CAREER—and one which gives British girls world prestige

TRAINING TO BECOME A NURSE IS SUCH REWARDING WORK

There was a time when nursing was one of the few professions open to women. Today it has to compete with many other vocations for its recruits.

Girls who desire to take up this type of work will find it is rewarding and satisfying. Apart from being of enormous benefit to the community, it gives the British nurse a prestige which is welcomed all over the world. The profession can be entered by training either for registration or for employment by the General Nursing Council.

Courses for registration occupy three years and can be taken as follows: (1) general nursing, (2) nursing of sick children, or (3) nursing of mental disorders.

In all these courses the General Nursing Council's preliminary examination is taken at the end of the first year of training. The final examination, taken at the end of the three-year course, covers the syllabus set in general nursing by the General Council.

The course for employment as an assistant nurse covers one year, training being concentrated mainly on the practical side of work. Simple Theory of Nursing Teaching and the care of patients.

At the end of this time the pupil has obtained the standard of knowledge and skill necessary for the supervision of trained nurses for a further year before she is enrolled.

The potential nurse must possess:

(a) Sound education.
(b) Health of mind and body.
(c) A genuine interest in people and a desire to help them.
(d) The minimum necessary to ensure safe care for the patients. It is impossible to overestimate the bearing of those lying in the charge of the nurse.
(e) A willingness to accommodate the health of the students.

Any course of training demands some sacrifice, but they are no greater than those faced by the nurse who has to care for the sick in the community.

During training facilities are provided for entertaining friends in the nurses' residence and a wide range of recreational activities.

Wide Scope

There is a wide scope for the trained nurse. She can remain in hospital work or go into general practice and work there. There are opportunities for employment as an administrator. She can take up public health nursing or hospital nursing. She can work as a private nurse or as a general medical practitioner.

A B.A. or a B.Sc. in home economics or similar degree is an advantage, but applicants are not only selected according to the minimum necessary. A maximum of 12 to 15 years of age is required for all positions.

Candidates are advised to visit the schools to which they wish to apply and to discuss their qualifications and experience with the headmistress or the principal nurse.

On the Trampoline It is a Topsy-Turvy World!

Flying through the air on trampolines, with each trampoline jump bringing you closer to the ground, is a unique experience. Whether you're a seasoned gymnast or a beginner, the thrill of defying gravity is exhilarating. The trampoline is not just a fun activity; it's an effective way to build strength, flexibility, and coordination. This sport offers a great cardio workout, improving cardiovascular health while challenging your balance and coordination. It's a sport that allows individuals to express themselves creatively through flips and tricks, making it a fantastic choice for those looking to push their physical limits and develop their skill set. So, if you're looking for a new adventure or a way to stay active, the trampoline may just be the ticket!