

Birmingham Policy Commission: Healthy Ageing in the 21st Century



Workshop: 21st May 2013

Pannel Croft Village, Hospital Street, Newtown, Birmingham, B19 2XU

(Please sign in at Reception and to get directions to Training Room 1)

The role of the physical, social and emotional environment in ensuring healthy ageing in multicultural cities

About the workshop

The workshop will explore the multicultural community and physical environment in which people will age over the next 40 years. Ways that a City can promote the wellbeing of elderly residents and potential barriers or challenges to schemes to promote healthy ageing will be explored.

Themes and Commission Questions

Taking the elderly population into account: The physical environment of UK cities for the wellbeing of elders

- How can the physical environments of UK cities be used to promote health in the elderly population?
- What are the particular challenges in relation to both these issues for a diverse multi-cultural city?
- What are the challenges posed by an increasingly ageing population for Birmingham itself as a city- now and in the future?
- How can cities tackle the social isolation and loneliness experienced by some elders?

To what should we be aspiring in terms of planning housing and homes for our cities' elders?

- Would genuinely age-diverse neighbourhoods improve the wellbeing of elders living in cities? If so, how can these be generated? If not, how should elders' wellbeing be promoted in city planning?

Local Communities and the social support networks

- What are local communities or local sub-groups doing to support the well-being of their elders? To what extent can good practice in one location, area or group be shared more generally?