

Over 65's Wanted for Bed-Rest Study

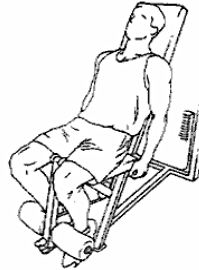


We are seeking
Males aged between
65-80 years of age

Generally healthy, non-
obese, non-smokers

Purpose: To understand the cause of muscle loss during short-term bed rest in the over 65's, and the effects of exercise therapy

Study Procedures



Please contact

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Resistance
exercise training
and strength
testing

5 days of bed-rest
in our clinical
hospital facility

Assessments of
muscle size and
metabolism

You will be recompensed for your participation