

## RECENT RESEARCH GRANTS OBTAINED/EXTERNAL FUNDING

Duda, J.L. & Cumming, J. (Co-PIs). Mental skills training for vocational dancers. Funded £6640. Elmhurst School of Dance contracted research. October 2010 – July 2012.

Ntoumanis, N. (PI), Duda, J.L. (Co-Investigator). When the going gets tough: Motivation and goal self regulation. Proposal submitted to the ESRC. £79,679.86. Sept 2010 – August 2012

Adab, P. (PI), Cheng, K.K., Pallan, M., Parry, M.J., Daley, A., Gill, P.S., Cade, J.E., Duda, J.L., Bhopal, R., Elkelund, U., Passmore, S., Deeks, S.J., Barrett, T.G., McGee, E. (Co-Investigators). A cluster randomised controlled trial of the effectiveness and cost-effectiveness of an obesity prevention intervention in primary school age children. Grant submitted to the NHS R&D National Coordinating Centre for Health Technology Assessment, £1,913,857.

Duda, J.L. (PI), Kitas, G., Veldhuijzen van Zanten, J., Ntoumanis, N., Metsios, G. (Co-Investigators). A psychological intervention fostering cardiovascular fitness, autonomous motivation and physical activity in rheumatoid arthritis patients. Proposal submitted to the NPRI-3 Funding Initiative (Medical Research Council). Funded £407,371. April 2010 – March 2013.

Balaguer, I. (PI). Co-Investigators: Castillo, I., Garcia, M.L., Alvarez, M., Duda, J.L. Entorno social, calidad de la experiencia deportiva, bienestar y conductas relacionadas con la salud en jóvenes futbolistas: un estudio longitudinal (Social environment, quality of sport experience, well-being and health related behaviours of young football players: A longitudinal study). Ministerio de Ciencia e Innovación. Dirección General de Programas y Transferencia de Conocimiento €70,000. 2009-2012.

Thogersen, C. (PI), Duda, J.L., & Fox, K.R. (Co-Investigators) "Step by step": A feasibility study on the promotion of lunchtime walking to increase physical activity and improve mental well-being in sedentary employees. Proposal submitted to the Medical Research Grant Scheme, BUPA Foundation. £83,203. October 2009 – April 2011.

Duda, J.L. (PI), Wold, B., Samdal, O., Balaguer, I., Sarrazin, P., Heuze, J-P., Papaianou, A., Ommundsen, Y., Ntoumanis, N., Cumming, J., Hall, H., Cruz, J., Castillo, I. (Co-Investigators). Promoting Adolescent health through an intervention aimed at improving the quality of their participation in Physical Activity (PAPA). Collaborative research grant funded in the EU Commission Seventh Framework Programme (Health), Funded €2,980,686.00. April 2009 – March 2013

Duda, J.L. (PI), & Cumming, J. (Co-investigator). The development and testing of a Mental Skills Training (MST) Programme for Young Male Scottish Rugby Players. Proposal submitted to the Scottish Institute of Sport Foundation. Funded £154,000. May 2007 – April 2010.

Duda, J.L., & Jolly, C.B. (Co-PIs), A. Daley, F. Eves, N. Mutrie, N. Ntoumanis, & G. Williams (Co-investigators). The development and preliminary testing of a self-determination centred exercise consultation training program. Proposal submitted to the South Birmingham Primary Care Trusts, National Health Service, and Birmingham City Council. Funded £165,000. April 2007 – March 2009.

Dawes, H. (PI), C. K. Barker, J. Duda, H. Izadi, A. Meaney, C. Sackley, & D. Wade (Co-Investigators). Working with people with MS to define optimal exercise programmes. Two year projected funded by the MS society, £149,000. March 2007 – February 2009.

Adab, P. (PI), Cheng, K.K., Gill, P., Cade, J., Barratt, T., Daley, A., Duda, J.L., Parry, J., Ekelund, U. (Co-investigators). Preventing obesity in school aged children in the UK, with a focus on south Asian children. Application to the National Prevention Research Initiative, Medical Research Council. £295,000. January 2006 – December 2008.

J. Cumming, & J.L. Duda (Co-investigators). Striving to reach centre stage: An examination of the interplay between multidimensional perfectionism, motivational characteristics, and well-being in young elite dancers. A British Academy Small Research Grant application submitted October 2003. Funded £4700.

