Snappy Search:

Primary care interventions (obesity)

Thursday, 25 January 2018

A quick overview of the latest guidance and evidence on current issues such as smoking, sexual health, health inequalities, mental health, obesity, substance abuse, women’s health – in fact anything that you ask for!

If you have a topic suggestion, please email it to Rachel Posaner. Previous searches can be found at: http://bit.ly/1H6QOQk

World Health Organization
Integrating diet, physical activity and weight management services into primary care (2016)

Public Health England
Local health and care planning: menu of preventative interventions

APPG on a Fit and Healthy Childhood
Our critique on the National Obesity Framework (Jan. 2016; overview of reports by this APPG here)

NHS England
Thousands of people set to access diabetes and obesity prevention services through the touch of a button

NHS Health Education England
Evaluating MEEC: Weight management, physical activity and dietary interventions (for overview see here)

HSMC Library (Snappy Searches)
National Child Measurement Programme September 2015
Health checks February 2015
Obesity January 2015

Parliamentary Office of Science and Technology
Obesity Treatments (June 2015)

NHS Evidence
Epidemiology of adult overweight recording and management by UK GPs: a systematic review
Successful behavior change in obesity interventions in adults: a systematic review of self-regulation mediators
GP champions for youth health project: toolkit for general practice
NIHR signal: Weight loss surgery is value for money in selected people with severe obesity:
Signal: Simple approaches to weight management of
National Institute for Care Excellence (NICE)

**NICE Pathways: Obesity**

National Obesity Forum

"Managing obesity in primary care" training resource

Diabetes UK

**Prevention of Type 2 diabetes: Whole society interventions to reduce obesity**

Royal College of General Practitioners

**A to Z Clinical resources: Obesity** (= resource collection)

Royal College of Surgeons in England

**What if... obesity reaches 50%?**

Thames Valley Strategic Clinical Network

**Brief Interventions in Weight Management in Primary Care webinar**

South West Academic Health Network

**Five key interventions to facilitate patients to better self-care, improve their health and wellbeing and reduce demand on general practice if implemented systematically across primary care** (= PHE report, Nov. 2017)

Obesity Action Scotland

**Adult weight management – time for action not words** (Dec. 2017)

NHS Health Scotland

**Raising the topic of weight in general practice:**

Children and adolescents in primary care may not work

**Childhood obesity trends from primary care electronic health records in England between 1994 and 2013: population-based cohort study**

Cochrane Reviews

**Can strategies intended to improve how care is organised or delivered to people with overweight or obesity lead to greater weight reduction?** (Nov. 2017)

Diabetes and Primary Care

**Bariatric surgery: Practical aspects of primary care management** (further articles on the management of obesity and diabetes in a primary care setting can be found [here](#))

Blogs and other news

**Weight loss programme in primary care 'reverses type 2 diabetes'** (Nursing Times, Dec. 2017)

**The role of primary care in adult weight management: qualitative interviews with key stakeholders in weight management services** (BMC Health Services Review, Nov. 2017)

**Tackling childhood obesity in general practice** (British Journal of Family Medicine, Aug. 2017)

**Health promotion and disease prevention in general practice and primary care: a scoping study** (Primary Health Care Research and Delivery, Aug. 2017)

**Childhood obesity: an overview of the existing barriers to the health practitioner’s role in providing effective intervention** (Community Practitioner, July 2017)

**Study finds extending weight loss programme to be more effective** (University of Liverpool, May 2017)

**Obesity services planning framework for interprofessional primary care organizations** (Primary Health Care Research and Development, March 2017)

**GP referral to weight loss programme is effective, acceptable and takes 30 seconds** (Nuffield Department of Primary Care Health Sciences: University of Oxford, Oct. 2016)
Diet and obesity

NHS Wales
Wales: Obesity - Part of the 5 Nations programme on obesity

Centre for Social Justice

Nuffield Trust
Can the NHS help tackle the UK’s obesity epidemic? (March 2015)