



LIFE AS A UoB TRAINEE EDUCATIONAL PSYCHOLOGIST

Faye Hingley – Year Three
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My experience prior to training

Academic

- BSc (Hons) Psychology and Genetics
- MSc Psychology (conversion)
- PgCert Low Intensity Psychological Interventions

Employment

- Learning support assistant – 1 year
- Temporary playworker – 6 weeks
- Trainee Psychological Wellbeing Practitioner (adult IAPT) – 1 year
- Qualified PWP (children and adults) – 2 years
- Senior PWP (children and adults) – 1 year

- Also, 3 years as a volunteer bereavement counsellor through email – 4 hours a week

Research

- Undergraduate dissertation – sport psychology theme
- MSc dissertation – parenting styles
- Work-based – designing, implementing and evaluating pilot project of children's anger management group

Knowledge of EP role

- Reading!
- Occasional child CBT work under instruction of EPS
- Finding an EP to talk to and assisting with creating resources for school systemic project
- Speaking to a SEN school SENCo about EP involvement
- Discussion and feedback from Principal EP after just missing out on Assistant EP job
- UoB open evening
- Birmingham EPS open evening

Kate's experience prior to training

Academic

BA (Hons) Combined Social Sciences, PGCE
Primary, MEd

Employment

- Playworker for children with physical disabilities
- Learning Support Assistant (secondary)
- Primary School Teacher – made school aware of interest in SEND

Application

- Put responsibilities of job roles into 'Relevant Experience' section
- USP: qualified to deliver therapeutic support and having much younger siblings
- Looked at key learning points I took from each role and how these were relevant to psychological theory (old and new)
- Tried to give examples based on a range of EP roles/skills, eg. 121 work, training, MDT meetings
- Went for breadth of experience rather than depth

My ramblings about being a TEP...

- Your cohort is your greatest ally
- Your tutor knows best
- Love-hate relationship with PPRs
- Realistic standards; finish the course
- Active personal life
- Goals outside of training - “30 before 30”
- Treats and self-care
- Not the same person who started the course
- “I can do this!”



Thank you for listening 😊