



## **MENSTRUAL PSYCHOSIS and the CATAMENIAL PROCESS**

By Ian Brockington,  
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Bredbury, Ery Press, 2008,  
in a limited edition of 100 copies, each copy handcrafted by the author.

225 pages of text (85,000 words), with 1,250 references.

### Chapters

- The neuroscience of the menstrual cycle.
- Medicine and menstruation, dealing with all the medical & surgical diseases affected by menstruation, especially asthma, diabetes, epilepsy, hypersomnia, migraine, distant effects of endometriosis and porphyria.
- Menstrual mood & behavioural disorders.
- The case lore of menstrual psychosis, summarising 80 cases with substantial evidence and over 200 possible cases.
- Analysis of these 80 cases.
- Conclusions.

In his foreword, Professor Pierre Pichot wrote,

This work has the same characteristics as *Eileithya's Mischief: the Organic Psychoses of Pregnancy, Parturition and the Puerperium*, published in 2006. These books are unique for the mass, precision and detailed critical appraisal of a literature in many languages, the clarity and wisdom of the conclusions, and their presentation in an elegant typography, bound by the author. There is no work on this subject which combines such a vast documentation, analysed, criticised and synthesised so effectively. It justifies the Professor Alwyn Lishman's description of the preceding volume - as an academic tour de force. It is a scientific masterpiece and a bibliophilic gem [translation].

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