A quick overview of the latest guidance and evidence on current issues such as smoking, sexual health, health inequalities, mental health, obesity, substance abuse, women’s health – in fact anything that you ask for!

If you have a topic suggestion, please email it to Rachel Posaner. Previous searches can be found at: http://bit.ly/1H6QOOx

**UK Parliament: Lords Select Committee**

- Report: Ready for ageing?

**NHS England**

- Healthy Ageing Guide (Jan. 2015)

**NICE**

- Disability, dementia and frailty in later life - mid-life approaches to prevention

**Age UK**

- About Fit as a Fiddle
- Experiences of Fit as a Fiddle
- Evaluation of Fit as a Fiddle (with links to various national and regional evaluation reports)


- Living with frailty (resource collection, includes project report and a number of videos)
- Frailty: language and perceptions

**British Geriatrics Society**

- Fit for frailty (general guidance on the recognition and management of older patients with frailty)

**NHS Evidence**

- Prevalence of Frailty in Nursing Homes: A Systematic Review and Meta-Analysis
- Adult vaccination : a key component of healthy ageing. The benefits of life-course immunisation in Europe
- Whose successful ageing? : lay- and researcher-driven conceptualisations of ageing well
- Cardiovascular risk profile and frailty in a population-based study of older British men
- Fit for frailty: consensus best practice guidance for the care of older people living with frailty in community and outpatient settings
- Health-related and socio-demographic factors associated with frailty in the elderly : a systematic literature review

**Physical activity**

- Eyes on Evidence : physical activity in older people and healthy ageing
- Taking up physical activity in later life and healthy ageing : the English longitudinal study of ageing
- Progress towards Healthy Ageing in Europe: to promote active healthy lifestyles in 45-68 year olds through workplace, rather than traditional health-related settings
- Active and healthy ageing: an action plan for Scotland 2014 - 2016
- Physical activity in older people : a systematic review

**HMIC**

- Holistic service from community pharmacists can
Guidance specifically on the care of older people living with frailty in community and outpatient settings

Guidance specifically on commissioning and management of services

**New Dynamics of Ageing programme**

Interdisciplinary research project: overview

NDA Handbook Launched at House of Lords (includes link to the handbook)

**European Commission**

Ageing and welfare state policies (includes link to the 2015 Ageing Report)

2015 Ageing Report: Country fiches

Efficiency estimates of health care systems

European Summit on Innovation for Active and Healthy Ageing (includes link to the summit report)

**EIP on AHA**

European Innovation Partnership on Active and Healthy Ageing (EIP on AHA)

Action Group on prevention of functional decline and frailty (one of several EIP action groups)

A compilation of Good Practices - Prevention and early diagnosis of Frailty and Functional decline

Guidelines on instruments for screening and diagnosis of frailty and functional decline

**European Partnership for Improving Health, Equity and Wellbeing**

Healthy Ageing in Action (= national health promotion initiatives from 27 European countries)

Making the link: Health equity and long term care (part of collection "Steps to Healthy Ageing")

July 2015-Film 'Researching Age-Friendly Cities'

**Age Platform Europe**

Active Senior Citizens: a short guide to the EU

**OECD**


Healthy ageing in the 21st century : the best is yet to come. (Birmingham: University of Birmingham, 2013, 47p.)


Social Care Online

Environmental influences on healthy and active ageing: a systematic review

Participatory arts for older adults: a review of benefits and challenges

Public health responses to an ageing society: opportunities and challenges

Successful ageing

Defining successful aging: a tangible or elusive concept?

Critical perspectives on successful aging: does it "appeal more than it illuminates"?

Frailty

Frailty – from bedside to buzzword?

The relationship between depression and frailty syndrome: a systematic review

Best practice guidelines for the management of frailty: a British Geriatrics Society, Age UK and Royal College of General Practitioners report

Understanding the lives of older people living with frailty: a qualitative investigation

**Advancing Knowledge of Telecare for Independence and Vitality in later life (AKTIVE)**

Researching telecare use using everyday life analysis: introducing the AKTIVE working papers [= AKTIVE Working Paper 1]
A Good Life in Old Age? Monitoring and Improving Quality in Long-term Care (June 2013)

United Nations Economic Commission for Europe

Building an evidence base for active ageing policies: Active Ageing Index and its potential (international seminar; includes link to papers presented)

World Health Organization

Strategy and action plan for healthy ageing in Europe, 2012–2020

Policies and priority interventions for healthy ageing

Survey of Health, Ageing and Retirement in Europe

Data Update October 2015

Frail older people and their networks of support: how does telecare fit in? [= AKTIVE Working Paper 2]

Telecare and older people's social relations [= AKTIVE Working Paper 3]

Coping with change: frail bodies and daily activities in later life [= AKTIVE Working Paper 4]


AKTIVE project website