HSMC Library Snappy Search on Depression

A quick overview of the latest guidance and evidence on current issues such as Smoking, Sexual Health, Health Inequalities, Mental Health, Obesity, Substance Abuse, Women’s Health, in fact anything that you ask for!

If you have a topic suggestion please email Rachel Posaner

Monday, 15 April 2013

Department of Health

- NHS pledges more support for women with postnatal depression
- Fighting mental health issues in the military
- Making mental health services more effective and accessible
- Dementia campaign launches
- Employers urged to take 3 steps to improve mental health
- Employers urged to offer flexible working to support mental health needs
- Too many young people “suffering in silence” with mental health problems

RCGP

- Depression difficult to detect and manage in people with LTCs ...
- Depression in older people and suicide mitigation in primary care
- Living Better patient information leaflets: improving the mental health ...

NHS Evidence

- A general introduction to Depression
- Guidance Information for the Public
- Ongoing Research
- Evidence Uncertainty

NHS Choices

- How exercise can help depression
- Healthy diet and depression
- Low mood and depression
- Tips for coping with depression
- Struggling with stress?
- Ten stress busters
- Clinical depression

BBC

- Botox treatment ‘can leave patients depressed’
- BBC iPlayer - Stacey Solomon: Depression, Teen Mums & Me
- Radical treatment for depression - BBC
- Jeremy Vine - Depression Special - BBC
- BBC News - NHS ‘ignoring smoking in mental health patients’
- Teenage Post Natal Depression - BBC
- BBC iPlayer - The Prozac Economy

Articles

- A qualitative study of primary care professionals' views of case finding for depression in patients with diabetes or coronary heart disease in the UK
- Socioeconomic status and the risk of depression among UK higher education students
- Patients' perceptions of depression and coronary heart disease: a qualitative UPBEAT-UK study
- Socioeconomic status and the risk of depression among UK higher education students
- Further validation of Zagazig depression scale shortened form (ZDS-SF) and depression diagnosis in a United Kingdom (UK) student population
- ... patientsP4134Copeptin predicts neurological outcomes in out-of-hospital cardiac arrest survivorsP4135Survivors of sudden cardiac death with depression are not at ...
- Generalised anxiety disorder
- Panic disorder

**Depression Alliance**

**What is Depression?**

**Living with Depression**

**TRIP**

- Psychosis and schizophrenia: recognition and management of psychosis and schizophrenia in children and young people
- Lower limb peripheral arterial disease: Diagnosis and management
- Autism: recognition, referral, diagnosis and management of adults on the autism spectrum
- Patient experience in adult NHS services: improving the experience of care for people using adult NHS services
- Obesity - working with local communities
- Social and emotional wellbeing for children and young people pathway
- Management of perinatal mood disorders
- Managing the impact of violence on mental health, including among witnesses and those affected by homicide
- Eating Disorders in the UK: Service Distribution, Service Development and Training
- Independent Advocacy for People with Mental Disorder
- Immediate Post-anaesthesia recovery
- Management of Severe Pre-Eclampsia and Eclampsia
- Systematic review of the effectiveness and cost effectiveness of employee assistance programmes
- Conscious Sedation in Dentistry
- Matching Knowledge and Skills for Qualified in Specialty (QIS) Neonatal Nurses: a core syllabus for clinical competency
- Guidelines for the management of alopecia areata
- The management of women of reproductive age attending non-genitourinary medicine settings complaining of vaginal discharge.
- ARCHIVED (June 2009)- Contraceptive Choices for Women with Inflammatory

**Psychosocial treatments for depression in UK Criminal Justice–A Review of the Evidence**

**A large-scale study of anxiety and depression in people with Multiple Sclerosis: a survey via the web portal of the UK MS Register**

**Depression and virological status among UK HIV outpatients: results from a multicentre study**

**The Maudsley Hospital UK: Enhanced Cognitive Behavioral Therapy for Depression in Children and Young People**

To request a literature search on depression just email Rachel @ r.d.posaner@bham.ac.uk

**Twitter**

- Bullying UK @bullyinguk 1h
  - This week is Depression Awareness Week. We hope you will join us in supporting this great cause.
  - #depressionawarenessweek

- NHS local @NHSlocal 22m
  - This week is #DepressionAwarenessWeek. We'll be bringing you articles and resources throughout the week - http://ow.ly/k41Mv

- Martha Gillespie @mgillespie25 48m
  - Depression will affect 1/5 people in the UK during their lifetime. Please spread the word and help beat the stigma #DepressionAwarenessWeek

- No Abuse Project @NoabuseProject 51m
  - #NoAbuseProject Depression awareness week.
  - #depressionawarenessweek Help raise awareness that abuse in the workplace can trigger depression.

