Liver Disease in Primary Care

20th - 21st November 2014
Centre for Professional Development
Medical School
University of Birmingham

Course aim
This two day course aims to provide theoretical and practical knowledge of liver diseases and how to manage them in primary care.

Learning objectives include:
- An understanding of how to interpret liver function tests, when to investigate and when to consider referral
- How to identify the patients with chronic liver disease
- The community management of alcohol use disorders
- Developments in non alcoholic fatty liver disease
- Screening and community management of viral hepatitis
- Gall bladder disease - who to suspect and when to refer
- Vaccination and drugs in patients with liver disease
- An update on liver transplantation
- Public Health view on the impact of obesity in primary care
- End of life care for the patient with liver disease

Faculty
Dr Matthew Armstrong - Specialty Registrar in Hepatology and Gastroenterology, West Midlands Deanery
Dr Ed Day - Senior Clinical Lecturer in Addiction Psychiatry, Kings College London
Dr Ahmed Elsharkawy - Consultant Hepatologist, University Hospitals Birmingham NHS Trust
Dr James Ferguson - Consultant Hepatologist, University Hospitals Birmingham NHS Trust
Dr Geoff Haydon - Consultant Hepatologist, University Hospitals Birmingham NHS Trust
Dr Andrew Holt - Consultant Hepatologist, University Hospitals Birmingham NHS Trust
Ms Jill Johnson - Specialist Dietician, University Hospitals Birmingham NHS Trust
Dr Jo Leithhead - Clinical Lecturer in Hepatology, University of Birmingham
Dr Aileen Marshall - Consultant Hepatologist, Royal Free London NHS Foundation Trust
Dr Homoyoon Mehrzad - Consultant Hepatobiliary Radiologist, University Hospitals Birmingham NHS Trust
Professor Darius Mirza - Consultant Liver Surgeon, University Hospitals Birmingham NHS Trust
Professor David Mutimer - Consultant Hepatologist, University Hospitals Birmingham NHS Trust
Professor James Neuberger - Associate Medical Director of NHS Blood and Transplant, University Hospitals Birmingham NHS Trust
Professor Phil Newsome – Professor of Hepatology, University of Birmingham
Ms Katrina O’Donnell - Clinical Nurse specialist in Viral Hepatitis, University Hospitals Birmingham NHS Trust
Dr Richard Parker - Clinical Research Fellow, University of Birmingham
Dr Ian Rowe - NIHR Clinical Lecturer in Hepatology, University of Birmingham
Dr Harry Rutter - Honorary Senior Clinical Lecturer, University of Oxford
Dr Tahir Shah - Consultant Hepatologist, University Hospitals Birmingham NHS Trust
Ms Amanda Smith - Senior Pharmacist, University Hospitals Birmingham NHS Trust
Kerry Webb – Clinical Nurse Specialist in Addiction Psychiatry, University Hospitals Birmingham NHS Trust
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Day One - Thursday 20th November

09.00 Registration and coffee
09.25 Welcome and Introduction - Professor Phil Newsome
09.30 Burden of liver disease in the UK - Dr James Ferguson
09.50 Abnormal liver function tests (LFTs) - What are they and what do they mean? When to worry, when to retest and when to refer. New tests to identify cirrhosis - Professor Phil Newsome
10.20 Case scenarios - Dr Ian Rowe
11.00 Coffee
11.30 What does the patient with cirrhosis need? - Nutrition, looking for complications, vaccinations - Dr Geoff Haydon
11.55 What drugs should you use in patients with liver disease? - What should you avoid? Common drug-induced liver injuries - Ms Amanda Smith & Dr Matthew Armstrong
12.15 Case scenarios - Dr Matthew Armstrong
12.45 Lunch
13.45 Identification of alcohol related liver disease and current management - Dr Andrew Holt
13.55 Discussion
10.45 Coffee
11.10 What to do with an abnormal USS/CT - Likely aetiologies, further investigation and when to refer - Dr Homoyoon Mehrzad
11.35 Gallstone disease - When to suspect, when and who to refer to - Professor Darius Mirza
12.00 Case discussion - Dr Tahir Shah
12.45 Lunch
13.30 Weight loss strategies in primary care - Ms Jill Johnson
13.55 Updates in non-alcoholic fatty liver disease - Community triaging, identification and management - Professor Phil Newsome
14.25 Case discussion - Dr Richard Parker
14.55 Liver transplantation - Indications, donation and outcomes - Professor James Neuberger
15.20 Tea
15.45 Palliative care for the patient with liver disease - Community delivery of palliative care and interaction with local services - Dr Alieen Marshall
16.15 Case discussion - Dr Jo Leithhead
17.00 Close - Professor Phil Newsome

Day Two - Friday 21st November

09.00 Registration and coffee
09.15 Identifying patients with viral hepatitis - When to screen, what to do with results, when to refer and who to refer to. Basics of viral serology - Professor David Mutimer
09.45 Community management of viral hepatitis - Feasibility and patient selection - Dr Ahmed Elsharkawy
10.15 Managing patients on anti-viral treatment - Update on treatment, common side effects and their management - Ms Katrina O'Donnell
10.25 Discussion
10.45 Coffee
11.10 What to do with an abnormal USS/CT - Likely aetiologies, further investigation and when to refer - Dr Homoyoon Mehrzad
11.35 Gallstone disease - When to suspect, when and who to refer to - Professor Darius Mirza
12.00 Case discussion - Dr Tahir Shah
12.45 Lunch
13.30 Weight loss strategies in primary care - Ms Jill Johnson
13.55 Updates in non-alcoholic fatty liver disease - Community triaging, identification and management - Professor Phil Newsome
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16.15 Case discussion - Dr Jo Leithhead
17.00 Close - Professor Phil Newsome

Registration Form

To register for this course please complete below using BLOCK capitals

Title: Occupation:
Name:
Address:
Post code:
Tel: Mobile:
Email:

Dietary requirements:

Course fee: £125 per day; £195 for 2 days

Day One  Day Two  Both days

Return this form with remittance to:
Tamara Ball
Room 105, Institute of Occupational & Environmental Medicine (IOEM)
School of Health and Population Sciences, University of Birmingham,
B15 2TT

Please make cheques payable to ‘University of Birmingham’.

You can also register online, please go to:
http://shop.bham.ac.uk and follow Conferences & Events > College of
Medical & Dental Sciences > Continuing Professional Development

Detailed information will be sent to you with an acknowledgement
of booking.

If you require further information please contact:
Tamara Ball
Tel: 0121 414 3281 / Email: t.c.ball@bham.ac.uk

Cancellations - Fees will be refunded on a sliding scale as follows: within 2 weeks prior to course date 25% refunded; 2-4 weeks prior to course date 50% refunded; 4-6 weeks prior to course date 75%; 6 weeks plus 100% refund. It may be possible to transfer your reserved place to another available date when 6 weeks or more notice is provided, transfers with less than 6 weeks before date of course are subject to administration fees.