150th Patient Randomised Into CReST!

In May 2012 the 150th patient was randomised into the CReST Trial by Nevill Hall Hospital! We would like to thank all of our collaborators on the CReST Trial for all of their superb efforts up to this point. Keep up the good work and hopefully it won’t be long before we hit our 200th patient!

Something to be proud of...

CReST is the largest and most successful ongoing RCT analysing the role of SEMS in the management of obstructing colorectal cancer. It is the ONLY trial WORLDWIDE that is conducting research in this area!

...However the race is not won yet!

Recruitment has been extended until the end of August 2013 and we need your help! We have 48 open sites in the UK and 154 patients. If each site recruits at least 5 patients we would hit our recruitment target over the next 15 months. See adjacent graph.

Top recruiters!

Well done to Bradford Royal Infirmary who have recruited 18 patients into CReST! A big mention should also go to Leeds GI and Manchester RI who have recruited 17 patients each.

CReST TMG Appeal to NICE
A very big thank you to all nurses involved in CReST and thank you for regularly returning your CRFs!

Some points to note:

**Patient Quality of Life Forms:**
- Collecting information about patient Quality of Life is a key secondary outcome measure of the trial.
- The 3 timepoints for collecting QoL forms are: discharge, 3 months post randomisation and 12 months post randomisation.
- To ensure QoL’s are collected at discharge, why not give the form to the pt before they are discharged and collect it from them once they have completed it.
- If you cannot get a QoL from a patient we would like to be told that the form is not to be expected and why. E.g. Was the patient non compliant?

**Annual Follow Up Forms:**
1. Please remember to send us the Annual Follow-Up forms for your patients.
2. We collect the annual follow up forms at 1, 2 and 3 years post randomisation.
3. Reminders for annual follow-up will be sent to you by the CReST Study Office one month before they are due.

**New PIS and Consent Forms:**
- Following a recent amendment, we are now using version 3.0 of the PIS, Consent form and GP letter. Please make sure to use the new versions of the forms.

### Stent Suppliers within the trial

If you wish to try stents from one of the four approved manufacturers, please contact the CReST study office for details of how to access the reduced cost stents. Each manufacturer has a different method to access their reduced rates.

If you would rather use another stent company or know of a company that would like to be a supplier for CReST then please contact Dr Laura Magill on the details below.

### New Research Nurse

We’re delighted to welcome Mrs Sheila Walsh to the CReST team! Sheila is the new CReST research nurse and is based at MRI with our Chief Investigator, Mr Jim Hill.

Sheila will be visiting CReST sites up and down the country to offer advice about the trial set-up and recruitment. If you would be interested in having Sheila come to your site please contact us on any of the emails at the bottom of this newsletter.

### Recent publications of interest:

‘Systematic review and meta-analysis of randomized clinical trials of self-expanding metallic stents as a bridge to surgery versus emergency surgery for malignant left-sided large bowel obstruction’ C.J. Tan, B.V.M. Dasari and K.Gardiner. Published online 19th January 2012 in Wiley Online Library. www.bjs.co.uk DOI: 10.1002/bjs.8689.

### DATE FOR YOUR DIARY - UPCOMING MEETING

**Research Nurses Meeting on Recruitment into Colorectal Surgical Clinical Trials**

**Thursday 19th July 2012 - The Crowne Plaza Hotel, Birmingham**

We would like to invite all nurses participating in colorectal surgery trials to attend our upcoming **FIRST annual Colorectal Surgery Nurses Meeting** on Recruitment into Surgery Clinical Trials.

One of the biggest challenges of surgical trials is recruitment: the main focus of this meeting will therefore be specific issues research nurses face in recruiting patients into the trials in the colorectal surgery portfolio.

We’re delighted to have Professor Freddie Hamdy from the University of Oxford deliver the keynote lecture on ‘Lessons learnt from the ProtecT trial’, the trial yielded several key papers on optimising recruitment into complex randomised controlled trials. The programme also includes an interactive session and panel-lead discussion on the experiences of recruitment in the surgical setting from the nurses’ perspective.

This one day meeting will provide an excellent opportunity for Colorectal Research Nurses working on surgical trials to meet and share their experiences.

Please contact the Coloproctology Team to express your interest in attending this exciting meeting.

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<thead>
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<th>Company</th>
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<tr>
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