- Dr Pam Spurr @DrPamSpurr 1h
  - Don't let the bleak dark cloud of depression hang over your life! Please get help, you're not alone
  - @DepressionAll #depressionawarenessweek

- benenden health @benendenhealth 1h
  - It's #depressionawarenessweek - a great campaign to raise awareness & combat stigma around #depression @DepressionAll http://bit.ly/14pdXfK
Bowel Disease

PsychCentral

- Articles
- Books
- Clinical Trials
- FAQs
- Online Quizzes

MIND

- I'm looking for information and advice
- I'm looking for training
- I'm looking for my local Mind or charity shop

Patient.co.uk

- Depression
- Screening for Depression in Primary Care
- Postnatal Depression
- Nutritional Support in Primary Care
- Depression in Children and Adolescents
- Bipolar Disorder
- Selective Serotonin Reuptake Inhibitors
- A. Anxiety or Depression
- Patient Health Questionnaire (PHQ-9)
- Geriatric Depression Scale (GDS)
- Guidelines

Click here for more information for patients

Useful Organisations

- Big White Wall
- CALM: Campaign Against Living Miserably
- Depression Alliance
- Family Lives: support and advice
- Mental Health Foundation
- Mind
- Rethink Mental Illness
- Samaritans
- Turning Point
- Young Minds

SalfordCC HR @SalfordCCHR 1h
lots of great resources on-line and via your GP #depressionawarenessweek
http://www.depressionalliance.org/how-we-can-help/depression-awareness-week.php ...
pic.twitter.com/yT1NBuOIBt

Mens Sexual Health @wsmsh 1h
Today #DepressionAwarenessWeek 1 in 5 in the UK will suffer with Depression at sometime
http://www.wsmsh.org.uk/index.html
pic.twitter.com/T5fdLmUaA

PTF @PersTouchFit 1h
It's #depressionawarenessweek. Learn how to handle stress -
http://www.personaltouchfitness.co.uk/healthy-advice/stress-and-your-resilience ...

Karen Perkins @fabcoach 1h
Learn some self compassion to help with depression with
http://www.karenperkindslifecoach.co.uk/life-coach-sheffield.html ...
#depressionawarenessweek

Barbie Young @Belleora 1h
#DepressionAwarenessWeek I know how much #depression affects me and a lot of others! Pls promote this great cause!

Tameside&Glossop CCG @TGCCG 2h
If you want to know more about #depressionawarenessweek the Depression Alliance is the place to start;
http://www.depressionalliance.org/how-we-can-help/depression-awareness-week.php ...

Tameside&Glossop CCG @TGCCG 2h
Suicide is the biggest killer of men under 35 in the UK. @theCALMzone is trying to change that #savethemale #depressionawarenessweek

Mosaic Clubhouse @MosaicClubhouse 2h
Happy #Depression #Awareness Week to all of @MosaicClubhouse's followers! #DepressionAwarenessWeek

Annemarie Bebbington @AnnieBebb 3h
@ShropshireMind Keep mental health aware #depressionawarenessweek and those happy hormones high on music
http://news.menshealth.com/how-itunes-can-cure-depression/2011/10/12/ ...

Healthandcare @healthandcare 3h
This week is #DepressionAwarenessWeek raising funds and awareness to help beat stigma around depression - http://ow.ly/jVe62

AXA PPP healthcare @AXAPPHealth 21h
#DepressionAwarenessWeek starts tomorrow to find out how you can get involved check out @DepressionAll website http://ow.ly/jLQcY

Mens Sexual Health @wsms 12 Apr @PAPYRUS_tweets MSH raising awareness & supporting #DepressionAwarenessWeek plz RT our campaign http://www.wsmsh.org.uk pic.twitter.com/9JioUBvE3G

Mens Sexual Health @wsms 12 Apr @MHF_tweets MSH raising awareness & supporting #DepressionAwarenessWeek plz RT our campaign http://www.wsmsh.org.uk pic.twitter.com/0ZwKj7CLZ0

Produced by the Health Services Management Centre Library & Information Services for registered library users only, and not for re-distribution

Whilst we make every effort to check the contents of this Digest when it is first produced, HSMC Library cannot guarantee its correctness, completeness or that the links will work, as we have no control over the availability of the linked sites.

All links from this Digest are provided for information only and are supplied to you under the UK copyright concept of “fair dealing”. The HSMC Library does not accept responsibility for the reliability of external websites and, links should not be taken as an endorsement of the contents, views and information held on these sites.

Unsubscribe from this bulletin