



UNIVERSITY OF
BIRMINGHAM

SCHOOL OF ENGLISH,
DRAMA AND AMERICAN
& CANADIAN STUDIES



Mind Reading


The Role of Narrative in Physical and
Mental Health and the Experience of Illness



Monday 18 June – Tuesday 19 June 2018

University of Birmingham



DISEASES OF
MODERN LIFE 



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Conference Venue

Arts Building, University of Birmingham

2nd floor

Conference Staff

Academic Staff

Dr Melissa Dickson (University of Birmingham)

Associate Professor Elizabeth Barrett (University College Dublin)

Professor Femi Oyebode (University of Birmingham)

Event Coordinator *(for queries on registration and catering)*

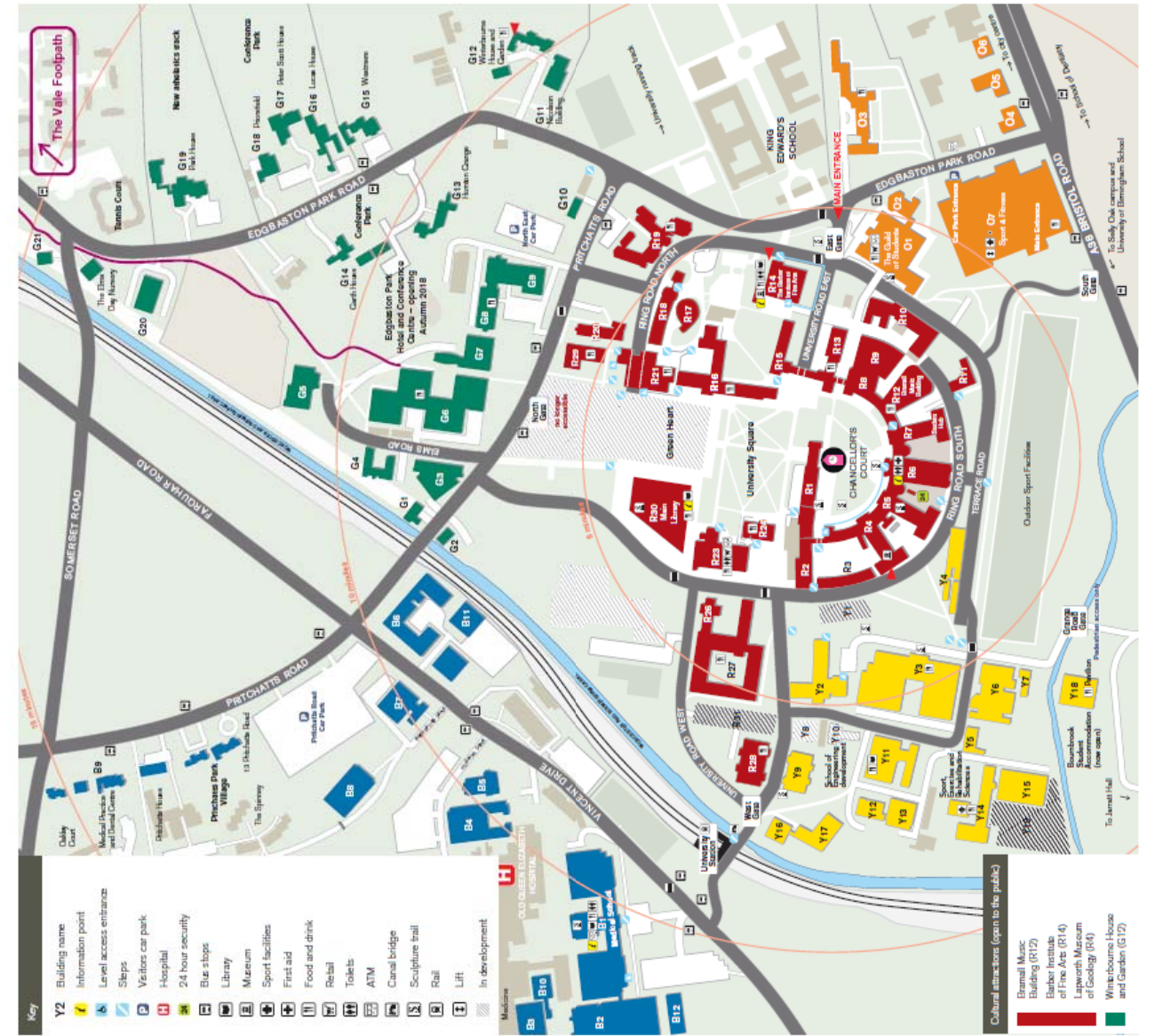
Kelly Merriman (University of Birmingham)

