

Professor Christopher Ring BSc MSc PhD

Professor in Psychology

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About

Professor Christopher Ring is a professor of psychology and has enjoyed working in the school of Sport, Exercise and Rehabilitation Sciences since 1995. He has published over 120 research articles, won grants from research councils, charities and industry, collaborated with experts from many other countries, and supervised 21 doctoral students who are now working at universities around the world. He teaches a popular third year module concerning the psychophysiology of sport and exercise. His research interests are broad, and include the emotion-performance relationship in novices and experts, aggression in sport, and the effects of stress on vaccination as well as the effects of vaccination on stress. In his spare time, he thinks up ways of how he can become the best golfer he can be.

Qualifications

BSc (Hull, UK), MSc, PhD (Stony Brook, USA)

Biography

Christopher studied psychology at the University of Hull, graduating with a first class degree in 1987. He then studied psychology at the State University of New York at Stony Brook under the supervision of Jasper Brener, completing his doctorate in cardiac psychophysics in 1993. This was followed by a post-doctoral fellowship in respiratory psychophysiology at Ohio University. In 1995, he joined the School of Sport, Exercise and Rehabilitation Sciences at the University of Birmingham.

Research

- Behavioral Adjuvants to Vaccination
- Interoception
- Psychophysiology of Competition and Choking
- Social Neuroscience of Morality in Sport
- Sensorimotor Function

He is currently conducting studies in the following research topics: role of baroreceptors on nociception and pain; sensorimotor and cognitive deficits in hypertension, effects of exercise and mental stress on the immune response to vaccination, choking during sporting competition, and the social neuroscience of morality in sport.

Publications

2013

Vine, S.J., Moore, L.J., Cooke, A., Ring, C., Wilson, M.R. (2013). Quiet eye training: a means to implicit motor learning. *International Journal of Sport Psychology*, 44, 367-386.

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2012

Van der Pol, P., Kavussanu, M. & Ring, C. (2012). The effects of training and competition on achievement motivation and performance in a golf-putting task. *Journal of Sport & Exercise Psychology, 34*, 787-807.

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2010

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