A quick overview of the latest guidance and evidence on current issues such as smoking, sexual health, health inequalities, mental health, obesity, substance abuse, women’s health – in fact anything that you ask for!

NHS Choices

**Personal health budgets** (includes sections: About personal health budgets; Getting started; Managing your personal health budget; Real stories)

NHS England

**Personal Health Budgets** (comprises the following sections: Information for patients and families; Support and information for professionals; Resources; Understanding personal health budgets; Frequently asked questions; Understanding personalisation – Care and support planning.

Renewed support for CCGs in offering personal health budgets (June 2015)

NHS and local government chiefs meet with local leaders of Integrated Personal Commissioning (June 2015)

Personal Health Budgets are not all about the money – Jo Fitzgerald (May 2015)

The Forward View into action: planning for 2015/16 (see point 2.9 in the guidance report)

The right to have personal health budgets is a vital landmark – Giles Wilmore (Oct. 2014)

NHS Confederation

**Personal health budgets** (site includes links to the pilot evaluation; a briefing paper; and a number of publications on specific aspects of PHBs, such as PHBs in mental health, and financing PHBs)

NHS Evidence

**Personalization in the health care system: do personal health budgets have an impact on outcomes and cost?**

**Personalisation for people from black and minority ethnic groups**

**Expert patients**

**Patients in control : why people with long-term conditions must be empowered**

**Integrated health and social care in England: the story so far**

**Putting patients in charge : the future of health and social care**

HMIC

**Personal budgets add up to better patient care.** (Fox, A.: Health Service Journal 2015; 125 (6431): 19-21 (25 January 2015))

**Personalization of health care in England : have the wrong lessons been drawn from the personal health budget pilots?** (Slasberg et al: Journal of Health Services Research and Policy 2014; 19 (3): 183-188 (July 2014))


Social Care Online
Joining up health and social care personal budgets: Key points on implementation

Think Local Act Personal
NHS Confederation & TLAP briefing on personal health budgets in mental health

Self-directed support and personal budgets (collection of resources)

Personalisation - are some people missing out?

Personalisation in mental health - getting it right means asking ourselves the right questions

Getting personalisation right in the NHS

Direct payments to support people with mental health needs

National Development Team for Inclusion
The impact of personalisation on the lives of the most isolated people with learning disabilities - a review of the evidence

Personal Health Budgets: including people with learning disabilities

HSMC
[It's not] 'All about money': Attempting to maximise older people's use of personal budgets (Jan. 2015)

Personalisation: Glass half full or half empty? (Oct. 2014)

Snappy Search on Personal Health Budgets (May 2014)

The King's Fund
Implementing the NHS five year forward view (see chapter: "How services are commissioned and paid for")

Real lives: promoting recovery through personalisation and peer support

The effectiveness of personal budgets for people with mental health problems: a systematic review

Early experiences in extending personal budgets in one local authority

The individual service funds handbook: implementing personal budgets in provider organisations

Making it personal: a provider guide to personalisation, personal budgets and education, health and care plans

Making it real: personalisation in social care, a case study report

Social Care Institute for Excellence
Integrating personal budgets for people with mental health problems (=SCIE Guide 55, Dec. 2014)

Personal budgets: health and social care integration (Video)

In the news
How will personal health budgets affect GPs? (GP Online, March 2015)

Public health concerns mount as 'personal health budgets' imposed on 10,000 chronically ill patients (Our NHS, March 2015)

Most patients with long-term conditions 'unprepared for personal health budgets' (Pulse, March 2015)

Over 10,000 patients to get combined personal health and social care budget (Pulse, March 2015)

NHS chief details radical plans to end 'like it or lump it' care (Telegraph, March 2015)

Why are personal budgets not used more in mental health? (Guardian, Jan. 2015)

Personalisation: what can the NHS learn from social care? (Guardian, Dec. 2014)

"Handing patients NHS cash" is just rebranding cuts (Our NHS, July 2014)

The jury is still out on personal budgets and race (Guardian, July 2014)
Personal health budgets are good for the few but not for the many, conference hears (BMJ, Jan. 2014)