## **LIST OF PUBLICATIONS**

### **Books**

Hackfort, D., Duda, J.L., & Lidor, R. (Eds.) (2005). Handbook of Applied Sport Psychology Research. Morgantown, WV: Fitness Information Technology.

Duda, J.L. (1998). (Ed.) Advances in Sport and Exercise Psychology Measurement. Morgantown, WV: Fitness Information Technology.

Duda, J. L. (1994) *Fostering active living for children and youth – the motivational significance of goal orientations in sport*, Champaign, Human Kinetics Publ.

Duda, J. L. (1994). *Promotion of the Flow State in Golf – a Goal Perspective Analysis*. New York, Routledge & Kegan Paul Inc.

Duda, J. L. (1992). *Motivation in Sport Settings – A goal perspective approach*. Champaign, Human Kinetics Publ.

### **Book Chapters**

Quested, E., & Duda, J. L. (2011). Enhancing children's sport experiences and personal development: A motivational perspective. In R. Bailey & I. Stafford (Eds.), *Coaching children in sport*. London, Routledge.

Duda, J.L., & Treasure, D. (2009). Motivational processes and the facilitation of quality engagement in sport. In J.M. Williams (Ed.), Applied sport psychology. Mountain View, CA: Mayfield.

Duda, J.L., & Balaguer, I. (2008). The interplay between motivation, well-being, and character development in sport: Implications for responsible citizenship. In C. Gonçalves, M. Coelho, E. Silva, J. Adelino, & R.M. Malina (Eds.), Sport and Education. Coimbra, Portugal: Coimbra University Press.

Edmunds, J.K., Ntoumanis, N., & Duda, J.L. (2007). Perceived autonomy support and psychological need satisfaction as key psychological constructs in the exercise domain. In Hagger, H. & Chatzisarantis, N.

(Eds.), Self-Determination Theory in Sport and Exercise (pp. 35-52). Champaign, IL: Human Kinetics.

Duda, J.L. & Balaguer, I. (2007). The coach-created motivational climate. In S. Jowett & D. Lavalee (Eds.), Social Psychology of Sport (pp. 117 – 130). Champaign, IL: Human Kinetics.

Vazou, S., Ntoumanis, N., & Duda, J.L. (2007). Perceptions of peer motivational climate in youth sport: Measurement development and implications for practice. In S. Jowett & D. Lavalee (Eds.), Social Psychology of Sport (pp. 145 – 156) Champaign, IL: Human Kinetics.

Duda, J.L., Cumming, J., & Balaguer, I. (2005). Enhancing athletes' self regulation, task involvement, and self determination via psychological skills training. In D. Hackfort, J.Duda, & R. Lider (Eds.), Handbook of Applied Sport Psychology Research (pp. 159 - 181). Morgantown, WV: Fitness Information Technology.

Duda, J.L., & Treasure, D.C. (2005). Motivational processes and the facilitation of performance, persistence and well-being in sport. In J. M. Williams (Ed.), Applied Sport Psychology: Personal Growth to Peak Performance (pp. 57-81). Mountain View, CA: Mayfield.

Duda, J.L. (2005). Verifying the values and sparking the spirit: Research and practice on motivation in sport psychology. In P. Markula (Ed.), Feminist sport studies: Sharing experiences of joy and pain (pp. 63-80). New York: SUNY Press.

Duda, J.L. (2005). Motivation in sport: The relevance of competence and achievement goals. In A.J. Elliot & C.S. Dweck (Eds.), Handbook of competence and motivation (pp. 318-335). New York: Guildford Publications.

Duda, J.L., & Ntoumanis, N. (2005). After-school sport for children: Implications of a task-involving motivational climate. In Mahoney, J. L., Larson, R. W., & Eccles, J. S. (Eds.), Organized activities as contexts of development: Extracurricular activities, after-school and community programs (pp. 311-330). Mahwah, NJ: Erlbaum.

Duda, J.L. (2004). Goal setting and achievement motivation in sport. In C. Spielberger (Ed.), Encyclopedia of Applied Psychology (pp. 109-119). San Diego, CA: Academic Press.