Event Assistants *(for general queries and technical support)*

Caitlin Evans

Timetable at a Glance

Monday 18 June		
09:30 – 10:00	REGISTRATION <i>Arts Building Foyer</i>	
10:00 – 10:15	Welcome and Introductions <i>Lecture Room 7</i>	
10:15 – 11:00	Keynote Address: Professor Brendan Drumm (University College Dublin) <i>Lecture Room 7</i>	
11:00 – 11:30	BREAK <i>Arts Building 2nd Floor</i>	
11:30 – 1:00	Workshop A <i>Lecture Room 6</i> From Greek Tragedy to Twitter: Understanding Doctors Vulnerability	Workshop B <i>Lecture Room 7</i> Alternative Endings: Narrating Closure with Cure
	LUNCH <i>Arts Building</i>	
2:00 -2:45	Keynote Address: Professor Femi Oyeboade (University of Birmingham) <i>Lecture Room 7</i>	
2:45 – 4:15	Workshop C <i>Lecture Room 6</i> Writing Yourself Healthy, Action on Postpartum Psychosis (APP)	Workshop D <i>Lecture Room 7</i> Analysing Medical Narratives
	BREAK <i>Arts Building 2nd Floor</i>	
4:15 – 4:45	Poetry Reading and Q & A <i>Lecture Room 7</i>	



Edgbaston Campus Map

Index to buildings by zone

<p>Red Zone</p> <ul style="list-style-type: none"> R1 Law Building R2 Frankland Building R3 Hills Building R4 Aston Webb – Lapworth Museum R5 Aston Webb – B Block R6 Aston Webb – Great Hall R7 Aston Webb – Student Hub R8 Physics West R9 Nuffield R10 Physics East R11 Medical Physics R12 Branall Music Building R13 Poynting Building R14 Barber Institute of Fine Arts R15 Watson Building R16 Arts Building R17 Ashley Building R18 Strathcona Building R19 Education Building R20 J G Smith Building R21 Muirhead Tower R22 University Centre R23 Staff House R24 Geography R26 Biosciences Building R27 Murrey Learning Centre R28 The Alan Walters Building R30 Main Library R31 Collaborative Teaching Laboratory – in development 	<p>Green Zone</p> <ul style="list-style-type: none"> G1 32 Pritchatts Road G2 31 Pritchatts Road G3 European Research Institute G4 3 Elms Road G5 Computer Centre G6 Metallurgy and Materials G7 IRC Net Shape Laboratory G8 Gisbert Kapp Building G9 52 Pritchatts Road G10 54 Pritchatts Road G11 Nicolson Building G12 Winterbourne House and Garden G15 Westmere G18 Priorsfield G19 Park House G20 Elms Plant G22 Elms Day Nursery 	<p>Blue Zone</p> <ul style="list-style-type: none"> B1 Medical School B2 Institute of Biomedical Research including IBR West B3 Wellcome Clinical Research Facility B4 Robert Aitken Institute for Clinical Research B5 CRUK Institute for Cancer Studies and Denis Howell Building B6 Research Park B7 90 Vincent Drive B8 Henry Wellcome Building for Biomolecular NMR Spectroscopy B9 Medical Practice and Dental Centre B10 Advanced Therapies Facility B11 BioHub Birmingham B12 Health Sciences Research Centre (HSRC) 	<p>Yellow Zone</p> <ul style="list-style-type: none"> Y1 Old Gymnasium – in development Y2 Haworth Building Y3 Mechanical and Civil Engineering Building Y4 Terrace Huts Y5 Estates West Y6 Maintenance Building Y7 Grounds and Gardens Y8 Chemistry West Y9 Computer Science Y10 Alta Bioscience Y11 Chemical Engineering Y12 Biochemical Engineering Workshop Y13 Sport, Exercise and Rehabilitation Sciences Y15 Civil Engineering Laboratories Y16 Occupational Health Y17 Public Health Y18 Bournbrook Student Accommodation Y19 Buried Infrastructure facility
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Stay Connected

Connecting to Campus Wi-Fi

WifiGuest is a public network provided for all guests and visitors to the university.

