Monday, 17 June 2019

A quick overview of the latest guidance and evidence on current issues such as smoking, sexual health, health inequalities, mental health, obesity, substance abuse, women's health – in fact anything that you ask for!

If you have a topic suggestion, please email it to Rachel Posaner. Previous searches can be found at: http://bit.ly/1H6QQQk

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Health Foundation

Times of transition are lonely – particularly for young people (Apr. 2019)

Loneliness is a key risk factor for the future health of young people (Dec. 2018)

The Children’s Society

Loneliness in childhood: Exploring loneliness and well-being among 10-17 year olds (Mar. 2019)

Social Sciences Citation Index

Advancing our understanding of loneliness and mental health problems in young people
By: Pitman, Alexandra; Mann, Farhana; Johnson, Sonia
LANCET PSYCHIATRY Volume: 5 Issue: 12 Pages: 955-956 Published: DEC 2018

NSPCC

Rise in Childline counselling sessions about loneliness (July 2018)

Loneliness a key concern for thousands of children (June 2017)

UK Youth

82% of youth workers believe loneliness is a problem for young people (Aug. 2018)

Office for National Statistics


Children’s and young people’s experiences of loneliness: 2018 (Dec. 2018)

Office for National Statistics


Social Sciences Citation Index

Loneliness and friendships among eight-year-old children: time-trends over a 24-year period
By: Lempinen, Lotta; Junttila, Niina; Sourander, Andre
JOURNAL OF CHILD PSYCHOLOGY AND PSYCHIATRY Volume: 59 Issue: 2 Pages: 171-179 Published: FEB 2018

Does Family Cohesion Predict Children's Effort? The Mediating Roles of Sense of Coherence, Hope, and Loneliness
By: Feldman, David B.; Einav, Michal; Margalit, Malka
JOURNAL OF PSYCHOLOGY Volume: 152 Issue: 5 Pages: 276-289 Published: 2018
Action for Children

It starts with hello (Nov. 2017)

Centre for Mental Health

Anxiety, loneliness and Fear of Missing Out: The impact of social media on young people's mental health (Sept. 2018)

Social media, young people and mental health (Sept. 2018)

Mental Health Foundation

Exploring loneliness in children (Apr. 2019)

Association for Child and Adolescent Mental Health (ACAMH)

Loneliness and relationships in young people (June 2018)

Samaritans

Tackling loneliness in children and young people could save lives (Dec. 2018)

Young people and suicide

Intergenerational Foundation (IF)

Is loneliness a growing problem for the next generation? (April 2019)

Many young adults suffer from chronic loneliness, new research suggests (March 2018)

Scopus

Socio-economic inequalities in adolescent summer holiday experiences, and mental wellbeing on return to school: Analysis of the school health research network/health behaviour in school-aged children survey in wales

Morgan, K., Melendez-Torres, G.J., Bond, A., (...), Murphy, S., Moore, G. 2019, International Journal of Environmental Research and Public Health 16(7),1107

“Where are all the lonely people?” A population-based study of high-risk groups across the life span

Lasgaard, M., Friis, K., Shevlin, M. 2016, Social Psychiatry and Psychiatric Epidemiology 51(10), pp. 1373-1384

Social Care Online

Review of key mechanisms in intergenerational practices, and their effectiveness at reducing loneliness/social isolation

Welsh Government, 2019. For the executive summary see here

Google Scholar

Loneliness and Neighborhood Characteristics: A Multi-Informant, Nationally Representative Study of Young Adults (Psychological Science, Apr. 2019)

Lonely young adults in modern Britain: findings from an epidemiological cohort study (Psychological Medicine, Jan. 2019)


The Conversation

Social media: is it really to blame for young people being lonelier than any other age group? (Oct. 2018)

Loneliness is not just an issue in old age – young people suffer too (Mar. 2018)

Why addressing loneliness in children can prevent a lifetime of loneliness in adults (April 2017)

BBC Loneliness Experiment

The surprising truth about loneliness (BBC, Oct. 2018)
'I'm surrounded by people - but I feel so lonely' (BBC, Oct. 2018)

**Blogs and other news**

**Lonely young adults 'in every kind of neighbourhood'** (BBC, Apr. 2019. The full paper is available [here](#))

**Lonely? You're not alone. America's young people are suffering from a lack of meaningful connection.** (NBC News, Jan. 2019)

**Loneliness Among Children And Young People Revealed Amid Concerns About 'Epidemic'** (Huffington Post, Dec. 2018)

**Young people feel lonelier than any other age group, largest study into loneliness reveals** (Independent, Oct. 2018)

**Loneliness among young people: Can volunteering help?** (NCVO, May 2018)

**Loneliness more likely to affect young people** (BBC, April 2018)

**We ask children what loneliness means to them** (= video; Marmalade Trust, July 2017)

**Why Loneliness Affects So Many Young People** (VICE, Feb. 2017)