HSMC Library Snappy Search on Cannabis

A quick overview of the latest guidance and evidence on Public Health issues including; Smoking, Sexual Health, Inequalities, Alcohol, Mental Health, Obesity, Bird Flu, Child Protection, Falls Prevention, MRSA, Substance Abuse, Women’s Health, Commissioning.

For new topic suggestions please email me at: r.d.posaner@bham.ac.uk

Monday 16th February 2009

Department of Health

New cannabis campaign shows teenagers the uninvited side effects

A new hard-hitting TV, radio and online FRANK advertising campaign that shows how cannabis can mess with your mind has been launched.

The campaign shows that cannabis can quickly flip from being a talkative and relaxed experience to turning nasty and users becoming paranoid, having panic attacks and being sick.

Cannabis is the most frequently used illegal drug by 11 - 15 year olds

It is used by almost 18 percent of 16 - 24 year olds

More than 7 percent of 16 - 59 year olds also use cannabis.

The false perception still exists amongst some young people that cannabis is a safe drug despite the fact that it can produce both immediate and longer-term harms to mental and physical health.

Stronger cannabis - ‘skunk’ - now

Useful Articles:

Result: 1-34

Result <1>
Author: McCambridge, Jim. Slym, Renee L. Strang, John Title: Randomized controlled trial of motivational interviewing compared with drug information and advice for early intervention among young cannabis users Original Source: Addiction, vol 103, no 11, Nov 2008 Original Description: p 1809-1818

Result <2>
Author: Harder, Valerie S. Stuart, Elizabeth A. Anthony, James C. Title: Adolescent Cannabis Problems and Young Adult Depression: Male-Female Stratified Propensity Score Analyses Original Source: American Journal of Epidemiology, vol 168, no 6, Sep 15 2008 Original Description: p 592-601

Result <3>
Author: Harder, Valerie S. Stuart, Elizabeth A. Anthony, James C. Title: Adolescent Cannabis Problems and Young Adult Depression: Male-Female Stratified Propensity Score Analyses Original Source: American Journal of Epidemiology, vol 168, no 6, Sep 15 2008 Original Description: p 592-601

Result <4>
Title
dominates the cannabis market, making up 80 percent of the cannabis available on our streets compared to 30 percent in 2002.

In the short term, cannabis use can lead to panic attacks and paranoia. In some, its regular use may lead to later development of psychotic disorder such as schizophrenia. For people with schizophrenia it can worsen the symptoms and lead to relapse. Cannabis use can also damage people's lungs and affect their reproductive system. There is concern that the recent shift to use of stronger forms such as skunk will increase these problems.

Public Health Minister Dawn Primarolo said:

'Cannabis is a destructive drug. What can start as a few giggles and being part of the crowd can have serious and long-term health problems.

Young people need to know cannabis isn't a soft drug. They need to be aware of the risks they're taking and know there is support for them to get the full facts through FRANK.'

National Director for Mental Health Services Louis Appleby said:

'Cannabis is a harmful drug that can damage your mental health. We have known for years that it can be part of a pattern of relapse and risk in people with severe illnesses such as schizophrenia and bipolar disorder. Now the evidence is pointing to cannabis as the cause of psychosis in some people, particularly people who are heavy users. A strong public health message, as the FRANK campaign provides, is a vital step.'

Home Office Minister Alan Campbell said:

'We are extremely concerned about the use of stronger cannabis - skunk - and the harm it can cause to mental health. Fewer people are taking the drug than ever before, but it poses a real risk to the health of those who do use it.

It is crucial that we communicate with young people through the FRANK drug awareness campaign to warn them about the consequences.'

Children and Young People's Minister Delyth Morgan said:

'Young people underestimate the harm

Deaths related to drug poisoning in England and Wales, 2003-07 Original Source
Health Statistics Quarterly, no 39, Autumn 2008 Original Description
p 82-88

Result <5>
Author
Bedi, G. Redman, J
Title
Ecstasy use and higher level cognitive functions: weak effects of ecstasy after control for potential customers Original Source
Psychological Medicine, vol 38, no 9, Sep 2008 Original Description
p 1319-1330

Result <6>
Author
Barkus, E. Lewis, S
Title
Schizotypy and psychosis-like experiences from recreational cannabis in a non-clinical sample Original Source
Psychological Medicine, vol 38, no 9, Sep 2008 Original Description
p 1267-1276

Result <7>
Author
Mata, I. Rodriguez Sanchez, J M. Peleyo Teran, J M. Perez Iglesias, R. Gonzalez Blanch, C
Title
Cannabis abuse is associated with decision-making impairment among first-episode patients with schizophrenia-spectrum psychosis Original Source
Psychological Medicine, vol 38, no 9, Sep 2008 Original Description
p 1257-1266

Result <8>
Author
Veling, W. Mackenbach, J P. Os, J van. Hoek, H W
Title
Cannabis use and genetic predisposition for schizophrenia: a case-control study Original Source
Psychological Medicine, vol 38, no 9, Sep 2008 Original Description
p 1251-1256

Result <9>
Author
Title
Cannabis potency and contamination: a review of the literature Original Source
that cannabis can cause. In the Children's Plan we committed to helping young people to reach their potential and campaigns like these help to inform and support young people to avoid taking risks and improve their chances of succeeding.'