Standage, M., & Duda, J.L. (2003). Motivational processes impacting physical activity engagement among older adults. In M. Weiss (Ed.), Sport and exercise psychology: A developmental perspective (pp. 365-381). Morgantown, WV: Fitness Information Technology.

McArdle, S., & Duda, J.L. (2002). Implications of the motivational climate in youth sport. In R. Smith & F. Smoll (Eds.), Children and youth in sport (2<sup>nd</sup> Edition) (pp.409-434). Champaign, IL: Human Kinetics.

Duda, J.L., & Pensgaard, A.M. (2002). Enhancing the quantity and quality of motivation: The promotion of task involvement in a junior level football team. In I. Cockerill (Ed.), Solutions in sport psychology (pp. 49-57). UK: Thomson Corporation.

Duda, J.L. (2001). Goal perspectives and their implications for health-related outcomes in the physical domain [La theorie des buts d'accomplissement et la sante dans le domaine physique]. In Cury, F., & Sarrazin, P. (Eds.), Advances in motivation theories in the sport domain [Theories de la motivation et pratiques sportives] (pp. 255-276). Paris: Presses Universitaires de France.

Duda, J.L. (2001). Goal perspectives research in sport: Pushing the boundaries and clarifying some misunderstandings. In G.C. Roberts (Ed.), Advances in motivation in sport and exercise (pp.129-182). Champaign, IL: Human Kinetics.

Duda, J.L., & Hall, H. (2001). Achievement goal theory in sport: Recent extensions and future directions. In R. Singer, H. Hausenblas, & C., Janelle (Eds.), Handbook of sport psychology, 2<sup>nd</sup> edition (pp. 417-443). New York: John Wiley & Sons.

Duda, J.L. (2001). Ejercicio físico, motivación y salud: Aportaciones de la teoría de las perspectivas de meta (Goal perspectives, perceptions of competence, and maximizing involvement in school-based physical education). In J. Devis (Ed.), La educación física, el deporte y la salud en el siglo XXI (pp. 271-281). Alcoy (Alicante): Marfil.

Duda, J.L., & Treasure, D.C. (2000). Toward optimal motivation in sport: Fostering athletes' competence and sense of control. In J. M. Williams (Ed.), Applied Sports Psychology (pp. 43-62). Mountain View, CA: Mayfield.

Duda, J.L. (2000). Psychological aspects of training. In B.L. Drinkwater (Ed.), Women in sport: Volume VIII of the Encyclopaedia of Sports Medicine (pp. 108-119). Blackwell.

### **In press**

Balaguer, I., Castillo, I., Duda, J.L., Quested, E., & Morales, V. (in press). Predictores socio-contextuales y motivacionales de la intención de continuar participando: Un análisis desde la SDT en danza. Revista Internacional de Ciencias del Deporte.

Collett, J., Dawes, H., Meaney, A. Sackley, C., Barker, K., Wade, D. Hooshang, I., Bateman, J., Duda, J., & Buckingham, E. (in press). Exercise for multiple sclerosis: A single-blind randomized trial comparing three exercise intensities. Multiple Sclerosis Journal.

Fortier, M., Duda, J.L., Guerin, E., Teixeira, P. (in press). Promoting physical activity: Development and testing of Self-Determination Theory-based interventions. International Journal of Behavioural Nutrition and Physical Activity.

Quested, E., & Duda, J.L. (in press). A Self-Determination Theory approach to understanding the antecedents of dancers' self-evaluative tendencies. Journal of Dance Medicine and Science.

Rouse, P., Ntoumanis, N., Duda, J.L., Jolly, K., & Williams, G. (in press). In the beginning: Role of autonomy support on the motivation, mental health and intentions of participants entering an exercise referral scheme. Psychology and Health.

Smith, A.L., Ntoumanis, N., & Duda, J.L. (in press). Goal striving and well being in sport: A prospective investigation of the role of goal motives and implementation intentions. Journal of Applied Sport

## Psychology.

Woodcock, C., Duda, J. L., Cumming, J., Holland, M. J. G. & Sharp, L. (in press) Assessing Mental Skill and Technique Use in Applied Interventions: Recognizing and Minimizing Threats to the Psychometric Properties of the TOPS. The Sport Psychologist

Woodcock, C., Holland, M. J. G., Duda, J. & Cumming, J. (In Press). Psychological qualities of elite adolescent rugby players: parents, coaches, and sport administration staff perceptions and supporting roles. The Sport Psychologist.

