Feb. 2015 - A quick overview of the latest guidance and evidence on current issues such as smoking, sexual health, health inequalities, mental health, obesity, substance abuse, women’s health – in fact anything that you ask for!
If you have a topic suggestion, please email it to Rachel Posaner.

**Department of Health**

- Stop Smoking Service: monitoring and guidance update
- Stop Smoking Service: monitoring and guidance

**Public Health England**

- Smoking cessation in secondary care: mental health settings
- Public Health England launch 'Smokefree and Smiling' guidance for dental teams
- Smokefree | Home
- Smokefree: success stories

**NHS Wales**

- Smoking
- Stop Smoking Wales

**NHS Scotland**

- Tobacco Control Profiles - Overview Report

**Scottish Government**

- HEAT Target

**HMIC**

- "I miss the care even though I know it's just a machine" : An explorative study of the relationship between an Internet-based smoking cessation intervention and its participants.
  (Brandt, C.L., Health Informatics Journal, Vol. 19, no. 3, Sep 2013, p 233-243)

- The acute effects of physical activity on cigarette cravings : systematic review and meta-analysis with individual participant data.
  (Haasova, M., Addiction, Vol. 108, no. 1, Jan 2013, p 26-37)

- Understanding the needs of smokers who work as routine and manual workers on building sites : results from a qualitative study on workplace smoking cessation.
  (Sherriff, N.S., Public Health, Vol 127, no. 2, Feb 2013, p 125-133)

- Performance of English stop smoking services in first 10 years : analysis of service monitoring data.
  (West, R., British Medical Journal, Vol. 347, no. f4921, 2013, 9p)

- 'Someone batting in my corner' : experiences of smoking-cessation support via text message.
  (Douglas, N., British Journal of General Practice, Vol. 63, no. 616, Nov 2013, p e768-e776)

- Smoking cessation in groups. Who benefits in the long term?

- Why is it so hard to quit smoking?
  (Dawkins, L., Psychologist, Vol 26, no 5, May 2013, p 332-335)
**Public Health Agency**

Stopping smoking made easier

Workplace 28 day stop smoking challenge

Hop onboard the new stop smoking bus

Major new smoking campaign focuses on family impact

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**World Health Organization (WHO)**

Smoking cessation

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**NICE**

Smoking cessation: supporting people to stop smoking

NICE support for commissioning for smoking cessation

NICE guidance on smoking cessation in hospitals could have a major impact on cutting smoking rates

NICE local government briefing on Tobacco [LGB24]

Smoking cessation in secondary care: acute, maternity and mental health services

Hospital based smoking cessation practice

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**Health and Social Care Information Centre (HSCIC)**

Statistics on Smoking, England - 2014 [NS]

Numbers using NHS Stop Smoking Services in decline for the second year [press release for 2013-14; includes link to report]

Statistics on NHS Stop Smoking Services in England - April 2014 to September 2014

Statistics on Women's Smoking Status at Time of Delivery, England - Quarter 2, 2014-15

Statistics on Women's Smoking Status at Time of Delivery, England - Quarter 1, 2014-15

Health Survey for England - 2013, Trend tables

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**Google Scholar**

Interventions to increase smoking cessation at the population level: how much progress has been made in the last two decades?

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**In the news**

Don't give up giving up smoking: An expert's guide to quitting

Smokers could receive on the spot fines for smoking outside hospitals in Wales

How Britain banned itself from smoking

Vouchers 'boost quit rates' in pregnant smokers

Practitioners in Wales to deliver smoking cessation services

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**BMJ**

Supporting smoking cessation

Cytisine, the world’s oldest smoking cessation aid
Cochrane Reviews (published 2014)

Use of electronic health records to support smoking cessation
Electronic cigarettes for smoking cessation and reduction
School policies for preventing smoking among young people
Exercise interventions for smoking cessation
Print-based self-help interventions for smoking cessation
Interventions for preoperative smoking cessation
Family and carer smoking control programmes for reducing children’s exposure to environmental tobacco smoke
Workplace interventions for smoking cessation
Acupuncture and related interventions for smoking cessation
Antidepressants for smoking cessation

Action on Smoking and Health (Ash)
Developing a policy on contacts with the tobacco industry
Stopping smoking. The benefits and aids to quitting
Stopping smoking - ASH'S 15 Tips
http://www.ash.org.uk/Stopping-smoking(for-health-professionals/smoking-cessation-services

National Centre for Smoking Cessation and Training
Local Stop Smoking Services: Service and delivery guidance 2014

Quit
I Want To QUIT
Quit because... [Quit youth services]

Breathless TV
Youth Projects Blog Update

NHS Evidence
Feasibility of offering nicotine replacement therapy as a relapse prevention treatment in routine smoking cessation services

Translating evidence-based guidelines into practice: a survey of practices of commissioners and managers of the English stop smoking services

Effectiveness and cost-effectiveness of computer and other electronic aids for smoking cessation: a systematic review and network meta-analysis.

Internet-based interventions for smoking cessation

Relapse prevention interventions for smoking cessation

Financial incentives for smoking cessation in pregnancy: randomised controlled trial

Nursing interventions for smoking cessation

Mass media interventions for smoking cessation in adults

What is the clinical effectiveness and cost-effectiveness of cytisine compared with varenicline for smoking cessation? A systematic review and economic evaluation

NHS Choices
Stop smoking

Patient.co.uk
Tips to help you stop smoking

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Website: http://www.birmingham.ac.uk/facilities/hsmc-library/index.aspx
Telephone: 0121 414 3672 — Email: hsmc-library@contacts.bham.ac.uk — Twitter: www.twitter.com/hsmc_library

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