Steps for connecting are as follows:

1. Select WiFiGuest on your device
2. Open a browser, and attempt to navigate to any webpage
3. You will be redirected to a sign-in page, follow the steps for registration and sign-in.

You will now be connected to the guest WiFi service.

Twitter

Stay connected with us on twitter!

We will be busy tweeting about the conference from @lit4health.

When tweeting about the conference, please use hashtag #MindReading2018

Tuesday 19 June		
09:30 – 10:00	REGISTRATION <i>Arts Building Foyer</i>	
10:00 – 10:15	Welcome and Introductions <i>Lecture Room 7</i>	
10:15 – 11:00	Keynote Address: Professor Chris Fitzpatrick (University College Dublin) <i>Lecture Room 7</i>	
11:00 – 11:30	BREAK <i>Arts Building 2nd Floor</i>	
11:30 – 1:00	Workshop E <i>Lecture Room 6</i> The Pariah Syndrome: Why Do So Many People Desert the Ill?	Workshop F <i>Lecture Room 7</i> Teaching the Arts in Psychiatry
1:00 – 2:00	LUNCH <i>Arts Building</i>	
2:00 -2:45	Keynote Address: Professor Dame Sue Bailey <i>Lecture Room 7</i>	
2:45 – 4:15	Workshop G <i>Lecture Room 6</i> Lived Experiences REFOCUS (Recovery Experience Forum of Carers and Users of Services)	Workshop H <i>Lecture Room 7</i> Narrative, Culture, and Public Health
4:15 – 4:45	BREAK <i>Arts Building 2nd Floor</i>	
4:45 – 5:30	Keynote Address: Professor Sally Shuttleworth (University of Oxford) <i>Lecture Theatre 7</i>	
5:30	Closing Address and Drinks Reception	

About the Mind Reading Project

Mind Reading had its beginnings in the discussions about life and literature that took place between Child and Adolescent psychiatrist Elizabeth Barrett (Children's University Hospital Temple St & University College Dublin) and literary scholar Melissa Dickson (University of Birmingham) during their time together as postgraduate students in London. Our ongoing collaborations are founded upon a few simple questions: do clinicians and patients speak the same language, and how might we use literature to bridge the evident gaps? What can humanities and health professionals learn from each other? How do we ensure the patient voice is central to clinical practice? Is there a role for literature to reflect on the interplay of physical illness, mental health, and our sense of self? What is the role of narrative medicine in reflective practice, and can literature assist clinicians to this end?

Our activities and conferences function as independent events, but are brought together by their intent to explore reciprocal interactions between literary and medical fields historically and in the present day. We analyse ways in which scientific and medical ideas enter into literary discourse, as well as the ways in which fiction can anticipate and absorb, but also challenge and critically re-interpret, medical and scientific constructs.

Our pilot conference was held at the beautiful dlr Lexlcon Library in Dun Laoghaire, Dublin in March 2017. This event aimed to identify roles that writing and narrative can play in medical education, patient and self-care, and/or professional development schemes. Attendees found the experience beneficial in terms of the dialogue that was fostered between different disciplines and social groups, as well as its content on bibliotherapy, the use of literature in mental health services, and locating resources for clinical practice.

5:14—4:45	BREAK <i>Arts Building 2nd Floor</i>
4:45—5:30	Keynote Address: Professor Sally Shuttleworth University of oxford Fractured Lives
5:30	Closing Address and drinks Reception

As one member puts it: 'For me memoir writing has been a cathartic and an emotional experience. It helped me to reflect on my learning and identify important stages in my recovery process. Reflecting on my experiences has also helped to consolidate my recovery'.

WORKSHOP H (Lecture Room 7)

Narrative, Culture, and Public Health

Professor Christopher Fitzpatrick (UCD), Professor Gerardine Meaney (UCD) and Dr Cormac O'Brien (UCD), Chaired by Dr Clare Hayes-Brady (UCD)

In this panel discussion, chaired by Clare Hayes-Brady, Chris Fitzpatrick will discuss the use of Poetry and Applied Drama in Clinical Practice, Gerardine Meaney will talk about her project Contagion, Biopolitics, and Migration in European Cultural Memory and Cormac O'Brien will discuss his work on communities of care in Irish culture in the HIV/AIDS crisis.