## **2011**

Balaguer, I., Castillo, I., Duda, J.L. y García-Merita, M. (2011). Asociaciones entre la percepción del clima motivacional creado por el entrenador, orientaciones disposicionales de meta, regulaciones motivacionales y vitalidad subjetiva en jóvenes jugadoras de tenis. *Revista de Psicología del Deporte*, 20 (1), 133-148.

Castillo, I., Duda, J. L., Alvarez, M. S., Merce, J. & Balaguer, I. (2011). Motivational Climate, Approach-Avoidance Achievement Goals and Well-Being in Young Soccer Players. Revista De Psicología Del Deporte, 20, 149-164.

Hill, A.P., Hall, H.K., Duda, J.L., & Appleton, P. (2011). The cognitive, affective and behavioural responses of self-oriented perfectionists following successive failure on a muscular endurance task. International Journal of Sport and Exercise Psychology, 9 (2).

Kim, M. S., Duda, J. L., Gano-Overway, L. A. (2011) Predicting occurrence of and responses to psychological difficulties: The interplay between achievement goals, perceived ability and motivational climates among Korean Athletes. International Journal of Sport and Exercise Psychology, 9(1), 31-47.

Quested, E. & Duda, J.L. (2011). Antecedents of burnout among elite dancers: A longitudinal test of basic needs theory. Psychology of Sport and Exercise, 12, 159-167.

Smith, A., Ntoumanis, N., Duda, J.L., Vansteenkiste M. (2011) Goal striving, coping, and well-being: A longitudinal investigation of the self-concordance model in sport. Journal of Sport and Exercise Psychology, 33, 124-145.

## **2010**

Adie, J.W., Duda, J.L., Ntoumanis, N. (2010). Achievement goals, competition appraisals and the well-and ill-being of elite youth soccer players over two competitive seasons. Journal of Sport and Exercise Psychology, 32, 555-579.

Castillo, I., Tomás, I., Balaguer, I., Fonseca, A., Dias, C., & Duda, J.L. (2010). The task and ego orientation in sport questionnaire: Testing for measurement invariance and latent mean differences in Spanish and Portuguese Adolescents. International Journal of Testing, 10, 21–32.

Cumming, J. & Duda, J. L. (2010). Self-Regulatory Strategies to Overcome Boredom in the Gym: Development and Validation of the Interest-Enhancing Strategies for Exercise Questionnaire (IESEQ). Journal of Sport and Exercise Psychology, 32, S155-S155

Duda, J. L. & Van Zanten, J. (2010). Emotional disclosure in RA: does it work? Nature Reviews Rheumatology, 6, 11-12

Edmunds, J., Ntoumanis, N., & Duda, J.L. (2010). Psychological needs and the prediction of exercise-related cognitions and affect among an ethnically diverse cohort of adult women. International Journal of Sport and Psychology, 12(4), 446-463

Holland, M. J. G., Sharp, L. A., Woodcock, C., Cumming, J. & Duda, J. L. (2010). Validity and reliability of the Behavioral Regulation in Sport Questionnaire (BRSQ) with youth athletes. Journal of Sport & Exercise Psychology, 32, S175-S176.

Holland, M. J. G., Woodcock, C., Cumming, J., & Duda, J. L. (2010). Mental qualities and employed mental techniques of young elite team sport athletes. Journal of Clinical Sport Psychology, 4, 19-38.

Rouse, P. C., Duda, J. L., Ntoumanis, N., Jolly, K. B. & Williams, G. C. (2010). A longitudinal examination of self-determination theory in participants of a UK based exercise on referral program. Journal of Sport & Exercise Psychology, 32, S215-S215.

Rouse, P. C., Duda, J. L., Ntoumanis, N. & Williams, G. C. (2010) A longitudinal examination of self-determination theory in participants of a UK-based exercise on referral program. North American Society for the Psychology of Sport and Physical Activity

Quested, E., Cumming, J. & Duda, J.L. (2010). *The nature of motivation*. Music and Dance Scheme Infosheet Series, No. 4, 1-4.

