A quick overview of the latest guidance and evidence on current issues such as smoking, sexual health, health inequalities, mental health, obesity, substance abuse, women’s health – in fact anything that you ask for!

If you have a topic suggestion, please email it to Rachel Posaner. Previous searches can be found at: http://bit.ly/1H6QOQk

**Public Health England**
- New STI figures show rapid increases among gay men
- PHE action plan tackles health inequalities for men who have sex with men
- Health and wellbeing of BME men who have sex with men: event report
- Promoting the health and wellbeing of gay, bisexual and other men who have sex with men
- Strategic framework to improve the health and wellbeing of gay, bisexual and other men who have sex with men (consultation)

**European Commission**
- The state of men’s health in Europe (2011)

**European Men's Health Forum**
- Men’s health around the world: A review of policy and progress across 11 countries (2009)
- Men’s health in Europe unnecessarily poor
- A Step Into No Man’s Land: Improving men’s use of primary care services in Europe
- Men’s Health and Primary Care: Improving access and outcomes

**NICE**
- Eyes on Evidence: men’s health interventions in football clubs
- Eyes on Evidence: social integration and risk of suicide in men

**NHS Choices**
- Five health symptoms men shouldn’t ignore
- Men’s health (resource collection)

**Royal Society for Public Health**
- Guest blog: The need for a greater policy focus on men's health (Nov. 2015)

**Global Action on Men's Health**
- The scale of the global challenge in men’s health
- The evidence (resource collection)

**World Health Organization**
- The men’s health gap: men must be included in the global health equity agenda
- Gender, health and the Sustainable Development Goals
- Policy approaches to engaging men and boys in achieving gender equality and health equity (July 2010)
Men's Health Forum

There are many things we can do to improve our health but which five actions will make the biggest difference?

Symptom Watch
Try to see it my way - relationship counselling

Gender and Access to Health Services Study
Male carers: Husband, Partner, Dad, Son, Carer?

Best practice reports
Best practice: weight-loss programmes
Best practice: self-management support
Best practice: Health information for men
Best practice: Men and pharmacies

Mental health
Best practice: mental health promotion
Best practice: Delivering Male - mental health guidelines

Cancer
Men and Cancer: Saving Lives expert report
Best practice: Slow on the uptake? Improving bowel cancer screening

Movember Foundation
Our cause: Why men's health?
Men's Health (includes links to the following sections: prostate cancer; testicular cancer; poor mental health; physical inactivity)

Move – 30 day fitness challenge

Promoting Mental Health and Wellbeing in Men and Boys: What works? (UK)

How to make mental health services work for men (UK)

Evidence for a gender-based approach to mental health program: identifying the key considerations associated with “being male” – Rapid Review (UK)

HMIC
Tackling inequality in mental health care.
Vige, Marcel
Health Service Journal 2014; 124 (6420): 30-31 (24 October 2014)

Influencing public awareness to prevent male suicide.

A survey of men's views on weight management.
(Ndebele, Jalibani. : Community Practitioner, Vol. 87, no. 3, Mar 2014, p 26-29)

Men's health promotion interventions : what have we learned from previous programmes?
(Robertson, Steve. : Community Practitioner, Vol. 86, no. 11, Nov 2013, p 38-41)

A narrative review of Men's Sheds literature : reducing social isolation and promoting men's health and well-being.
(Wilson,. Nathan J. : Health and Social Care in the Community, Vol. 21, no. 5, Sep 2013, p 451-463)

Overlooked, isolated and dying too soon
(Carlisle, Daloni. : Nursing Standard, vol 27, no 18, Jan 2 2013, p 16-19)

Social Care Online

Communication and interpretation of emotional distress within the friendships of young Irish men prior to suicide: a qualitative study
(SWEENY Lorna, OWENS Christabel, MALONE Kevin: Health and Social Care in the Community, 23(2), 2015, pp.150-158.)

Place and wellbeing: shedding light on activity interventions for older men

How gender influences health inequalities
(MATTHEWS David : Nursing Times, 111(43), 2015, pp.21-23.)

In the news

It's time to tackle men's health, globally (Peter Baker Men's Health blog, Sept. 2015)

Why aren't we worried about the 'beach body' message we're sending to men? (The Conversation, July 2015)
Chaps
Typical Men's Health Check

Common male health issues (overview)

National Children's Bureau
Improving male health for the next generation

Mind
Delivering Male: Mind and Men's Health Forum launch first men’s mental health guidelines

Men's Minds Matter
The first voice on experiences of childlessness - Robin Hadley speaks out about his personal experiences and his unique research

Mankind - Difference between general public responses towards domestic abuse in men and women

Finding Mike - A Film by Jonny Benjamin

Help seeking

Fatherhood

The Male Psychology Conference (Event; 24-25 June 2016, University College London)


Five minutes with ... a men's health consultant (Guardian, Feb. 2014)

Gender and global health: evidence, policy, and inconvenient truths (The Lancet, May 2013)

The state of men’s health in Europe (BMJ, Nov. 2011)