Gerardine Meaney is Professor of Cultural Theory in the School of English, Drama and Film at UCD and Director of the newly established UCD Centre for Cultural Analytics. She is the author of *Gender, Ireland and Cultural Change* (New York: Routledge, 2010), *Nora*, Ireland into Film Series (Cork University Press, 2004), *(Un)like Subjects: Women, Theory, Fiction* (Routledge, 1993, 2012), and of over 20 articles and book chapters on gender and culture. She co-wrote with Mary O'Dowd and Bernadette Whelan *Reading the Irish Woman: Studies in Cultural Encounters and Exchange, 1714-1960* (Liverpool University Press, 2013) She was one of the major co-editors of the Field Day Anthology of Irish Writing: Women's Writing and Traditions, volumes 4 and 5 (Cork: Cork University Press, 2002). Previous digital projects include an iPad App of James Joyce's short story, 'The Dead' and Joyce's Dublin. Current projects include 'Nation, Gender and Genre: A Comparative Social Network Analysis of English and Irish Fiction, 1800 - 1922' and 'Contagion, Biopolitics and Migration in European Cultural Memory: using large scale historical datasets to understand contemporary attitudes and

Cormac O'Brien is Lecturer in Anglo-Irish Drama in the School of English, Drama and Film at University College Dublin. Cormac is a specialist in modern and contemporary Irish drama, investigating primarily the relations between governance and citizenship, and gender, sexuality, and national identities. Cormac further specialises in Medical Humanities, comparatively exploring Irish and other Western cultural responses to HIV and AIDS, predominantly in drama, fiction, cinema, and television. He has recently expanded this research into dramatic and literary representations of epidemics and pandemics. Cormac has published widely on masculinities and queer sexualities in Irish theatre, as well as on HIV and AIDS in Irish culture and performance, in journals such as *Journal of Medical Humanities*, *The Irish Review*, *Irish University Review*, and *Theatre Research International*. His first monograph, *Masculinities and Manhood in Contemporary Irish Drama* will be published by Palgrave Macmillan in 2019. In January 2019, Cormac will be undertaking a Fulbright Scholarship in the United States to further the research

Welcome

Welcome to the University of Birmingham and to Mind Reading 2018! We are delighted to welcome you to our second gathering of interdisciplinary professionals, including General Practitioners, hospital clinicians, and psychiatrists, alongside service users, philosophers, and historians of literature and medicine. We are thrilled that the interdisciplinary nature of our collaboration is so well reflected in the diversity of our delegates, and we hope that you enjoy this two days of learning with and from each other! Together we will investigate the patient experience (historically and in the present) through the prisms of fiction, poetry, memoir, and personal narrative in order to inform patient-centred care and practice. A particular focus this year is the ways in which literature might be beneficial in cases of burnout and sympathy fatigue. We are interested in how literature might function as a source of comfort or a frame of reference in moments of pain, trauma, and physical and mental illness, how medical and clinical knowledge might be deployed and refracted through literary worlds, and the ways in which literary techniques like textual analysis might be employed as tools to foster understanding between medical learners, healthcare providers, service users, and family members.

Our two day programme of talks and workshops is a collaboration led by the University of Birmingham and University College Dublin Child and Adolescent Psychiatry, and supported by colleagues from a diverse range of institutions. We are extremely grateful to the University of Birmingham for their extensive support of this event, and of course to all our speakers for giving of their time and expertise so generously. In particular, our thanks are due to the Diseases of Modern Life and Constructing Scientific Communities Projects led by Professor Sally Shuttleworth at St Anne's College, Oxford for their generous financial and intellectual support.

