A quick overview of the latest guidance and evidence on current issues such as smoking, sexual health, health inequalities, mental health, obesity, substance abuse, women’s health – in fact anything that you ask for!

If you have a topic suggestion, please email it to Rachel Posaner. Previous searches can be found at: http://bit.ly/1H6QOQk

European Centre for Environment and Human Health


Blog on the Green-Blue Spaces Study for the Future Generations Commissioner for Wales (Feb. 2019)

New NIHR funded project: green and blue spaces and mental health outcomes (Sept. 2017)

Health benefits of outdoor blue spaces (Sept. 2017)

BlueHealth: mapping and quantifying the potential benefits of Europe’s blue spaces to public health and wellbeing (June 2017)

Exploring green/blue space and time using geonarratives (Oct. 2016)

Blue Health 2020

“A little sea bathing would set me up forever.” (Oct. 2019)

Coastal living linked with better mental health (Oct. 2019)

Does physical activity link blue spaces and health? (Aug. 2019)

Blue space and physical activity (July 2019)

Impact of a riverside intervention on physical activity and wellbeing (July 2019)

NHS Evidence


Scopus

Understanding correlates of neighborhood aesthetic ratings: A European-based Four City comparison
Zijlema, W.L., Triguero-Mas, M., Cirach, M., (...), Nieuwenhuijsen, M.J., Litt, J.S.
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Neighbourhood blue space, health and wellbeing: The mediating role of different types of physical activity
Pasanen, T.P., White, M.P., Wheeler, B.W., Garrett, J.K., Elliott, L.R.
2019, Environment International 131,105016

Longitudinal access and exposure to green-blue spaces and individual-level mental health and wellbeing: Protocol for a longitudinal, population-wide record-linked natural experiment
Mizen, A., Song, J., Fry, R., (...), White, M., Rodgers, S.E.
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Spatial dimensions of the influence of urban green-blue spaces on human health: A systematic review
Labib, S.M., Lindley, S., Huck, J.J.
2019, Environmental Research 108869 [in press]

Identifying and resisting the technological drift: green space, blue space and ecotherapy
Lord, E., Coffey, M.
2019, Social Theory and Health [in press]
Scenario planning in Plymouth (March 2019)

Riverside development improves health (March 2019)

Health benefits of physical activity related to urban riverside regeneration (Feb. 2019)

New study highlights disparity in swimming skills (Jan. 2019)

Government plan boosts use of blue spaces (Jan. 2018)

Reflections on oceans and human health (Sept. 2017)

Why do we care about blue space? (June 2016)

Just add water: Prisons, therapeutic landscapes and healthy blue space
Jewkes, Y., Moran, D., Turner, J. 2019, Criminology and Criminal Justice, [in press]

The comfort of the river: understanding the affective geographies of angling waterscapes in young people's coping practices

The embodied spatialities of being in nature: Encountering the nature/culture binary in green/blue space
Couper, P.R. 2018, Cultural Geographies 25(2), pp. 285-299

Blue space as caring space – water and the cultivation of care in social and environmental practice

Outdoor blue spaces, human health and well-being: A systematic review of quantitative studies

BlueHealth: a study programme protocol for mapping and quantifying the potential benefits to public health and well-being from Europe's blue spaces

Blogs and other news

Blue spaces: why time spent near water is the secret of happiness (Guardian, Nov. 2019)

Coastal proximity and mental health among urban adults in England: The moderating effect of household income (Health and Place, Sept. 2019)


Marine parks for coastal cities: A concept for enhanced community well-being, prosperity and sustainable city living (Marine Policy, May 2019)

Urban freshwaters, biodiversity, and human health and well-being: Setting an interdisciplinary research agenda (Wires Water, Feb. 2019)

New Green and Blue Health Routes in Jericho, Oxford (Centre for Sustainable Healthcare, April 2018)
The 'Blue Gym': What can blue space do for you and what can you do for blue space? (Journal of the Marine Biological Association of the United Kingdom, Feb. 2016)

What impact do seas, lakes and rivers have on people's health? (Guardian, March 2013)