



## Reflective Diary

<b>Name of resource</b> (and link if appropriate):	
<b>Date resource accessed:</b>	
<b>Brief description of resource:</b>	
<b>What have you learnt about your chosen profession or yourself from this resource?</b>	
<b>What surprised you about what you learnt?</b>	
<b>Do you have any relevant skills or experience related to what you have learnt from this resource?</b>	
<b>What do you need to do now?</b>	
<b>How and when will you do this?</b>	

*Use a new page for each resource you access.*

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