Next year, *Mind Reading* will be returning to Dublin, where we hope to continue the conversation and to further expand our growing network. More information about our work and future events is available at www.literatureandmentalhealth.wordpress.com/

Associate Professor Elizabeth Barrett (UCD), Professor Femi Oyebode (Birmingham), and Dr Melissa Dickson (Birmingham)

Delegate List (correct as of 11/06/18)

CAMHS Registrar	Rowan Mackenzie	Dr Jessica Heron
Daria Hartmann	Annika Nori Ahlgrim	Sue McKendrick
Dr Sabina Dosani	Jayde Martin	Jenny Pagdin
Ms Sandra Griffiths	David Dodwell	Fiona Putnam
Martina Zimmermann	Sheila Greenfield	Dr Melissa Dickson
Dr Marian Thérèse Keyes	Priyanka Palimar	Matt Windle
Anne Révah-Lévy	Sally Sanger	Dr Neil Vickers
Jordan Sibeoni	Eilis Kennedy	Dr Gordon Bates
Dr Liz Barry	Sonia Suman	Dr Emma Barrow
Vivan Joseph	Des McGuire	Dr William Calthorpe
James Whitehead	Carly Bond	Dr Anne Jeffers
Anna Harpin	Shabira Papain	Ms Julie Healy
Vincent Coole	Cath Beard	Ms Christine McCabe
Stephen Pattison	Beata Gubacsi	Brian McNulty
Elaine Samworth	Dr Matthew Geary	Rick Rossiter
Dr Cate Bailey	Dr Juliette Brown	Professor Gerardine Meaney
Barbara - Anne Wren	Isabel Galleymore	Dr Cormac O'Brien
Dr Anna Caley	Sophie Stammers	Dr Clare Hayes-Brady
Claudia De Verteuil-Holliday	Dr Katherine Fender	
David Bettany	Dr Richard Harding	
Professor Brendan Drumm	Professor Femi Oyeboode	
Professor Chris Fitzpatrick	Professor Dame Sue Bailey	
Professor Sally Shuttleworth	Dr Katherine Furman	
Dr Elizabeth Barrett	Dr Hosanna Krienke	



Gordon Bates is a consultant child psychiatrist who trained and practises around Birmingham. He has a career long interest in teaching and was pleasantly surprised by the positive response of medical students and graduates to the introduction of fictional and biographical narratives to teaching psychiatry. He contributed a chapter on autism to Professor Oyeboode's book, *Mindreadings* based on his contributions to the Psychiatry and the Arts module for the BMedSc programme. Since then he has developed his interests in the area with a Master's degree in Medical Humanities from Birkbeck and is currently working on his PhD alongside his clinical work. This looks at the emergence of medical hypnotism in the late Victorian era, its representations in the fiction of the time and its contribution to contemporary models of the mind and therapeutic suggestion. He also edits Narrative Matters, the Humanities column in the journal, *Child and Adolescent Mental Health*.

Emma Barrow is a Consultant Liaison Psychiatrist working with the RAID Team (Rapid Assessment, Interface and Discharge) at Birmingham Heartlands Hospital. She has been involved with teaching psychiatry to undergraduate medical students and postgraduate trainees throughout her training. She is active in promoting recruitment into psychiatry training, having held a 2 year post with the Royal College of Psychiatrists as a trainee, aimed at encouraging students and foundation doctors to consider a career in psychiatry. Now as a Consultant she is the current West Midlands lead for recruitment. Emma is interested in incorporating the arts and humanities into psychiatry teaching and regularly host the Barberry film club for staff and medical students, as well as using other aspects of media, film and drama to enhance the learning experience for medical

1:00—2:00	LUNCH <i>Arts Building</i>
2:00—2:45	Keynote Address: Dame Sue Bailey Words and Pictures
2:45—4:15	WORKSHOP G and H (Parallel Sessions)

WORKSHOP G (Lecture Room 6)

Lived Experiences

REFOCUS – Dr Anne Jeffers, Ms Julie Healy, Ms Christine McCabe, Brian McNulty, and Rick Rossiter



REFOCUS (Recovery Experience Forum of Carers and Users of Services) is made up of people with experience of the mental health services – patients/service users, family members/carers, and psychiatrists. The Committee's role is to inform and influence all aspects of the College of Psychiatrists of Ireland business objectives particularly the training experience of young future psychiatrists and identifying ways to improve the mental health services with psychiatrist members. In this session, chaired by Psychiatrist Dr Anne Jeffers, members will read from their own and others literature and explore how literature and the writing of

Full Programme, Tuesday 19 June

9:30—10:00	REGISTRATION <i>Arts Building Foyer</i>
10:00 - 10.:15	Welcome and Introductions
10:15—11:00	Keynote Address: Professor Chris Fitzpatrick (UCD) University College Dublin What I learned from Sylvia Plath, Ingmar Bergman and Kieran O'Driscoll
11:00—11:30	BREAK <i>Arts Building 2nd Floor</i>
11:30—1:00	WORKSHOP E and F (Parallel Sessions)

WORKSHOP E (Lecture Room 6)

The Pariah Syndrome: Why Do So Many People Desert the Ill?

