

Kidney Test Research News

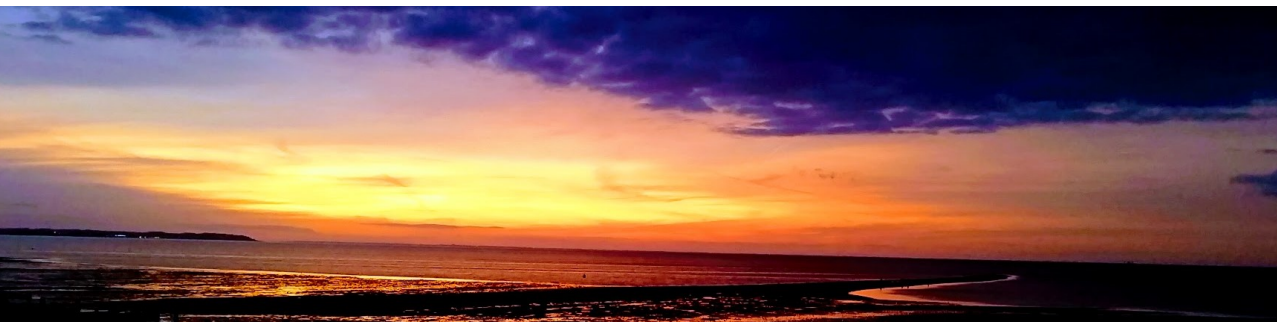
2017
Newsletter

#5 Autumn 2017

The eGFR-C study

The NHS does more than 50 million blood tests a year to measure people's kidney function. This is done for all sorts of people - not just patients with possible kidney problems. The eGFR-C study is an important project that will find out the best way do this test for UK patients
1249 people have joined the study and we have just over two years left to run.

Thank you for all your contributions so far - we couldn't do this without you. Your time and your samples will help NHS patients in the future.



Study Update
Autumn 2017:

7 NHS trusts are
involved in the
eGFR-C study across
the country

Thank you to everyone coming for your final visits!

Participants from all of our hospitals are starting to come back for their final study visits. This is the 3 year visit, where everyone has a long kidney test again. It's an exciting time for everyone working on the study - we're more than halfway through!

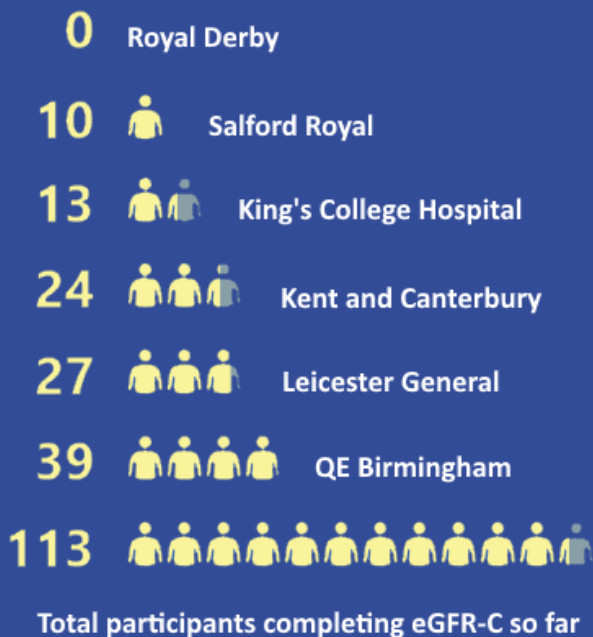
1249 patients have
joined

We have collected
52,500 blood and
urine samples for
processing, storage
and analysis

There's another 43,500
samples left to col-
lect!

If you have any questions
about the eGFR-C study,
please email
[eGFR-C
@trials.bham.ac.uk](mailto:eGFR-C@trials.bham.ac.uk)

FINAL VISITS



These repeated kidney tests are really important for the study. We will use the blood samples we take to work out which kidney test the NHS should use to measure how people's kidney function naturally changes over time.

This is one of the two main questions that we were asked to answer. It's important for NHS patients and doctors. **To answer it reliably, we need at least 1000 participants to come for their 3 year visit.**

Every participant who comes back for their 3 year visit helps us get more out of all the samples we've already collected.

On the left you can see how many people have come in for their final visit at each hospital so far.

Please remember to come back for all your scheduled visits to get the most we possibly can out of everyone's samples!

Kidney Test Research News

www.birmingham.ac.uk/
eGFR-C

Local participant feedback meetings

Royal Derby Hospital has held our first participant feedback meeting to keep local patients informed about our progress.

This was a chance for patients to meet the local research teams and get updates on how the study is going. Derby patients could ask the local research team questions about the study.

More than 50 participants and their friends and family came, and the local kidney patient association was there too.

Queen Elizabeth Hospital Birmingham will be next, and our other hospitals will be following over the next few months.

Who is taking part?

Patients from NHS trusts across England are taking part in the study.

Frances Morris is the research nurse in **Kent and Canterbury**, where Dr Paul Stevens is the lead consultant.

At **Salford Royal**, Professor Philip Kalra's team features research nurses Rosane Joseph and



Stephanie Whittaker.

Professor Maarten Taal is the lead investigator at **Royal Derby Hospital**, and the nurse team includes Melanie Chrystal, Joely Dixey, and Samia Hussain.

Professor Kamlesh Khunti and Dr Jonathan Barratt are the lead investigators in Leicester. The research nurse team at **Leicester General** includes Justyna Szklarzewicz and Mamta Srikanthan.

The **Queen Elizabeth Hospital Birmingham** team is led by Professor Paul Cockwell with research nurses Lesley Fifer and Joanne Wilcox.

Dr Claire Sharpe has recruited participants from **King's College Hospital** in London where Amelia Te and Resmi Jayachandran are the nurses.

The Derby, Leicester, Birmingham and King's College Hospital teams also recruited from GP clinics in their local areas.



eGFR-C Chief Investigator

Dr Edmund Lamb, East Kent Hospitals University NHS Foundation Trust

The Chief Investigator is responsible for running and reporting this research

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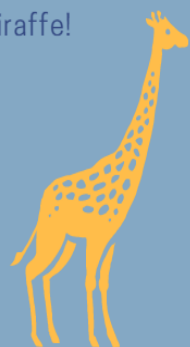
The views expressed in this publication are those of the authors and not necessarily those of the NIHR, NHS or the Department of Health

eGFR-C in numbers

For the eGFR-C study, the total amount of blood we'll take will be the same as the amount of blood in **28** (average sized) men and women...



...That's about the same as **1** very large, fully grown giraffe!



Which is a total of around **154** **LITRES** of blood!

Thank You!