When and how to take your medicine

Your name is

Your medicine is called

You should take

You should take your medicine
  • with food  [  ]
  • after food  [  ]
  • before food  [  ]

More information

Your chemist is called

Address

Telephone number

This leaflet was made in October 2006 by Gemma Unwin and Professor Shoumitro Deb at the University of Birmingham with help from People First (Staffs). It can be downloaded from www.LD-Medication.bham.ac.uk.

Some of the pictures come from the CHANGE Health Picture Bank, CHANGE, Units 19/20, Unity Business Centre, 26 Roundhay Road, Leeds, LS7 1AB and the clocks come from www.nirch.maths.org.
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