



## SMART Schools Study: Smartphones, social Media and Adolescent mental wellbeing: the impact of school policies Restricting dayTime use

### PARENT PARTICIPANT CONSENT FORM

If you agree to take part in this study, please read the following statements and write your initials in the boxes on the right-hand side:

| Statement   | Initials |
|---|----------|
| I confirm that I have read and understood the Case Study Parent Information Letter dated 14/03/2023 (Version 6), and have had an opportunity to ask questions   |          |
| I understand that I am being asked to participate in a focus group discussion, lasting up to 60 minutes   |          |
| I understand that my participation is voluntary, and if at any time during the focus group I do not wish to contribute, I do not have to, and I can stop participating at any time  |          |
| I understand that after I have participated, I am free to withdraw (remove myself from the study) at any time. I understand that I can do this without giving any reason, and without my rights being affected. I understand that if I withdraw following participation in a focus group, my data cannot be deleted               |          |
| I understand that my answers will be kept confidential and only members of the research team will have access to my information   |          |
| I understand that the focus group will be audio recorded. If held via Zoom, I understand it will also be video recorded, but that only the audio recording will be downloaded and used for transcription, with the video recording being deleted. I understand that anonymised quotes may be used as part of study dissemination. |          |
| I agree to take part in the SMART Schools Study   |          |

Name \_\_\_\_\_

School \_\_\_\_\_

Signed \_\_\_\_\_

Date \_\_\_\_\_

Please complete and return this form either to your child's school or via email [smartstudy@contacts.bham.ac.uk](mailto:smartstudy@contacts.bham.ac.uk) within 1 week of receiving the letter.

We can provide copies of the information leaflet and the consent form in another language on request. Please contact your child's school so that they can inform a member of the SMART Study Team.

*This project is funded by the NIHR Public Health Research programme (NIHR131396). The views expressed are those of the project investigators and not necessarily those of the NIHR or the Department of Health and Social Care.*

**Thank you for considering taking part in the SMART School Study**