Snappy Search:

PASTA: Physical Activity through Sustainable Transport Approaches

Tuesday, 27 March 2018

A quick overview of the latest guidance and evidence on current issues such as smoking, sexual health, health inequalities, mental health, obesity, substance abuse, women’s health – in fact anything that you ask for!

If you have a topic suggestion, please email it to Rachel Posaner. Previous searches can be found at: http://bit.ly/1H6QOQk

PASTA: Physical Activity through Sustainable Transport Approaches

Handbook of good practice case studies for promotion of walking and cycling (Nov. 2017)

About the PASTA project: The urban challenge

Developing an indicator set

What makes people walk and bike?

European Cities Could Avoid up to 10,000 Premature Deaths by Expanding Cycling Networks (Jan. 2018)

Walking & cycling: how you can contribute to cleaner more breathable air in the city (Sept. 2017)

European Commission

PASTA – project overview (includes links to publications, e.g. Towards a Comprehensive Conceptual Framework of Active Travel Behavior: a Review and Synthesis of Published Frameworks)

World Health Organization

Health economic assessment tool (HEAT) for walking and for cycling. Methods and user guide on physical activity, air pollution, injuries and carbon impact assessments (2017)

Cycling: a vital link between transport, health.

NHS Evidence

Environment and health for European cities in the 21st century: making a difference (2017)

Scopus

European cyclists’ travel behavior: Differences and similarities between seven European (PASTA) cities
Raser, E. et al
Journal of Transport and Health, Feb. 2018

Physical Activity through Sustainable Transport Approaches (PASTA): a study protocol for a multicentre project
Gerike, R. et al.
2016
BMJ Open, 6(1): e009924

Physical Activity through Sustainable Transport Approaches (PASTA): protocol for a multi-centre, longitudinal study
Dons, E. et al
2015
BMC Public Health, 15(1): 2453

Blogs and other news

Health impact assessment of cycling network expansions in European cities (Preventive Medicine, April 2018)

Transport modes and subjective general health: roles
environment and economy

of mental health, social contacts, and physical activity
(Occupational and Environmental Medicine, March 2018)

Cycling like a Copenhagener can save lives, study shows
(Copenhagen Post, Jan. 2018)

Active mobility and physical activity – results from the pan-European PASTA project: Ulf Eriksson

Comprehensive Health Impact Assessment for Active Travel: The "Pasta" Project Approach
(Journal of Transport and Health, June 2017)

Physical activity and sedentary behaviour in daily life: A comparative analysis of the Global Physical Activity Questionnaire (GPAQ) and the SenseWear armband
(PLOS One, May 2017)

Physical Activity through Sustainable Transport Approaches (PASTA) – a pan-European web-based survey on determinants of active travel behaviour using an opportunistic sampling approach
(Journal of Transport and Health, June 2015)