

NEW RESEARCH STUDY



# aba

## Infant Feeding Study

We want to find out how we can help mothers to feed their baby successfully and confidently.

### Contact for further information

If you have any questions about taking part in the ABA study or anything related to it, please contact:

Dr Joanne Clarke, Research Fellow

**Telephone:** 0121 415 8060

**Email:** [ABA@trials.bham.ac.uk](mailto:ABA@trials.bham.ac.uk)

Please leave a message and we will **always** call you back.



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# First baby?

## We want to find out how we can help mothers to feed their baby successfully and confidently.

We invite you to take part in the ABA study taking place in Birmingham and South Gloucestershire. Before you decide whether to take part, it is important to understand why we are doing this study and what it would involve.

Please take time to read the following information carefully and talk to others if you wish.

### What is this study about?

Many new mothers would like some extra help in feeding their babies the way they wish to and have questions about feeding. We would like to compare two different ways of helping new mothers. One group of mothers will have usual information and support for feeding their baby from their midwife, health visitor and other available voluntary groups. The other mothers will have usual care as well as visits, telephone calls and texts from the ABA infant feeding team to help them to feed their baby successfully and confidently.

### What is involved?

The study involves answering a few questions when you attend your 18-20 week scan or an antenatal appointment. This will take no more than 20 minutes.

You will then be allocated by chance to one of the two groups. One group will have the usual support for feeding their baby and the other group will have the same support plus contact from the ABA infant feeding team.

After your baby is born, we will ask you a few questions by text, email or phone about how you are getting on feeding your baby. We will contact you three times: when your baby is a few days old and when s/he is 8 weeks and 6 months old.

We may also ask if you would be willing to talk to one of our researchers about your experience of feeding your baby.

As a thank you, we will **reimburse you** for your time on this study after you have completed the questions when your baby is 6 months old.

### ALL OF THE INFORMATION WILL BE TREATED IN STRICT CONFIDENCE

and stored in a way that meets very strict data protection rules.

If you are willing to take part in this study you will be able to withdraw at any time, and you do not have to give a reason.

### What happens next?

When you attend your 20 week scan or an antenatal appointment you may be approached by a researcher to ask whether you might be interested in taking part in this study. They will explain the study and answer any questions you may have; then ask you to fill out a brief questionnaire. If we miss you and you would like to find out more, you can contact us using the details at the end of this sheet and we will get back to you.

Speaking to the researcher does not mean you have to take part in the study – you can decide not to take part at any time.

