

**Dr Jane Waite** BSc, PhD, ClinPsyD

Postdoctoral Research Fellow

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## About

Jane Waite is a research fellow at the University of Birmingham and is based at The Cerebra Centre for Neurodevelopmental Disorders.

## Qualifications

- BSc Psychology
- Clinical Psychology Doctorate (ClinPsyD)
- PhD Psychology

## Biography

Dr Jane Waite was awarded a studentship by Cerebra to complete a PhD in the behavioural and cognitive phenotype of Rubinstein-Taybi syndrome before training as Clinical Psychologist at Birmingham University. She worked in the NHS prior to taking up a postdoctoral research fellow post at the University of Birmingham.

## Research

- Behavioural phenotypes in rare genetic syndromes. In particular, behavioural and cognitive difference in Rubinstein-Taybi syndrome.
- The developmental trajectory of executive function in rare genetic syndromes and associations with repetitive behaviour, impulsivity and challenging behaviour.
- Developing neuropsychological tests of executive functioning and social cognition for individuals with moderate to severe intellectual disability.
- Developing clinical interventions for behavioural difficulties and emotional distress in individuals with rare genetic syndromes and intellectual disability.
- Parental and child well-being and barriers to service provision and support. Maximising the impact of dissemination of information to inform effective intervention strategies for behavioural difficulties in children and adults with rare genetic syndromes and intellectual disability.

## Current Projects

*Parents' Perceptions of Challenging Behaviour and Service Provision*

This project addresses behaviour perceived as challenging in people with genetic syndromes. Jane is interested in how parents view challenging behaviour, the factors that impact on parents' views, and the support that parents have received from services.

*ESRC Knowledge Exchange Project*

It currently takes up to ten years for research in genetic syndromes to reach the parents, carers and professionals. Jane is working in partnership with ESRC and Cerebra to develop accessible web resources to help disseminate findings from our research centre. This involves a wide scale consultation exercise with parents and professionals.

## Past Projects

The behavioural and cognitive phenotype of Rubinstein-Taybi syndrome: <http://etheses.bham.ac.uk/3548/> (<http://etheses.bham.ac.uk/3548/>)

## Other activities

Editorial Assistant for the Journal of Intellectual Disability Research

Clinical consultancy for parents of children and adults with Rubinstein Taybi syndrome

## Publications

Wilde, L., Waite, J., Heald, M., Tanner, J., Beck, S. & Oliver, C. Inhibition and impulsivity in children with Smith-Magenis syndrome. *Journal of Abnormal Child Psychology* (under submission).

Nelson, L., Moss, J., Powis, L., Waite, J. & Oliver, C. A comparative study of sociability and selective mutism in autism spectrum disorder, Angelman, Cri du Chat, Cornelia de Lange, Fragile-X and Rubinstein Taybi syndromes. *Journal of Autism and Developmental Disorders* (under submission).

Waite, J., E., Beck, S., Powis, L., Oliver, C. & Moss, J. (2010). The characteristics and executive correlates of repetitive behaviour in Rubinstein Taybi syndrome. *Journal of Applied Research in Intellectual Disability*, 23, 219.

Powis, L., Waite., J., Oliver C. Beck., S., Apperly, I. (2009). Linking social cognition and executive functioning to phenotypic behaviours in Rubinstein Taybi Syndrome. *Journal of Intellectual Disability Research*, 53(10), p.835

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