



UNIVERSITY OF
BIRMINGHAM



SMART Schools Study: Smartphones, social Media and Adolescent mental wellbeing: the impact of school policies Restricting dayTime use

PARENT OPT-OUT CONSENT FORM (TO RETURN WITHIN 1 WEEK)

Please *only* complete this if you *do not* want your child to take part:

Please *initial* the boxes below:

I confirm that I have read and understood the Parent Information Letter dated 14/03/2023 (Version 6)

I am not willing for my child to take part in the SMART Schools Study

Name of child _____

School _____

Class/Tutor Group _____

Signature of parent/carer _____

Date _____

Please complete opt-out within 7 days of receiving the information letter

WAYS YOU CAN CONFIRM OPT OUT:

1. Sign this form and hand it in to your child's school by hard copy
2. Sign this form and email it to us at smartstudy@contacts.bham.ac.uk
3. Visit our website birmingham.ac.uk/smart-schools and click on the link "parent opt out."

If you have a question or would like to speak to someone, please contact us:

SMART Schools Study Project Manager
School of Sport, Exercise and
Rehabilitation Sciences, University of
Birmingham, B15 2TT

Email smartstudy@contacts.bham.ac.uk
Phone: 0121 414 3158

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