

## Mentoring Workshop

Date(s)	Thursday 27th September 2012 (14:00-16:00)
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Download	<a href="#">Add to Calendar (/university/colleges/mds/percat/events/mentoring.aspx?ical=true)</a>

# PERCAT

**Postdoctoral / Early Researcher  
Career Development And Training**

## Meet a mentor

**Thursday 27<sup>th</sup> September  
4:00-5:00pm**

*followed by drinks  
and nibbles*

**Medical School  
Lecture Theatre 3**

Not sure where you are headed, how to get to where you want to be or how to maximise your potential? If that is you, a mentor could help you.

Come and find out about the benefits of mentoring, get to know the mentors and sign up for your own mentor.

***Don't put it off: Meet a mentor, make a change,  
make a future.***

For catering purposes, please register your interest

<http://www.birmingham.ac.uk/percat>

Many of you have expressed an interest in having the opportunity to find out more about the benefits of an informal mentoring scheme. We will be holding a [Mentoring Workshop \(/Documents/college-mds/percat/events/MentoringProgramme.pdf\)](#) on the afternoon of Thursday 27 September (from 4.00pm onwards) in Lecture Theatre 3, Medical School Building. There will be an introduction from [Professor Roy Bicknell \(/staff/profiles/iandi/bicknell-roy.aspx\)](#) and [Kate Crane \(mailto:k.crane@bham.ac.uk\)](#) (POD, Senior Consultant & Business Partner to the College of Medical & Dental Sciences). We will be hearing different perspectives from both mentors and mentees from the College. [Professor Stephen Watson \(/staff/profiles/cem/CVRS/Watson-Steve.aspx\)](#) (Professor of Cardiovascular Sciences and Cellular Pharmacology, Nature/NESTA mid-career award for creative mentoring in science) has very kindly offered to speak on the benefits of having a mentor.

The event will conclude with an informal cheese and wine social to give you the opportunity to approach College mentors. For catering purposes, we would be grateful if you could [register your interest \(/university/colleges/mds/percat/events/mentoring-registration-form.aspx\)](#) in attending this event.

Aim is to provide an overview of mentoring to prospective mentors.

Objectives are:

By the end of the session delegates will be able to...

- o Explain the role of mentor and mentee
- o Describe the skills, behaviours and values of a good mentor
- o Describe the benefits of a mentoring scheme
- o Outline the ground rules and what is meant by confidential

See our [Mentoring \(/university/colleges/mds/percat/mentoring/index.aspx\)](#) page for more information