Quested, E., & Duda, J.L. (2010). Exploring the social-environmental determinants of well- and ill-being in dancers: A test of Basic Needs Theory. Journal of Sport and Exercise Psychology, 32 (1), 39-60.

Quested, E. & Duda, J. L. (2010). The social-psychological antecedents of burnout in dance: A longitudinal test of Basic Needs Theory. Journal of Sport & Exercise Psychology, 32, S210-S210.

Sharp, L. A., Woodcock, C., Holland, M. J. G., Duda, J. L. & Cumming, J. (2010). Validation of the Athlete Burnout Questionnaire with youth athletes. Journal of Sport & Exercise Psychology, 32, S218-S219.

Smith, A.L., & Ntoumanis, N., & Duda, J.L. (2010). An investigation of coach behaviors, goal motives, and implementation intentions as predictors of well-being in sport. Journal of Applied Sport Psychology, 22, 17-33.

Thogersen-Ntoumani, C., Loughren, E. A., Duda, J. L., Fox, K. R. & Kinnafick, F. E. (2010). "Step by Step". A feasibility study of a lunchtime walking intervention designed to increase walking, improve mental well-being and work performance in sedentary employees: Rationale and study design. BMC Public Health, 10.

Woodcock, C., Holland, M. J. G., Sharp, L. A., Duda, J. L. & Cumming, J. 2010. Psychological Skill Use in Adolescents: Exploring Structural and Temporal Validity of the TOPS. Journal of Sport & Exercise Psychology, 32, S233-S233

## 2009

Adie, J. W., J. L., Duda, J. L. & Ntoumanis, N. (2009) Coach autonomy support, basic needs satisfaction, and well-being among elite youth soccer participants: a longitudinal approach. Journal of Sport and Exercise Psychology, 31, S108-S108

Alvarez, M.S., Balaguer, I., Castillo, I., & Duda, J.L. (2009). Coach autonomy support and quality of sport engagement in young soccer players. The Spanish Journal of Psychology, 12, 138-148.

Alvarez, M., Castillo, I., Duda, J.L., Balaguer, I. (2009) . Clima motivacional, metas de logro y motivación autodeterminada en futbolistas cadetes. Revista de Psicología General y Aplicada. 62, 35-44.

Balaguer, I., Castillo, I., & Duda, J.L. (2009). Análisis de las propiedades psicométricas de la versión española del Cuestionario de Clima en el Deporte. Revista de Psicología del Deporte, 18, 73-83

Balaguer, I., Duda, J.L., Castillo, I., Moreno, Y., & Crespo, M. (2009). Interplay between situational and dispositional goal perspectives and psychological burnout among junior elite tennis players. Acción Psicológica, 6(2), 63-75.

Balaguer, I., Castillo, I., Tomas, I. & Duda, J. L. (2009). Individual and team-level determinants of collective efficacy in soccer. Journal of Sport and exercise Psychology, 31, S109-S109

Castillo, I., Duda, J.L., Balaguer, I., & Tomas, I. (2009). Cross-domain generality of achievement motivation across sport and the classroom: The case of Spanish adolescents. Adolescence, 44, 569-580.

Duda, J. L., Jolly, K., Ntoumanis, N., Eves, F., Daley, A., Mutrie, N., Rouse, P., Lodhia, R., Blamey, R. & Williams, G. (2009) A 3-month evaluation of the standard provision and a self-determination theory-based exercise on referral program. Journal of Sport and Exercise Psychology, 31, S117-S117

Edmunds, J., Ntoumanis, N., & Duda, J.L. (2009). Helping your clients and patients take ownership over their exercise: Fostering exercise adoption, adherence and associated well-being. ACSM's Fitness Journal, 13, 20-25.

Jolly, K., Duda, J.L., Daley, A., Eves, F.F., Mutrie, N., Ntoumanis, N., Rouse, P.C., Lodhia, R., & Williams, G.C. (2009). Evaluation of a standard provision versus an autonomy promotive exercise referral programme: Rationale and study design. BMC Public Health, 9, 176, 1-9.

Moore, J., Yin, Z., Barbeau, P., & Duda, J.L. (2009). Measuring enjoyment of physical activity in children: Validation of the Physical Activity Enjoyment Scale in elementary school children PACE paper. Journal of Applied Sport Psychology, 21, 116-129.

