



# Snappy Search: Musculoskeletal Health and Work

Monday, 14 September 2015

A quick overview of the latest guidance and evidence on current issues such as smoking, sexual health, health inequalities, mental health, obesity, substance abuse, women's health – in fact anything that you ask for!

If you have a topic suggestion, please email it to [Rachel Posaner](mailto:Rachel.Posaner). Previous searches can be found at: <http://bit.ly/1H6O00k>

## Department of Health

[Health, Work and Wellbeing initiative](#)

[Fit for work: work-related musculoskeletal disorders](#)

## Health and Safety Executive

[Musculoskeletal disorders](#) (overview)

[MSD – guidance and research](#)

[Case studies](#) (on key factors needed to tackle MSDs and offers controls of MSD risks)

[Musculoskeletal Disorders \(MSDs\) in Great Britain](#)

[Ageing and work-related musculoskeletal disorders](#) (RR799, published 2010)

## Institution of Occupational Safety and Health (IOSH)

[Musculoskeletal disorders](#) (toolkit covering training for employers and employees, prevention, intervention etc.)

## Chartered Society of Physiotherapy

[Physiotherapy Works briefing: Musculoskeletal](#)

## Cochrane Database of Systematic Reviews

[Workplace interventions for reducing sitting at work](#) (Jan. 2015)

## NHS Evidence

[Topics and trends in research on non-clinical interventions aimed at preventing prolonged work disability in workers compensated for work-related musculoskeletal disorders \(WRMSDs\) : a systematic, comprehensive literature review](#)

[Work-related psychosocial risk factors and musculoskeletal disorders in hospital nurses and nursing aides : a systematic review and meta-analysis](#)

[Cost-effectiveness of interventions to return employees to work following long-term sickness absence due to musculoskeletal disorders](#)

[Are pushing and pulling work-related risk factors for upper extremity symptoms? A systematic review of observational studies](#)

## HMIC

[The relation between psychosocial risk factors and cause-specific long-term sickness absence.](#) (Janssens, Heidi. : European Journal of Public Health, Vol. 24, no. 3, Jun 2014, p 428-433)

[disorders](#) (June 2013)

## The Work Foundation

[Musculoskeletal Disorders, Workforce Health and Productivity in the United States](#) (June 2015)

[Self-management of chronic musculoskeletal disorders and employment](#) (Sept. 2014)

[Musculoskeletal disorders and mental health major causes of sickness absence](#) (Feb. 2014)

[NHS incurring needlessly high sick pay costs as many staff with musculoskeletal disorders still lack support to remain working](#) (March 2013)

[Poor clinical & workplace support for musculoskeletal disorders leaving hundreds of thousands facing lost income, job insecurity & early retirement](#) (Dec. 2012)

[Taking the strain: Measuring the impact of musculoskeletal disorders](#) (Dec. 2012)

[Fit for Work? Musculoskeletal Disorders in the European Workforce](#) (June 2009)

## NHS Inform

[Musculoskeletal Zone](#)

## Ergo Health Physiotherapy and Ergonomics

[Managing Musculoskeletal Disorders in the Workplace](#) (with link to ebook: [Managing Musculoskeletal Disorders in the Workplace](#))

## European Agency for Safety and Health at Work

[Musculoskeletal disorders](#) (includes link to several fact sheets)

## Medline

[Further Trends in Work-Related Musculoskeletal Disorders: A Comparison of Risk Factors for Symptoms Using Quality of Work Life Data From the 2002, 2006, and 2010 General Social Survey.](#)

(Dick RB; Lowe BD; Lu ML; Krieg EF. : Journal of Occupational & Environmental Medicine. 57(8):910-28, 2015 Aug.)

[Communicating with employers: experiences of occupational therapists treating people with musculoskeletal conditions.](#)

(Coole C; Birks E; Watson PJ; Drummond A. : Journal of Occupational Rehabilitation. 24(3):585-95, 2014 Sept.)

[Constant negotiating: managing work-related musculoskeletal disorders while remaining at the workplace.](#)

(Smith-Young J; Solberg S; Gaudine A. : Qualitative Health Research. 24(2):217-31, 2014 Feb.)

