

## 'Reaching Out': Exploring Interdisciplinary Approaches to Self-Harm and Suicide Prevention in Young People

Michael Tippet Room, Staff House, University of Birmingham

Friday 13 September 2019

### Morning Session

09:30 - 10:00	Registration and coffee
10:00 - 10:15	Welcome: Dr Maria Michail, Institute for Mental Health, University of Birmingham
10:15 - 10:45	<b>Keynote: Professor Jo Robinson, Orygen</b> <i>'Using Social Media to Prevent Youth Suicide: The #chatsafe Project.'</i>
10:45 - 11:00	Q&A session
11:00 - 11:30	<b>Keynote: Dr Maria Michail</b> <i>'Youth Suicide Prevention and the Role of Primary Care.'</i>
11:30 - 11:45	Q&A session
11:45 - 12:00	Coffee Break

### ECR Session 1

12:00 - 12:10	<b>Mirabel Pelton, University of Coventry</b> <i>'Understanding and reducing suicide risk in autistic adults'</i>
12:10 - 12:20	<b>Emma Nielson, University of Nottingham</b> <i>"'These things don't work": understanding what isn't helpful as a vital aspect of treatment guidance for self-harm.'</i>
12:20 - 12:30	<b>Lucy Licence, University of Birmingham</b> <i>'Exploring approaches to self-harm in young people and adults with autism'.</i>
<b>12:30 - 14:00</b>	<b>Lunch</b>

### Afternoon Session

14:00 - 14:30	<b>Keynote: Dr Anna Lavis, Institute for Mental Health, University of Birmingham</b> <i>'Self-harm and social media: Exploring young people's engagements with self-harm content online.'</i>
14:30 - 14:45	Q&A session

### ECR Session 2

14:45 - 14:55	<b>Nicole Hill, Orygen</b> <i>'The risk of suicidal behavior following exposure to suicide and suicide attempt: A systematic review and three-level meta-analysis'</i>
14:55 - 15:05	<b>Jess Williams, University of Birmingham</b> <i>'Exploring contributing factors for self-harm and suicidality in LGBTQ+ young people'</i>
15:05 - 15:35	ECR Q&A Session: Research into Suicide and Self-Harm
15:35 - 15:45	Closing remarks: Dr Anna Lavis