A quick overview of the latest guidance and evidence on current issues such as smoking, sexual health, health inequalities, mental health, obesity, substance abuse, women's health – in fact anything that you ask for!

If you have a topic suggestion, please email it to Rachel Posaner. Previous searches can be found at: http://bit.ly/1H6QOQk

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**Maritime and Coastguard Agency**

- Seafarer working and living rights: health and medical care
- Seafarers: medical certification guidance
- MGN 370 The Dreadnought Medical Service, St Thomas’ Hospital
- Your health at sea
- Simplifying merchant shipping health and safety legislation

**Institute of Public Care, Oxford Brookes University**

- UK Seafarers’ Demographic Profile (Feb. 2015)

**International Seafarers’ Welfare and Assistance Network**

- Project MARTHA report highlights growing levels of fatigue in seafarers
- Seafarers protected under new MLC provisions for abandonment, death and long-term disability

**ITF Seafarers' Trust**

- The ITF Seafarers’ Trust Port-Based Welfare Services Survey 2016: Summary Report

**Scopus**

- Determinants of seafarers’ fatigue: a systematic review and quality assessment
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  International Archives of Occupational and Environmental Health
  January 2017, Volume 90, Issue 1, pp 13–37

- Coping with Captivity in a maritime hijacking situation
  Froholdt, L.L
  WMU Journal of Maritime Affairs
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- Fatigue risk management: A maritime framework
  Grech, M.R.
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- Welfare in British merchant seafaring
  Kennerley, A.
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- Cruise ship labor: Cruise line disclosure of employee well-being-related initiatives and performance
  De Grosbois, D.
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  11(2-3), pp. 207-214

- Comparison of hospitalization among German coastal and deep sea fishermen
  Oldenburg, M. et al.
  International Archives of Occupational and Environmental Health (2015)
  88(6), pp. 751-757
Abandonment of Seafarers

Women Seafarers’ Health and Welfare Survey

Seafarers’ Health Information Programme

Seafarer's Hospital Society

Seafarers Advice and Information Line (SAIL)

Our work on health and fitness

Seafarers Hospital Society launches free online mental health and wellbeing service

Fisherman: A health workshop manual for working fishermen

The Mission to Seafarers

Health and wellbeing (overview)

Sailors' Society

Our projects: Well-being

compliance using balanced scorecard and analytic hierarchy process approach
Akyuz, E.

Women seafarers' health and welfare survey
Stannard, S. et al.

Seafarer fatigue: a review of risk factors, consequences for seafarers' health and safety and options for mitigation
Jepsen, J.R. et al.

Online maritime health information: an overview of the situation
Guitton, M.J.
International Maritime Health (2015) 66(3), pp. 139-144

Risk factors for merchant seafarer repatriation due to injury or illness at sea
Lefkowitz, R.

Stress on the bridge of offshore vessels: Examples from the North Sea
Håvold, J.I.

Nautical officers at sea: Emergency experience and need for medical training
Oldenburg, M. et al.
Journal of Occupational Medicine and Toxicology (2014) 9(1),19

Health of Danish seafarers and fishermen 1970-2010: What have register-based studies found?
Poulsen, T.R.

Blogs and other news

Fatigue at Sea Should not be Ignored (The Maritime Executive, Feb. 2017)

New Guidance Released on Seafarer Mental Health (The Maritime Executive, Oct. 2016)

Significant Levels of PTSD From Piracy (The Maritime Executive, June 2016)
Lost on the outlaw seas: the dangerous treatment of staff on superyachts (New Statesman, Jan. 2016)

The Outlaw Ocean (article series; New York Times, July 2015)

Worse things still happen at sea: the shipping disasters we never hear about (Guardian, Jan. 2015)