[Effect of a musicians' exercise intervention on performance-related musculoskeletal disorders.](#)

(Chan C; Driscoll T; Ackermann BJ. : Medical Problems of Performing Artists. 29(4):181-8, 2014 Dec.)

[Breaking up workplace sitting time with intermittent standing bouts improves fatigue and musculoskeletal discomfort in overweight/obese office workers.](#)

(Thorp AA; Kingwell BA; Owen N; Dunstan DW. : Occupational & Environmental Medicine. 71(11):765-71, 2014 Nov.)

[Work-related musculoskeletal disorders in nursing: current knowledge and ongoing challenges for occupational health.](#)

(Serranheira F; Smith D. : Medicina del Lavoro. 105(5):395-7, 2014 Sep-Oct.)

[Are the predictors of work absence following a work-related injury similar for musculoskeletal and mental health claims?.](#)

(Smith PM; Black O; Keegel T; Collie A. : Journal of Occupational Rehabilitation. 24(1):79-88, 2014 Mar.)

[Predictive risk factors for chronic regional and multisite musculoskeletal pain: a 5-year prospective study in a working population.](#)

(Herin F; Vezina M; Thaon I; Soulat JM; Paris C; ESTEV group. : Pain. 155(5):937-43, 2014 May.)

[Preface. Epidemiological studies of workplace musculoskeletal disorders.](#)

(Miranda H; Punnett L; Gore RJ; ProCare Research Team. : Human Factors. 56(1):215-27, 2014 Feb.)

[Prevention of work-related musculoskeletal disorders.](#)  
(Kang D; Kim YK; Kim EA; Kim DH; Kim I; Kim HR; Min KB; Jung-Choi K; Oh SS; Koh SB. : Annals of Occupational & Environmental Medicine. 26:14, 2014.)

## **Social Sciences Citation Index**

[Upper limb musculoskeletal disorders in healthcare personnel](#)

(Occhionero, Vincenzo; Korpinen, Leena; Gobba, Fabriziomaria : ERGONOMICS Volume: 57 Issue: 8 Pages: 1166-1191 Published: AUG 2014)

[Occupational rehabilitation programs for musculoskeletal pain and common mental health disorders: study protocol of a randomized controlled trial](#)

(Fimland, Marius S.; Vasseljen, Ottar; Gismervik, Sigmund; et al. : BMC PUBLIC HEALTH Volume: 14 Article Number: 368 Published: APR 16 2014)

[Effects of personal, psychosocial and occupational factors on low back pain severity in workers](#)

(Govindu, Nirathi Keerthi; Babski-Reeves, Kari : INTERNATIONAL JOURNAL OF INDUSTRIAL ERGONOMICS Volume: 44 Issue: 2 Special Issue: SI Pages: 335-341 Published: MAR 2014)

[Job Stress and Work-Related Musculoskeletal Symptoms Among Intensive Care Unit Nurses: A Comparison Between Job Demand-Control and Effort-Reward Imbalance Models](#)

(Lee, Soo-Jeong; Lee, Joung Hee; Gillen, Marion; et al. : AMERICAN JOURNAL OF INDUSTRIAL MEDICINE Volume: 57 Issue: 2 Pages: 214-221 Published: FEB 2014)

## **In the news**

[Back to business: musculoskeletal disorders](#) (SHP Online, August 2015)

[Musculoskeletal disorders in the workplace: the role of HR and line managers](#) (Personnel Today, June 2015)

[Work-related musculoskeletal disorders: are they truly declining?](#) (Occupational and Environmental Medicine, Nov. 2014 (Online First))

[University to tackle musculoskeletal disorders in the workplace](#) (University of Manchester press release, Dec. 2014)

[New national research centre to tackle musculoskeletal disorders in the workplace](#) (Medical Research Council, Nov. 2014)

Concerns as work-related ill health increases (British Safety Council, Oct. 2014)

[Fit for Work: Musculoskeletal disorders](#) (The Parliament Magazine, Sept. 2014)

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