A quick overview of the latest guidance and evidence on current issues such as smoking, sexual health, health inequalities, mental health, obesity, substance abuse, women’s health – in fact anything that you ask for!

If you have a topic suggestion, please email it to Rachel Posaner. Previous searches can be found at: [http://bit.ly/1H6QOQk](http://bit.ly/1H6QOQk)

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**NICE**

*Promoting physical activity for children and young people: Evidence Update March 2015*

**Department of Health**

*Moving more, living more: the physical activity Olympic and Paralympic legacy for the nation*

*Chief Medical Officer publishes annual report on state of the public’s health*

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**Public Health England**

*Obesity and the environment briefing: increasing physical activity and active travel*

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**Department of Transport**

*Economic case for active travel: the health benefits*

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**Welsh Government**

*Statutory Guidance for the Delivery of the Active Travel (Wales) Act 2013*

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**National Assembly Wales**

*Active Travel (Wales) Act 2013*

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**Polis Network**

*Mobility and health*

*Securing the benefits of active travel in Europe (Position paper, Dec. 2014)*

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**The King’s Fund**

*Active and safe travel*

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**Health Services Management Centre**

*Snappy Search: Bikeability* (Dec. 2014)

*Snappy Search: Healthy Cities* (Jan. 2015)

*Snappy Search: Walkability* (May 2015)

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**Pubmed**

*Active travel and physical activity across the school transition: the PEACH project.*

*Friends and physical activity during the transition from primary to secondary school.*

*Contribution of the school journey to daily physical activity in children aged 11-12 years.*

*Socioeconomic position and childhood sedentary time: evidence from the PEACH project.*

*Active travel intervention and physical activity behaviour: an evaluation.*
Transport Scotland
A long-term vision for active travel in Scotland 2030

Parliamentary Advisory Council for Transport Safety
Achieving Safety, Sustainability and Health Goals in Transport

Faculty of Public Health
Transport & health

BMA
Healthy transport = Healthy lives

Transport and Health Study Group
Draft National Policy Statement National Road and Rail Networks THSG consultation response, 2014
Transport and physical activity, response to Parliamentary Commission on Physical Activity, 2013

Sustrans
Getting communities active
Getting young people active
Active travel in the city of the future
Addressing physical inactivity needs to be at the heart of public health policy
Designed to move
The birth of the cycling vote

Happiness in motion: emotions, well-being, and active school travel.
Contrasts in active transport behaviour across four countries: How do they translate into public health benefits?

NHS Evidence
Community wide interventions for increasing physical activity
What are the health benefits of active travel? A systematic review of trials and cohort studies
Employer schemes to encourage walking to work: feasibility study incorporating an exploratory randomised controlled trial
Belfast Active Travel Action Plan 2014-2020
Perceived barriers to children's active commuting to school: a systematic review of empirical, methodological and theoretical evidence

Google Scholar
Health implications of transport planning, development and operations
Associations of children's independent mobility and active travel with physical activity, sedentary behaviour and weight status: A systematic review
Investigating active travel to primary school in Ireland
Transportation and public health
Physical environmental characteristics promoting independent and active transport to children's meaningful places
The influence of urban design on neighbourhood walking following residential relocation: longitudinal results from the RESIDE study

The Conversation
Is modern transport making war on the human body?
Ditch the cotton wool and let kids travel independently
BMJ

Getting sedentary people moving through active travel

Healthier commuting

Health effects of the London bicycle sharing system: health impact modelling study

Blogs

The Active Travel Act – a new future for cycling in Wales? (Guardian Bike Blog)