Dr Neil Vickers (KCL)

A session on what a variety of scientific disciplines have to tell us about the isolation of the ill and their loved ones. Among the disciplines to be covered will be neuroscience, infant research and attachment studies.



Neil Vickers is Reader in English Literature and the Medical Humanities at King's College London. Before teaching Literature he worked for 10 years in cancer epidemiology. He founded the world's first Master's Programme in Literature and Medicine. He is currently writing a book with Derek Bolton entitled *Shared Life and the Experience of Illness*.

WORKSHOP F (Lecture Room 7)

Teaching the Arts in Psychiatry

Dr Gordon Bates, Dr Emma Barrow, Dr William Calthorpe

Academics and Psychiatrists at the University of Birmingham Medical School and *Birmingham and Solihull Mental Health NHS Foundation Trust* share their experiences incorporating film and fiction into the teaching of psychiatry.

Keynote Speakers



Professor Brendan Drumm

Brendan Drumm undertook his undergraduate medical studies at The National University of Ireland Galway. His postgraduate training in Paediatrics took place at the Hospital for Sick Children in Toronto, where he was subsequently a Paediatric Gastroenterologist and Assistant Professor at the University of Toronto. In 1990 he was appointed Head of the Department of Paediatrics at University College Dublin. He is a Fellow of the Royal Colleges of Physicians in Canada, Ireland and the UK, and of the American Gastroenterology Association. In 2005 he was appointed the first Chief Executive Officer of the Health Service Executive, and initiated the largest public service transformation programme ever undertaken in Ireland. In 2011 having completed his term of office at the HSE Brendan Drumm returned to his academic position at University College Dublin where his work focuses on two related areas, promoting caring as the most important component of clinical practice and the need for clinicians to be the leaders of transformational change in healthcare delivery. He also works on establishing innovative approaches to delivering health care in developing countries.



Professor Femi Oyebode

Femi Oyebode is a Professor of Psychiatry at the University of Birmingham. He is the current author of *Sim's Symptoms in the Mind* (4th edition). His other books include *Mindreadings: Literature and Psychiatry & Madness at the Theatre*. He published 6 volumes of poetry: *Naked to your softness and other dreams*; *Wednesday is a colour*; *Adagio for oblong mirrors*; *Forest of transformations*; *Master of the leopard hunt*; and *Indigo, camwood and mahogany red*. Also, *Selected Poems*. His research interests include clinical psychopathology, medical humanities, the application of ethics to psychiatric practice, and neuropsychological and neural correlates of abnormal phenomena.



Melissa Dickson is a Lecturer in Victorian Literature at the University of Birmingham. Her research focuses on the relationships between Victorian literature, science, and medicine, and she is particularly interested in the study and depiction of the senses and the workings of memory in the nineteenth century. Before taking up her current role, Melissa worked for nearly 4 years as a Postdoctoral Researcher on 'The Diseases of Modern Life', an ERC funded project based at St Anne's College, Oxford, investigating nineteenth-century cultural, literary, and medical understandings of stress, overwork, and other disorders associated in the period with the problems of modernity. She has a PhD in English from King's College, London, and an MPhil, BA, and University Medal from University of Queensland, Australia.

4:15—4.45	BREAK <i>Arts Building 2nd Floor</i>
4.45—5.15	Poetry Reading and Q & A with Matt Windle, Birmingham Poet Laureate (2016-2018) (Lecture Room 7) Matt Windle is the twentieth Poet Laureate of Birmingham, and has performed spoken word/slam poetry since 2007. As a poet and professional boxer, Matt delivers workshops, performances and poetry-boxercise to schools, libraries, foster homes, young offenders, residential care homes and various other establishments, whilst fighting at a national level as a super flyweight boxer.
5:15	Closing



Sue McKendrick works as a medical statistician. Sue's world was turned upside-down when she had Postpartum Psychosis (PP), a severe episode of mental illness which began suddenly in the days following the birth of her son Alex in 2000. As part of her 50th birthday celebrations in 2016, Sue self-published a book of her poems, "Method in my Madness" – the title of which came to her during her episode of PP 18 years ago; some of her poems are reflections on this period in her life.