Facts and Figures

Further information on the Drug Strategy

Drug Misuse Campaigns

Drug Treatment Funding

Treatment Guidelines

Treatment Services and Advice

Cannabis

Prison and Offender Drug Treatment

Reducing drug deaths & blood-borne viruses

Publications and Statistics

National Library for Health (NLH):

Cannabis and schizophrenia

Palliative and supportive care

Meta-analysis of cannabis based treatments for neuropathic and multiple sclerosis-related pain

The Oxford Pain Internet Site

Cannabis use 'damages gums'

Cannabis use increases the risk of psychotic outcomes

Educating Reefer: effective health education and warnings on cannabis

02 June 2008 - Cannabis use and psychosis

Addiction, vol 103, no 7, Jul 2008

Original Description

p 1100-1109

Result <10>

Author

Agrawal, Arpana. Lynskey, Michael T

Title

Are there genetic influences on addiction: evidence from family, adoption and twin studies Original Source

Addiction, vol 103, no 7, Jul 2008

Original Description

p 1069-1081

Result <11>

Author

Kee, K S Kylie. Clough, Alan R. Jaragba, Muriel J. Conigrave, Katherine M. Patton, George C

Title

Heavy cannabis use and depressive symptoms in three Aboriginal communities in Arnhem Land, Northern Territory Original Source

Medical Journal of Australia, vol 188, no 10, May 19 2008

Original Description

p 605-608

Result <12>

Author


Title

A meta-analysis of Marijuana and alcohol use by socio-economic status in adolescents aged 10-15 years Original Source


Original Description

p 172-177

Result <13>

Author

Jackson, Catherine

Title

Reefer madness

Original Source

Mental Health Today, Mar 2008

Original Description

p 10-12

Result <14>

Author

Hall, Wayne D

Title

The contribution of research to the development of a national cannabis policy in Australia Original Source

Addiction, vol 103, no 5, May 2008
Cochrane Library:

**Cannabis and schizophrenia**
John Rathbone, Hannele Varisend, Hetal Mehta
Year: 2008

**Bandolier:**

Cannabis for pain relief

Cannabis for spasticity and multiple sclerosis

Cannabis and Mental Illness [January 2006; 143-2]

**In the press:**

Government launches anti-cannabis campaign | UK | Reuters

Anti-cannabis advert Video - Yahoo! News UK

Cannabis Frank Adverts: Anti-Marijuana Campaign Launched Over ...

Mind your mental health - warning on cannabis targets teenagers ...

Cannabis advert warns of danger

Channel 4 - News - Ad links cannabis and mental health

Reader Comments | Patient UK News

Cannabis and the risks: facts you need to know - Times Online

Should cannabis remain a Class C drug? - Telegraph

TV warning to cannabis users | Metro.co.uk

The Big Question: Should cannabis be legalised? - Crime, UK - The ...

**BBC:**

Cannabis advert warns of danger

Original Description
p 712-720

Result <15>
Author
Fergusson, David M. Boden, Joseph M
Title
Cannabis use and later life outcomes
Original Source
Addiction, vol 103, no 6, Jun 2008
Original Description
p 969-976

Result <16>
Author
Perkonigg, Axel. Goodwin, Renee D. Fiedler, Agnes. Behrendt, Silke. Beesdo, Katja
Title
The natural course of cannabis use, abuse and dependence during the first decades of life
Original Source
Addiction, vol 103, no 3, Mar 2008
Original Description
p 439-449

Result <17>
Author
Branstrom, Richard. Sjostrom, Elisabet. Andreasson, Sven
Title
Individual, group and community risk and protective factors for alcohol and drug use among Swedish adolescents
Original Source
European Journal of Public Health, vol 18, no 1, Feb 2008
Original Description
p 12-18

Result <18>
Author
Harrison, I. Joyce, E M. Mutsatsa, S H. Hutton, S B. Huddy, V
Title
Naturalistic follow-up of co-morbid substance use in schizophrenia: the West London first-episode study
Original Source
Psychological Medicine, vol 38, no 1, Jan 2008
Original Description
p 79-88

Result <19>
Author
Title
Cannabis smoking and periodontal disease among young adults
Original Source
Journal of the America Medical Association, vol 299, no 5, Feb 6 2008
Original Description
Cannabis laws to be strengthened
PM 'stands by stance on cannabis'
Police reconsider cannabis stance
Top ministers admit cannabis use
Cannabis factories 'found weekly'

From Class C to B

What experts think about the drug's reclassification

MPs and cannabis use
'Month of cannabis terrified me'
Homes turned into 'drug factories'

Q&A: Cannabis and health
Q&A: Cannabis guidelines

Useful links:
know cannabis - Patient UK resources
Cannabis / adverse effects - Intute: Health and Life Sciences
KFx Resources
Free Quitting Cannabis Resources
Cannabis

World of MS - Resources - Cannabis as a painkiller in MS: real or ...

Useful organisations:
Result <31>
Author
Hyatbakhsh, Mohammad R. Kinner, Stuart A. Jamrozik, Konrad. Najman, Jake M. Mamum, Abdullah A
Title
Maternal partner criminality and cannabis use in young adulthood: prospective study
Original Source
Australian and New Zealand Journal of Psychiatry, vol 41, no 6, June 2007
Original Description
p 546-553

Result <32>
Author
Title
The temporal dynamics of relationships between cannabis, psychosis and depression among young adults with psychotic disorders: findings from a 10-month prospective study
Original Source
Psychological Medicine, vol 37, no 7, Jul 2007
Original Description
p 927-934

Result <33>
Author
Pompili, Maurizio. Lester, David. Girardi, Paolo. Tatarelli, Roberto
Title
High suicide risk after the development of cognitive and working memory deficits caused by cannabis, cocaine and ecstasy use
Original Source
Substance Abuse, vol 28, no 1, Mar 2007
Original Description
p 25-30

Result <34>
Author
Moore, Theresa H M. Zammit, Stanley. Lingford Hughes, Anne. Barnes, Thomas R E. Jones, Peter B
Title
Cannabis use and risk of psychotic or affective mental health outcomes: a systematic review
Original Source
Original Description
p 319-328
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