Nien, C., & Duda, J.L. (2009). Construct validity of multiple achievement goals: A multitrait-multimethod

approach. International Journal of Sport and Exercise Psychology, 7(4), 503-520.

Ntoumanis, N., Edmunds, J., & Duda, J.L. (2009). Understanding the coping process from a Self Determination Theory Perspective. British Journal of Healthy Psychology (Invited paper for the special issue on Theoretical Integration in Health Psychology: Unifying Ideas and Complimentary Explanations), 14, 20-25.

Quested, E., & Duda, J. L. (2009). Maintaining the balance: Striving for quality and quantity in the growing field of dance psychology. IADMS newsletter.

Quested, E., & Duda, J.L. (2009). Perceptions of the motivational climate, need satisfaction and indices of well- and ill-being among hip hop dancers. Journal of Dance Medicine and Science., 13(10), 10-19.

Quested E., & Duda, J.L. (2009). Setting the stage: Social-environmental and motivational predictors of optimal training experiences. Performance Research Journal (invited review paper for special issue 'On Training'). 14 (2), 36-45.

**Quested, E., & Duda, J.L. (2009).** The experience of well- and ill-being among elite dancers: A test of basic needs theory. Journal of Sport Sciences, 26 (1) S41.

Rovio, E., Eskola, J., Kozub, S. A., Duda, J. L. & Lintunen, T. (2009). Can High Group Cohesion Be Harmful? A Case Study of a Junior Ice-Hockey Team. Small Group Research, 40, 421-435

Woodcock, C., Holland, M. J. G., Duda, J. L. & Cumming, J. (2009). Player and coach perspectives of the psychological qualities relevant to elite pathway rugby. Journal of Sport Sciences, 26, S1-S143.

## **2008**

Adie, J., Duda, J.L., & Ntoumanis, N. (2008). Achievement goals, competition appraisals and the psychological and emotional welfare of team-sport athletes: A multiple-goal approach. Journal of Sport and Exercise Psychology, 30, 302-322.

Adie, J., Duda, J.L., & Ntoumanis, N. (2008). Autonomy support, basic need satisfaction and the optimal functioning of adult male and female sport participants: A test of basic needs theory. Motivation and Emotion, 32, 189-199.

Balaguer, I., Castillo, I., & Duda, J.L. (2008). Apoyo a la autonomía satisfacción de las necesidades, motivación, y bienestar en deportistas de competición: Un análisis de la teoría de la autodeterminación (*AUTONOMY SUPPORT, NEEDS SATISFACTION, MOTIVATION AND WELL-BEING IN COMPETITIVE ATHLETES: A TEST OF THE SELF-DETERMINATION THEORY*). Revista de Psicología del Deporte, 17, 123-139.

Duda, J. L. (2008) Why the study of motivation (in the physical domain) is still so motivating. Journal of Sport and Exercise Psychology, 30, S3-S3

Edmunds, J., Ntoumanis, N. & Duda, J. L. (2008). Testing a self-determination theory-based teaching style intervention in the exercise domain. European Journal of Social Psychology, 38, 375-388.



McArdle, S., & Duda, J.L. (2008). Exploring the etiology of perfectionism and perceptions of self worth in young athletes. Social Development, 17, 980-997.

Nien, C., & Duda, J.L. (2008). Antecedents and consequences of approach and avoidance achievement goals: A test of gender invariance. Psychology of Sport and Exercise, 9, 352-372.

Olympiou, A., Jowett, S., & Duda, J.L. (2008). The psychological interface between the coach-created motivational climate and the coach-athlete relationship in team sports. The Sport Psychologist, 22, 423-439.

Rouse, P. C., Ntoumanis, N. & Duda, J. L. (2008). The Development of an Observational Assessment Tool Examining Environmental Support within Physical Activity Consultation. Journal of Sports Sciences, 26, S136.