Jenny Pagdin studied BA English at Oxford University and MA Creative Writing at the University of East Anglia. A few months after giving birth, she developed Postpartum Psychosis, which informs her first pamphlet *Caldbeck*, shortlisted for the Mslexia pamphlet competition (2017) and a Poetry Book Society selection (2018). She was also the winner of the Café Writers Norfolk prize 2018. Pagdin lives with her husband and son in Norfolk where she works as a fundraiser for Beat, the Eating Disorders



Fiona Putnam is an actor and producer who suffered from postpartum psychosis, out of the blue, following the birth of her daughter in 2015. After being cared for in a psychiatric hospital and at a Mother and Baby Unit, her road to recovery was rocky, with an episode of severe postnatal depression hot on the heels of her PP and a year of suffering from anxiety. She has now returned to work as an actor and has also written a number of articles about her experience, as well as a rap about Motherhood that is being produced by Mind's Eye Media. She is currently co-writing a drama for television about mental health, called *The Keeping Well Group*. Her message is clear: that not only can you recover from an episode of men-

WORKSHOP D (Lecture Room 7)

Analysing Medical Narratives

Dr Melissa Dickson (University of Birmingham)

Are the literary critic's skills in close-reading and analysing narrative of any use to the medical profession? This workshop addresses the roles that literature might play in the history of medicine, as well as in contemporary medical training and practice. Examples from nineteenth-century fiction will be considered alongside medical writings of the same period in terms of the conditions they represent, their roles as metaphors and literary symbols, and the potential Insights they provide into the patient experience and perspective.



Professor Chris Fitzpatrick

Chris Fitzpatrick is a Consultant Obstetrician & Gynaecologist, and former Master/CEO, Coombe Women & Infants University Hospital and Clinical Professor, School of Medicine, University College Dublin (UCD). As a student, he was profoundly affected by being asked to read a paper on behalf of Christy Brown, author of *My Left Foot*, who due to cerebral palsy was unable to do so – and by subsequently meeting Sir Alec Guinness who advised him how doctors need to learn more from actors about empathy, sincerity and resilience.

He is the lead clinician for the Royal College of Physicians of Ireland's *Bereavement in the Maternity Services: An Approach to Caring and Coping - Parents and Clinicians* - developed in association with patient advocacy groups and Ireland's national theatre (The Abbey). He was inspired to become an obstetrician by the mothers whom he met as a UCD medical student in the National Maternity Hospital, Dublin and by the teaching of Professor Kieran O'Driscoll.



Professor Dame Sue Bailey

Sue Bailey is Professor of Mental Health Policy in North West of England, and Non-Executive Director for University Hospitals South Manchester. As a past President of the Royal College of Psychiatrists, she worked with health and social care professionals, patients and carers to help bring about Parity of Esteem between mental and physical health which is now enshrined in Primary Legislation in England. Made an OBE in 2002 for services to Mental Health and young offenders and in 2013 made a DBE for services to Psychiatry and for voluntary service to People with Mental Health Conditions.

She is currently Senior Clinical Advisor for Mental Health and Learning Disability for Health Education England, and Chair of the Children and Young People’s Mental Health Coalition. Her research interests include development of needs and risk assessment measures for use with young offenders with mental illness and development of community and secure inpatient treatment for young offenders both nationally and internationally.

WORKSHOP B (Lecture Room 7)

Alternative Endings: Narrating Closure Without Cure
 Dr Hosanna Krienke (University of Oxford)

This session will invite participants to analyse how common cultural metaphors for illness (such as calling it a 'journey' or 'battle') create narrative expectations about the kinds of resolution or closure available to a patient. Workshop participants will have the opportunity to both analyse common metaphors for illness and offer their own alternative images for successful intervention.



