UNIVERSITY OF BIRMINGHAM

University Hospitals Birmingham NHS Foundation Trust

PARTICIPANT INFORMATION SHEET
For Healthcare Professionals and Stakeholders

Study title: Enhancing access to sexual and reproductive health services for people with mental health conditions in the West Midlands: assessing knowledge, barriers, and facilitators

At the University of Birmingham, we are carrying out research to find out what people with mental health conditions think of contraception and sexual health services. If you take part, your response will be treated confidentially. Please take the time to read this information leaflet carefully.

What is the purpose of the study?

This study looks at the difficulties people with mental health conditions have when trying to get tested for sexually transmitted infections (STIs) and/or access contraception in the West Midlands. It aims to find out what makes it hard, suggest ways to make it easier, and ensure the services work well for all. By talking to both patients and healthcare workers, the study will give advice on how to improve sexual and reproductive health services for people with mental health conditions.

Why have I been invited?

We want to understand your views and experiences how accessible sexual and reproductive health services are for people with mental health conditions. Your answers will help us to improve care and support.

We are asking a range of people who work in or are connected to sexual and reproductive health services if they would be interested in giving a one-to-one interview. We plan to carry out around 15 interviews in total.

We are looking for individuals that meet the following criteria:

- Aged 18 years or older
- Work in the West Midlands
- Currently employed as consultants, nurses, health advisers, GPs, other physicians or clinicians, counsellors, managers, commissioners, or voluntary sector workers and are involved in delivering SRHS or mental health services

What will happen to me if I decide to take part?

One of our researchers will contact you to discuss involvement and remind you about the study's aims. You will also be asked to complete the *Screening Questionnaire* (if you have not completed it already). The questionnaire asks for your name, contact details and some background information. All questions are optional, and you can choose which questions to answer and which you would rather not answer. You do not need to give a reason for skipping any questions. The information you provide will help us decide whether you are eligible to take part in the interview, as we are aiming to interview people with as broad a range of characteristics and experiences as possible.

This means that we may not be able to interview everyone that expresses an interest in taking part. Once we have your completed questionnaire, the researcher will be in touch to let you know whether we are able to interview you on this occasion. If we are not able to interview you, we will delete your data within 14 days.

If we are able to invite you to take part in an interview, we will ask you to provide your informed consent – the form can be completed online, on paper or over the telephone. Once this has been completed, we will arrange a suitable date and time to meet.

There will be a one-to-one interview with a researcher. The interview can be held in Umbrella services, such as Whittall Street clinic, on university premises, online, or over the telephone - whatever works best for you. We will ask for your views and experiences how accessible sexual and reproductive health services are for people with mental health conditions. So that we can capture all your views, the interview will take up to 45 minutes.

The interview will be audio recorded. The interview audio recordings will be deleted once they have been anonymously written up (transcribed).

After taking part in the interview, you will also be invited to join a workshop where the findings will be discussed with others, including healthcare professionals, service users, and patient groups to develop meaningful recommendations and shape the future of services and research related to mental and sexual health. Your involvement in the interviews will remain anonymous, no one will be able to identify you from the findings shared during the workshop.

What are the possible benefits of taking part?

The information that we get from this study will be used to make sure that people have a say in what services are provided locally. We will also share our findings with the people who manage and design NHS services so that they can make sure that the right kinds of care and support are available for people with mental health conditions.

What are the possible risks of taking part?

The risks in this study are low, however some people may feel uncomfortable with answering some of the questionnaire or interview questions. In the interview we will only ask for your experiences and views of access to sexual and reproductive health services for people with mental health conditions, and the impact this might have on care or treatment received.

In the screening questionnaire, you will be asked some personal information, including your gender, ethnic group, and a few questions about your health to ensure a wide range of people take part in the research. All questionnaire and interview answers are optional, and you do not need to answer any questions you are uncomfortable with. The researchers will stop the interview if necessary and can put you in touch with support if required.

If, during the interview, you disclose information that suggests you or someone else is at risk of harm, the researcher may need to share this with appropriate services in line with safeguarding policies. Wherever possible, this will be discussed with you first. Your safety is our priority, and any action taken would aim to ensure support and protection are provided appropriately.

The University has in force a Public Liability Policy and/or Clinical Trials policy which provides cover for claims for "negligent harm" and the activities here are included within that coverage.

Will my taking part in the study be kept confidential?

Yes. We will only use information that we need for the research study. Your name and contact details will only be shared with those who need to know (the researchers carrying out the study). Everyone involved in this study will keep your data safe and secure. We will also follow privacy rules. At the end of the study, we will save some of the data and it may be used for future research. We will make sure no-one can work out who you are from the reports we write.

