Snappy Search: Happiness

A quick overview of the latest guidance and evidence on current issues such as smoking, sexual health, health inequalities, mental health, obesity, substance abuse, women’s health – in fact anything that you ask for!

If you have a topic suggestion, please email it to Rachel Posaner. Previous searches can be found at: http://bit.ly/1H6Q0Qk

Sustainable Development Solutions Network

World Happiness Report 2015

World Happiness Report 2015 Ranks Happiest Countries

OECD

Better Life Index

Can we predict happiness? (April 2015)

World Health Organization

The happiness effect (Bulletin of the World Health Organization, 2011)

Department of Health

National wellbeing

Public Health England

Sedentary lifestyles and too much screen time affect children’s wellbeing

Ofsted

The Children’s Happiness Scale

Social Care Online

The social dimensions of happiness and life satisfaction of Australians: evidence from the World Values Surveys

The pursuit of happiness: a new ambition for our mental health

‘Without hope everything would be doom and gloom’: young people talk about the importance of hope in their lives

What things make people with a learning disability happy and satisfied with their lives: an inclusive research project

Is everybody happy? The politics and measurement of national wellbeing

The benefits of knitting for personal and social wellbeing in adulthood: findings from an international survey

HMIC


NHS Evidence
The Conversation

However you spend it, money isn’t the key to happiness

Why our happiness and satisfaction should replace GDP in policy making

Why chocolate really is the secret to happiness

Conference


The **Programme** includes talks by council leader Sir Albert Bore ("Towards a people-centred urbanism") and director of Public Health Birmingham Adrian Phillips ("Are our cities costing us our lives?")

In the news

**Five things you can do to be happier right now** (Telegraph, May 2015)

**How part-time work and exercise may explain why Holland is one of the happiest countries in the world** (Independent, May 2015)

**Garden cities: can green spaces bring health and happiness?** (Guardian, April 2015)

**Happy City: Transforming Our Lives Through Urban Design by Charles Montgomery – review** (Guardian, March 2015)

**Happiness: the next big business metric?** (Guardian, Sept. 2013)

**Book Review: Happiness and Social Policy in Europe edited by Bent Greve** (LSE Blogs, April 2012)
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