

# EPS & LES PERCAT Rep – the Role and its Benefits

## **The role of the PERCAT Rep:**

Our PERCAT Reps help ensure the activities which PERCAT offers genuinely reflects the needs of post-docs and provide a two-way link for communicating with post-docs within their own school.

- Ensure postdocs within your school are aware of who you are and how to contact you. Eg. Introduce self to new postdocs in school.
- Promote and cascade information about PERCAT events and activities within school in order to encourage engagement with PERCAT activities.
- Solicit feedback and views from postdocs in school on what training and development support they wish to receive from PERCAT and any other issues which affect them as postdocs, which can be fed back into discussions at PERCAT meetings.
- Attend PERCAT committee meetings in order to participate in discussions and shape the direction of the PERCAT programme.
- Take it in turns to chair PERCAT committee meeting.
- Take it in turns to chair / host PERCAT seminars, introducing and thanking speakers and chairing any Q&A session. This helps show ownership of events by postdocs and raises profile of reps so that postdocs know who they are.
- Provide a profile in accordance with the guidance provided, to go on the PERCAT webpages.

## **The Benefits of being a PERCAT Rep:**

- Input into the events that PERCAT creates.
- Build personal networks across schools and colleges.
- Raise personal profile.
- Share experiences, advice and support with other reps
- Gain direct insight into the mechanics of the University and academia more generally.
- Be challenged to think seriously about your own career progression.
- Gain satisfaction from knowing that you are improving the opportunities of fellow postdocs.
- Improve and develop communication and leadership skills.
- Build CV.