How will we use information about you?

We will need to use information from you for this research project. This information will include:

- your name
- contact details
- employment
- gender
- ethnic group

People will use this information to do the research or to check your records to make sure that the research is being done properly. People who do not need to know who you are will not be able to see your name or contact details. Your data will have a code number instead.

The University of Birmingham is responsible for looking after your information. We will share your information related to this research project with the following types of organisations:

- Research staff at the university or NHS who are working on the study
- Organisations that manage data storage or analysis in a secure way (e.g., trusted survey platforms or data services)
- A trusted transcription company to type up audio recordings

We will keep all information about you safe and secure by:

- Storing all information in password-protected systems
- Only allowing the research team to see your personal details
- Removing your name and any identifying details from the data wherever possible
- Keeping your screening answers separate from your name and contact details
- Using secure websites to collect any online information
- Not sharing anything that could identify you in reports or publications
- Following data protection rules and checking regularly that your information is safe

Your data will not be shared outside the UK.

How will we use information about you after the study ends?

Once we have finished the study, we will keep some of the data so we can check the results. We will write our reports in a way that no-one can work out that you took part in the study.

We will keep your study data for the minimum period of time required by the sponsor with a minimum of 10 years as the standard. The study data will then be fully anonymised and securely archived or destroyed.

What are your choices about how your information is used?

- you can stop being part of the study at any time, without giving a reason, but we will keep information about you that we already have
- you have the right to ask us to access, remove, change or delete data we hold about you for the purposes of the study. You can also object to our processing of your data. We might not always be able to do this if it means we cannot use your data to do the research. If so, we will tell you why we cannot do this

Where can you find out more about how your information is used?

You can find out more about how we use your information:

- our leaflet: http://www.hra.nhs.uk/patientdataandresearch
- by asking one of the research team

- by sending an email to c.m.spurway@bham.ac.uk, or dataprotection@contacts.bham.ac.uk

What if I change my mind?

Your decision to take part in this research is entirely voluntary and you can change your mind at any stage without offering a reason and without it affecting your care. If you have already given the interview and no longer wish for your data to be used, please contact the researcher within 7 days to withdraw your consent to using your data. If we have not heard from you within this time period, the interview data will still be used in the study analysis. This helps to ensure trust and confidence in the methods used and the research findings (research integrity).

What happens at the end of the study?

At the end of the study, we will analyse the information collected and share the findings in reports and academic articles. All data will be anonymised, meaning your name and personal details will not be used. We may include quotes from interviews, but these will not contain any information that could identify you. The findings will be published on the study website and if you agree, we can contact you via email to share with you the findings from the study.

What if I have a question?

If you have any questions about this study you can access the study website or contact our researcher - details are at the end of the leaflet. The study leads - Dr Charlotte Spurway (University of Birmingham) and Professor Jonathan Ross (University Hospitals Birmingham) can be contacted using the details below.

Who is organising and funding the study?

The study is organised and sponsored by the University of Birmingham and is funded by the Sexually Transmitted Infection Research Foundation (STIRF). *University Hospitals Birmingham NHS FT* has given its support to the study.

What if there is a problem?

If you wish to complain about how researchers have handled your information, you should contact the research team. If you are not happy after that, the researcher will give you the contact details for the Data Protection Officer.

How do I get involved?

- You can fill in your details in our digital '*I'm interested in taking part in the EASE-MH Study!' Expression of Interest Form* using the QR in the further information box. The researcher will then contact you after submitting your name, contact details and consent to the be contacted.

- You can fill out the screening questionnaire directly using the link provided the study recruitment materials for healthcare professionals and other relevant stakeholders.
- You can also visit our website for links to get involved or contact our researchers directly (information at the end of this leaflet).
- You can speak to the local UHB team for more information and to express an interest in taking part. They will ask for your verbal consent for your contact details to be passed on to the study researcher.

Thank you for taking the time to read this Participant Information Leaflet.

Further information and contact details
Tel: 0121 464 6486
Email: c.m.spurway@bham.ac.uk
Study website: https://www.birmingham.ac.uk/research/applied-health/research/ease-mh-study
Health Economics Unit, University of Birmingham, Edgbaston, B15 2TT

Principal Investigator at the Study Centre:
Professor Jonathan Ross
Tel: 0121 237 5721
Email: Jonathan.Ross@uhb.nhs.uk

Local Research Team (UHB):
Tel: 0121 237 6565
Email: SHSResearch@uhb.nhs.uk