A quick overview of the latest guidance and evidence on current issues such as smoking, sexual health, health inequalities, mental health, obesity, substance abuse, women’s health – in fact anything that you ask for!

If you have a topic suggestion, please email it to Rachel Posaner. Previous searches can be found at: http://bit.ly/1H6QOQk

Department for Education

School meals - healthy eating standards

Department of Health

2010 to 2015 government policy: children's health
Improving food in hospitals and schools
Nutrient specifications for school meals (NI)

NHS Choices

Healthy lunchbox treats

Change4Life

Healthier lunchboxes and picnics

Food Standards Agency

Schools resources
Schools and young people in Northern Ireland

Independent School Food Plan

School Food Plan Publishes New Guidance to support creating a culture of healthy eating
Annual Report Published
The new golden age: universal infant free school meals and compulsory cooking in the curriculum begin

NHS Evidence

School meals and nutritional standards

Does the Royal Horticultural Society Campaign for School Gardening increase intake of fruit and vegetables in children? Results from two randomised controlled trials

Systematic review of the effects of schools and school environment interventions on health: evidence mapping and synthesis

Eating well at school: nutritional and practical guidelines

Supporting health and activity in schools

HMIC

Time to bin the packed lunch?,
(Clews, G. : BMA News, Jul 27 2013, p 6)

Food and drink consumption at school lunchtime : the impact of lunch type and contribution to overall intake in British 9-10-year-old children.
(Harrison, Flo. : Public Health Nutrition, Vol. 16, no. 6, Jun 2013, p 1132-1139)

Lunchtime food and nutrient intakes of secondary-school pupils; a comparison of school lunches and packed lunches following the introduction of mandatory food-based standards for school lunch.
(Pearce, Jo. : Public Health Nutrition, Vol. 16, no. 6, Jun 2013, p 1126-1131)

The quality of midday meals eaten at school by adolescents; school lunches compared with packed lunches and their contribution to total energy and nutrient intakes.
(Prynne, Celia J. : Public Health Nutrition, Vol. 16, no. 6, Jun 2013, p 1118-1125)
We call on government to think again about food and cooking at A-Level

One step forward, two steps back....

School lunches v. packed lunches: a comparison of secondary schools in England following the introduction of compulsory school food standards.
(Nicholas, Jo. : Public Health Nutrition, Vol. 16, no. 6, Jun 2013, p 1037-1042)

Design, testing and validation of an innovative web-based instrument to evaluate school meal quality.
(Patterson, Emma. : Public Health Nutrition, Vol. 16, no. 6, Jun 2013, p 1028-1036)


School food standards in the UK: implementation and evaluation.
(Adamson, Ashley. : Public Health Nutrition, Vol. 16, no. 6, Jun 2013, p 968-981)

School food research: building the evidence base for policy.

A cross-sectional observational study of the nutritional intake of UK primary school children from deprived and non-deprived backgrounds: implications for school breakfast schemes
(Jenkins et al: International Journal of Behavioral Nutrition and Physical Activity Volume 12, Issue 1, June 25, 2015, Article number 86)

The school food plan: Putting food at the heart of the school day

Jamie Oliver admits school dinners campaign failed because eating well is a middle class preserve
(Telegraph, Aug. 2015)

Jamie Oliver: I failed on school dinners because eating well is a ‘posh and middle class’ concern
(Independent, Aug. 2015)
BBC chef and food scientists unite to improve healthy school meals (University of Bristol, Aug. 2015)

School dinners: BMA calls for free meals for all children up to P3 (BBC, July 2015)

The new dinner lady: 10 years on, can an Ottolenghi chef prove Jamie Oliver’s revolution wasn’t a flash in the pan? (Guardian, April 2015)