A quick overview of the latest guidance and evidence on current issues such as smoking, sexual health, health inequalities, mental health, obesity, substance abuse, women’s health – in fact anything that you ask for!
If you have a topic suggestion, please email it to Rachel Posaner. Previous searches can be found at: http://bit.ly/1H6QO0k

Department of Health
No Health Without Mental Health: a cross-government outcomes strategy

NHS England
Better monitoring can improve physical health outcomes for people with mental illness – Dolly Sud
Valuing mental health equally with physical health or “Parity of Esteem”

Mind
Valuing mental and physical health equally (March 2015)

Mental Health Foundation
Our Work: Physical Health and Mental Health
Mental Health A-Z: Physical Health and Mental Health

Rethink Mental Illness
Health professionals - Why Does Physical Health Matter?
Health professionals - Physical health resources
Health professionals - CQUIN tools for Mental Health Professionals (registration required for access)

PsychCentral
The Relationship Between Mental and Physical Health

RAND Corporation
Improving the Physical Health of Adults with Serious Mental Illness (April 2014)

The Kings Fund
Achieving equitable outcomes between mental and physical health: how can we make change happen?

Cochrane Database of Systematic Reviews
General physical health advice for people with serious mental illness (March 2014)
Physical health care monitoring for people with serious mental illness (Jan. 2014)

NHS Evidence
Examining the cost effectiveness of interventions to promote the physical health of people with mental health problems: a systematic review
Small steps: barriers and facilitators to physical health self-management by people living with mental illness
Mental Health Care

Treatment and care (not including medication) > Physical health (= information resource created primarily for family members and friends of people who have experienced psychosis)

McPin Foundation

The Primrose project: severe mental illness and physical health (see also the project blog and the project website)

Centre for Mental Health

Co-morbidities: physical health and mental health problems together
Falling through the gaps. Perinatal mental health and general practice
Managing patients with complex needs
Bridging the gap. The financial case for a reasonable rebalancing of health and care resources

General Medical Council

Care of people with mental health problems

BMA

Physical health, mental health and intellectual disability (includes set of recommendations and link to report Recognising the Importance of Physical Health in Mental Health and Intellectual Disability, May 2014)

Royal College of General Practitioners

The extraordinary potential of primary care to improve mental health

Royal College of Nursing (RCNi)

Physical health overhaul for patients with mental illness

Health behaviour interventions to improve physical health in individuals diagnosed with a mental illness: a systematic review
Perceptions of barriers to physical health care for people with serious mental illness: a review of the international literature
Small steps: physical health promotion for people living with mental illness

HMIC

Do higher primary care practice performance scores predict lower rates of emergency admissions for persons with serious mental illness? : an analysis of secondary panel data.

Six-month outcomes following an emergency hospital admission for older adults with co-morbid mental health problems indicate complexity of care needs.
(Bradshaw, Lucy E.: Age and Ageing, Vol. 42, no. 5, Sep 2013, p 582-588)

The effect of physical multimorbidity, mental health conditions and socioeconomic deprivation on unplanned admissions to hospital: a retrospective cohort study.
(Payne, Rupert A.: Canadian Medical Association Journal, Vol. 185, no. 5, Mar 2013, p E221-E228)

Rural physical health care services for people with serious mental illness: a nursing perspective.

Organizational aspects of primary care related to avoidable hospitalization: a systematic review.

Social Sciences Citation Index

Promoting physical health for people with schizophrenia by reducing disparities in medical and dental care
(Moore et al: ACTA PSYCHIATRICA SCANDINAVICA Volume: 132 Issue: 2 Pages: 109-121 Published: AUG 2015 – Special Issue: Promotion of physical health and wellbeing in persons with schizophrenia)

Improving assessment and treatment of physical health problems in people with severe mental illness: the case for a shared IT system
(Johansson, F. : BRITISH JOURNAL OF PSYCHIATRY Volume: 206 Issue: 5 Pages: 435-436 Published:
Landmark report on achieving parity between mental and physical health published

Mental Health and Physical Health (= reproduction of a 2008 HUG report)

UK Faculty of Public Health

Better Mental Health for All: Relationship with physical health and healthy lifestyles

World Health Organization

No physical health without mental health: lessons unlearned?

Department of Health and Human Services, State Government of Victoria

Improving the physical health of people with severe mental illness: No mental health without physical health (June 2012)

SANE Australia

Mind + Body - Looking after your physical health when you have a mental illness

Canadian Mental Health Association Ontario

Connection Between Mental and Physical Health

Minding Our Bodies

The Relationship between Mental Health, Mental Illness and Chronic Physical Conditions

Practical recommendations for improvement of the physical health care of patients with severe mental illness

(= reproduction of a 2008 HUG report)

Consensus building to improve the physical health of people with severe mental illness: a qualitative outcome mapping study

A double-edged sword: review of the interplay between physical health and mental health

Smoking and mental illness. An update for psychiatrists

A Systematic Review and Meta-Analysis of the Association Between Poor Oral Health and Severe Mental Illness

Assessment and treatment of physical health problems among people with schizophrenia: national cross-sectional study

The interface of physical and mental health

Exercise therapy in adults with serious mental illness: a systematic review and meta-analysis

The Impact of Lifestyle Factors on the Physical Health of People with a Mental Illness: a Brief Review

News, blogs and other sources

Body and soul. A professional schism hinders Britain’s
mental-health system (Economist, Aug. 2014)

Improving the physical health of patients with severe mental illness: a programme of research (video; UWE Bristol, June 2013)