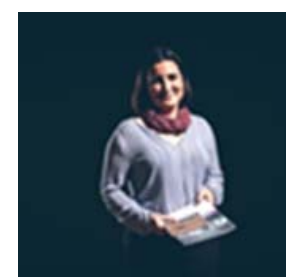
Hosanna Krienke is a Postdoctoral Researcher at St. Anne's College, Oxford, working on the ERC-funded project *Diseases of Modern Life: Nineteenth-Century Perspectives*. Her work examines how nineteenth-century practices of convalescent caregiving shaped the narrative form of the Victorian novel.

1:00—2:00	LUNCH <i>Arts Building</i>
2:00—2:45	Keynote Address: Professor Femi Oyeboode University of Birmingham Madness at the Theatre: Plays and Inner Life
2:45—4:15	WORKSHOP C and D (Parallel Sessions)

WORKSHOP C (Lecture Room 6)

Writing Yourself Healthy
 Action on Postpartum Psychosis (APP)
 Dr Jessica Heron, Sue McKendrick, Jenny Pagdin, and Fiona Putnam

A panel of speakers from APP, the national charity for women and families affected by Postpartum Psychosis, will speak about their experiences with Postpartum Psychosis, the role that writing poetry played throughout their experience, and the therapeutic value of writing.



Jessica Heron is Senior Research Fellow in Perinatal Psychiatry and Director of the National charity, Action on Postpartum Psychosis (APP). APP works with academic researchers and expert health professionals. APP run an award winning peer support service; develop specialist information; raise awareness of PP, increasing understanding in health professionals and the general public; facilitate research; and campaign for improved services. Jess believes that it is only by using story, art, poetry, and music, alongside science and research, that we can truly ad-

Full Programme, Monday 18 June

9:30—10:00	REGISTRATION <i>Arts Building Foyer</i>
10:00 - 10.:15	Welcome and Introductions
10:15—11:00	Keynote Address: Professor Brendan Drumm University College Dublin Using Narrative to Promote the Responsibility and Privilege to Care
11:00—11:30	BREAK <i>Arts Building 2nd Floor</i>
11:30—1:00	WORKSHOP A and B (Parallel Sessions)

WORKSHOP A (Lecture Room 6)

From Greek Tragedy to Twitter: Understanding Doctors Vulnerability

Dr Katherine Furman (UCC) and Dr Elizabeth Barrett (UCD)

This workshop will explore whether clinicians are uniquely vulnerable, from both a clinician and an academic perspective, and what this means for practice. From a philosophical perspective, Dr Furman will explore the concepts of Eudemonia (flourishing) and Vulnerability. Dr Barrett will look at how medical practitioners use language, the topical theme of Burnout, and concepts of narrative interventions – such as Schwartz rounds and Balint groups – and explore both systematic and individual approaches to this.



Katherine Furman is a Lecturer in Philosophy at University College Cork, where she directs the MA in Health and Society. She holds Research Associate positions at the 'Knowledge for Use' project (Durham University), the 'Essex Autonomy Project' (University of Essex), and the Centre for Philosophy of Natural and Social Sciences (London School of Economics and Political Science). She works predominantly on issues of 'causation', 'objectivity' and 'public trust in science' in the context of health.



Elizabeth Barrett is a Consultant in Child and Adolescent Liaison Psychiatry in Dublin, Ireland and an Associate Professor at UCD. Clinically she works at Children's University Hospital Temple St where she is especially interested in the interface between mental and physical health, neuropsychiatry, eating disorders and psychosomatic medicine. She is the Clinical Lead for the National Paediatric Hospital Project Liaison Psychiatry group. Elizabeth is particularly interested in Narrative medicine and is the Clinical Lead for Schwartz rounds in the paediatric hospital. She also leads local Balint groups. She was one of the co-



Professor Sally Shuttleworth

Sally Shuttleworth is a Professor of English Literature at the University of Oxford, Professorial Fellow of at St Anne's College, Oxford and a Fellow of the British Academy. Her most recent book, *The Mind of the Child: Child Development in Literature, Science, and Medicine, 1840-1900* (2010) looked at a range of literary texts, including works by Dickens, the Brontës, Eliot, and Hardy in the light of the emerging sciences of child psychology and psychiatry, and the impact of evolutionary theory. She is currently extending her work on the interface of literature, science, and culture as the Principal Investigator of the ERC-funded Diseases of Modern Life Project, and the AHRC-funded Constructing Science Communities Project.