Smith, A. L., Ntoumanis, N., Duda, J. L. & Vansteenkiste, M. (2008). Season-long goal striving in sport: An investigation of the temporal interplay between goal motives, coping strategies, and well-being. Journal of Sport & Exercise Psychology, 30, S199-S200

## **2007**

Balaguer, I., Castillo, I., & Duda, J.L. (2007). Psychometric Properties of the Sports Motivation Scale in Spanish Athletes (Propiedades psicométricas de la Escala de Motivación Deportiva en deportistas españoles). Revista Mexicana de Psicología, 24 (2), 197-207.

Edmunds, J.K., Ntoumanis, N., & Duda, J.L. (2007). Adherence and well-being in obese patients referred to an exercise on prescription scheme: A Self-Determination Theory perspective. Psychology of Sport and Exercise, 8, 722-740.

Edmunds, J., Ntoumanis, N. & Duda, J. L. (2007). Adherence and well-being in overweight and obese patients referred to an exercise on prescription scheme: A self-determination theory perspective. Psychology of Sport and Exercise, 8, 722-740.

Smith, A., Ntoumanis, N., & Duda, J.L. (2007). Goal striving, goal attainment, and well-being: Adapting and testing the self-concordance model in sport. Journal of Sport and Exercise Psychology, 29(6), 763-782.

## **2006**

Adie, J. W., Duda, J. L. & Ntoumanis, N. (2006) Environmental factors, basic needs satisfaction, and subjective well-being among adult team sport athletes. Journal of Sport and Exercise Psychology, 28, S23-S23

Daley, A., & Duda, J.L. (2006). Self-determination, stage of readiness to change for exercise, and frequency of physical activity in young people. European Journal of Sport Science, 6(4), 231-243.

Edmunds, J.K., Ntoumanis, N., & Duda, J.L. (2006). A test of Self-Determination Theory in the exercise domain. Journal of Applied Social Psychology, 36, 2240 – 2265.

Edmunds, J.K., Ntoumanis, N., & Duda, J.L. (2006). Examining exercise dependence symptomatology from a Self-Determination Theory perspective. Journal of Health Psychology, 11, 887 - 903.

Reinboth, M., & Duda, J.L. (2006). Perceived motivational climate, need satisfaction and indices of well-being in team sports: A longitudinal perspective. Psychology of Sport and Exercise, 7, 269-286.

Sage, L., Kavussanu, M., & Duda, J.L. (2006). Goal orientations and moral identity as predictors of prosocial and antisocial functioning in male association football players. Journal of Sport Sciences, 24(5), 455-466.

Smith, A., Balaguer, I., and Duda, J.L. (2006). Goal orientation profile differences on perceived motivational climate, perceived peer relationships, and motivation-related responses of youth athletes. Journal of Sport Sciences, 24(12), 1315-1327.

Standage, M., Duda, J.L., & Ntoumanis, N. (2006). Students' motivational processes and their relationship to teacher ratings in school physical education: A self-determination theory approach. Research Quarterly for Exercise and Sport, 77, 100-110.

Vazou, S., Ntoumanis, N., & Duda, J.L. (2006). Predicting young athletes' motivational indices as a function of their perceptions of the coach- and peer-created climate. Psychology of Sport and Exercise, 7, 215-234.

## **2005**

Edmunds, J., Ntoumanis, N. & Duda, J. (2005). The effect of an autonomy supportive teaching style on exercise class participants' behaviour and affect. Psychology & Health, 20, 74-74.

Edmunds, J., Ntoumanis, N. & Duda, J. (2005). Self-determined motivational regulations as predictors of exercise behaviour and affect among obese individuals referred to an exercise on prescription scheme. Psychology & Health, 20, 73-74.

Nien, C. & Duda, J. L. 2005. A comparative look at the predictive utility of dichotomous, trichotomous, and the 2 x 2 achievement goal models in sport. Journal of Sport & Exercise Psychology, 27, S116-S117.

Standage, M., Duda, J.L., & Ntoumanis, N. (2005). A test of self-determination theory in school physical education. British Journal of Educational Psychology. 75, 411-433.

Standage, M., Duda, J.L., & Pensgaard, A.M. (2005). The effect of competitive outcome and the motivational climate on the psychological well-being of individuals engaged in a coordination task. Motivation and Emotion, 29, 41-68.

Vazou, S., Ntoumanis, N., & Duda, J.L. (2005). Peer motivational climate in sport: A qualitative inquiry. Psychology of Sport and Exercise, 6, 497-516

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