psychosocial taxonomy across type of diabetes and treatment. *Diabetic Medicine*, 24, 41-47.

**Law, G. Urquhart.** (2002). Dissimilarity in adolescent and maternal representations of Type 1 diabetes: Exploration of relations to adolescent well-being. *Child: Care, Health & Development*, 28 (5), 369-378.

**Law, G. Urquhart.**, Kelly, T. P., Huey, D. & Summerbell, C. (2002). Self-management and well-being in adolescents with diabetes mellitus: Do illness representations play a regulatory role? *Journal of Adolescent Health*, 31, 381-385. [International Health Brief].

**Law, G. Urquhart.** (2000). Self-management & adjustment in adolescents with insulin-dependant diabetes mellitus: The role of individual and maternal illness representations. An examination of the self-regulatory model. Unpublished D.Clin.Psych thesis. University of Newcastle-upon-Tyne.

**Law, G. Urquhart.** (1999). Giving psychology away - Selling out or shaping up? *Psychology Research*, 9 (2), 9-22.

**Law, G. Urquhart.**, McCarron, L. A. & Wright, C. (1999). What do trainees want in their first job after qualification? *Clinical Psychology Forum*, 123, 56.

**Law, G. Urquhart.**, McCarron, L. A. & Wright, C. (1998). Trainee's hopes for their first job after qualification. *Regional Northern DCP Newsletter*, 6, 1-2.

## Conference presentations

Tyrer, R. & **Law, G. Urquhart.** (2014). Working together to promote mental health in schools: An IPA study exploring the experiences of school staff working with asylum-seeking and refugee children. 9th International Conference on Child & Adolescent Psychopathology, Roehampton University, London, 14-16th July 2014.

Tolgyesi, C., Howard, R. & **Law, G. Urquhart.** (2012). Psychological impact of Coeliac Disease in young people and parents. Paper presented at the DCP Faculty for Children and Young People Annual Conference, Manchester, 26-27 September 2012.

Walsh, J., **Law, G. Urquhart.**, Queralt, V., McGovern, S., Napier, H., & Nouwen, A. (2011). Illness representation, self-efficacy and diabetes responsibility: Links to distress in adolescents with Type 1 diabetes and their parents. Poster Presented at the 47th Annual Meeting of the EASD, Lisbon, Portugal.

Theodosi, E., Howard, R., **Law, G. Urquhart.** & Walsh, J. (2011). Children with Coeliac Disease: A qualitative study of young people and their parents. Poster Presented at the 14th International Coeliac Disease Symposium, Oslo, Norway.

Petty, J., Howard, R., **Law, G. Urquhart.** & Oyeboode, J. (2011). Predicting health related quality of life and psychological wellbeing in adults with coeliac disease. Poster presented at the 14th Annual Coeliac Disease Symposium in Oslo, Norway, June 2011.

Howard, R. A., Petty, J., **Law, G. Urquhart.** & Oyeboode, J. (2011). Coeliac disease: Can it affect quality of life? British Society of Gastroenterology: Annual Meeting, March. Birmingham.

Howard, R.A., **Law, G. Urquhart.** & Petty, J. (2010) Psychosocial aspects of coeliac disease. Paper presented at the 2nd Coeliac UK Research Conference in London, UK.

Nouwen, A., Queralt, V. & **Law, G. Urquhart.** (2010). Dietary self-care in Type 1 diabetes: Perceptions of young people and their parents. The 15th Annual PsychoSocial Aspects of Diabetes (PSAD) Scientific Meeting, 16-18th April. Cambridge.

Theodosi, E., Howard, R. & **Law, G. Urquhart.** (2009). "Am I allowed that?" A qualitative study of young people's experiences of living with Coeliac Disease. Division of Clinical Psychology Annual Conference. London.

Blair, M., Rostill, H. & **Law, G. Urquhart.** (2006). Post-traumatic stress disorder, violence risk and the selective processing of threat: A preliminary investigation. Paper presented to the Faculty for Children and Young People, 8th Annual Conference, 14-15th September, 2006. Hertfordshire University, Hatfield.

McGovern, S., **Law, G. Urquhart.**, Nouwen, A. & Gibbins, H. (2005). Predictors of depressive symptoms and dietary self-care in adolescents with Type 1 diabetes: A comparison between illness representation and self-efficacy theories. Paper presented to the Faculty for Children and Young People, 7th Annual Conference, 15-16th September, 2005. Heriot-Watt University, Edinburgh.

Lloyd, M., **Law, G. Urquhart.**, Kroese, B. & Heard, A. (2005). What happens when children say 'No'? The experiences of paediatric nursing staff in the management of children who have invasive medical procedures. Paper presented to the Faculty for Children and Young People, 7th Annual Conference, 15-16th September, 2005. Heriot-Watt University, Edinburgh.

**Law, G. Urquhart.** (2005). Predictors of depressive symptoms in adolescents with Type 1 Diabetes. Paper presented to the 10th Annual PsychoSocial Aspects of Diabetes (PSAD) Scientific Meeting, 22-24th April, 2005, Wurzburg, Germany.

**Law, G. Urquhart.**, Sinclair, S., Frazer, N. & Williamson, N. (2004). The stigma of child mental health: Attributions, attitudes and behavioural intentions in ADHD. Paper presented to the Faculty for Children and Young People, 6th Annual Conference, 16-17th September, 2004. Royal Holloway, University of London.

Pekkala, D., Sinclair, S., **Law, G. Urquhart.** & Oyeboode, J. (2004). Adolescents with ADHD: Living with the diagnosis and medication. Paper presented to the Faculty for Children and Young People, 6th Annual Conference, 16-17th September, 2004. Royal Holloway, University of London.

## Poster Presentations

**Law, G. Urquhart.**, Sutton, S., Lavery, S., Wheatley, D., Birch, G., Sangrey, N., Till, D., Morris, L., Churchman, C. & Poston, K. (2008). Mental health literacy in schools. Paper presented to 11th Annual Achieving Excellence in Public Health Conference, 22nd May, 2008. Utttoxeter.

**Law, G. Urquhart.**, Davies, S., Simmons, C., Tunnicliffe, P., Webb, S. & Gilbert, N. (2006). Adolescents' perceptions of peer mental health: Stigma. Paper presented to the Faculty for Children and Young People, 8th Annual Conference, 14-15th September, 2006. Hertfordshire University, Hatfield.

Goodman, D., **Law, G. Urquhart.** & Rostill, H. (2005). Causal attributions of adolescent self-harm behaviour in health and non-health professionals: Relationships with responsibility beliefs, affective responses, and helping and rejecting behaviours. Paper presented to the Faculty for Children and Young People, 7th Annual Conference, 15-16th September, 2005. Heriot-Watt University, Edinburgh.

Bailey, A., **Law, G. Urquhart.** & Curson, D. (2004). An exploration of the inter-relationship between children's self-reported psychological well-being, parental stress and parental perceptions of the child during the isolation period of paediatric bone marrow transplantation. Poster presented to the Faculty for Children and Young People, 6th Annual Conference, 16-17th September, 2004. Royal Holloway, University of London.[competition prize winner].

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