

# STOP-ACEi Newsletter

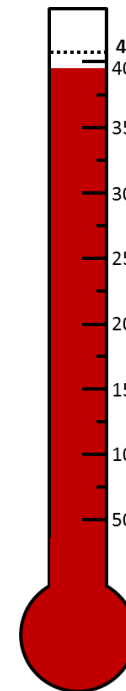
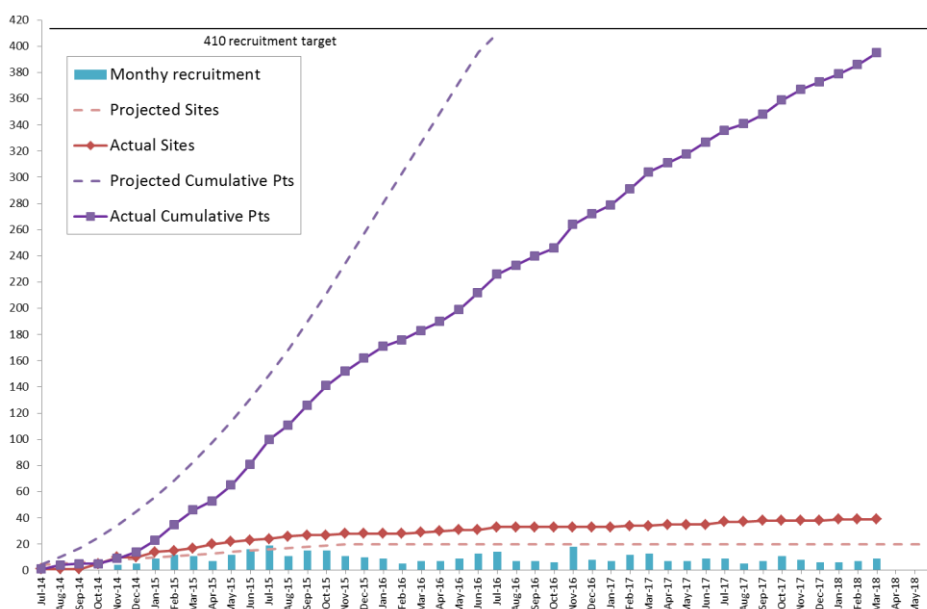


Issue 14

March 2018

**The STOP-ACEi trial;** A multi-centre Randomised Controlled Trial of Angiotensin Converting Enzyme inhibitor (ACEi) / Angiotensin Receptor Blocker (ARB) withdrawal in advanced renal disease

## Recruitment update – thank you for your continued efforts, we’re nearly there!



STOP-ACEi  
now has 395  
participants

Just 15 more  
patients are  
needed to  
reach our  
target of 410

## Message from the Chief Investigator

Dear all,

I hope, in a positive way, this will be my last newsletter discussing recruitment. There are only 15 patients left to recruit and it would be fantastic to finish before Easter. With 39 centres involved, I am delighted to say that over 20 have achieved or surpassed their pre-specified target, and several others are approaching theirs. A particular thanks to Epsom and St Helier and my childhood county of Antrim for such rapid recruitment recently. Please continue this great effort so we can achieve two milestones: completing this unique study of discontinuing a medication, and having the majority of centres achieving their target.

Best wishes,

Prof Sunil Bhandari



## 12 centres? Let's make it 39!

Site set up completed in January leaving 39 centres open to STOP-ACEi recruitment. The original plan was to open just 12 centres, however strong interest from the renal community led us to more than triple this number.

Our first site, Hull Royal Infirmary, started recruitment in July 2014 and since then we have opened centres across the North, the South, across the Midlands, in Wales and in Northern Ireland.



## #NearlyTrending

Whilst #STOPACEi hasn't quite made the worldwide trends list on Twitter yet, it must have been close during UK Kidney Week or during ERA EDTA 17 or even closer during the KDIGO conference. STOP-ACEi is being followed by the global renal community and the results from the trial are eagerly anticipated. Follow [@STOPACEi trial](#) to join the conversation and see where in the world STOP-ACEi is being discussed.

**Nephrology Jmt Club** @NephJC · Apr 26  
Do you prescribe ACEi/ARB in even in advanced CKD? When do you stop ACEi/ARB? #nephjc

**Matt Graham-Brown** @DrMattGB  
Following

Replying to @NephJC

We don't know the answer to this. Lucky to have [@STOPACEi\\_trial](#) in U.K. At the moment to enrol patients into [#ukrenalresearch](#)

12:11 PM - 26 Apr 2017

2 Retweets 3 Likes

**Tomas Rohal** @calvapo  
Following

Nice talk on (non-)stopping ACEi/ARBs in CKD 5. Waiting for STOP-ACEi trial...  
[#ERAEDTA17](#)

**Tom Oates** @toates\_19  
Follow

Thoughts from Nephrology clinic:  
[@STOPACEi\\_trial](#) is so fundamental to much of outpatient [#nephrology](#) it's amazing it hasn't been done before

9:07 AM - 10 Jan 2018

**STOP-ACEi Trial** @STOPACEi\_trial

Sounds like this needs some research :)

**Laurie Tomlinson** @Roxytonin  
Delighted to see that the audience don't favour stopping ACEi/ARB when renal function declines [#UKKW2017](#)

6:06 AM - 20 Jun 2017

**Adam** @rednephron · Sep 8  
Is there an eGFR cut-off point for introducing ACEi/A2RB in CKD?

**Edgar V. Lerma** @edgarlermamd  
Following

Replying to @rednephron @goKDIGO

TOTO: We don't yet know whether stopping RAAS blockade in CKD 4/ 5 improves outcomes but [@STOPACEi\\_trial](#) may guide us [#KDIGOBPinCKD](#) 🇬🇧

## BCTU closure and SAE reporting over Easter

Birmingham Clinical Trials Unit, including the *telephone* randomisation service will be closed from:

**17:00, Thursday 29<sup>th</sup> March 2018** until

**09:00, Thursday 5<sup>th</sup> April 2018**

The online randomisation and data entry service will still be available over this period.

**SAE reporting** continues over Easter. Please continue to fax any new SAE reports to 0121 415 9135 or email them to STOP.ACE@nhs.net

## SAE Masterclass

Thank you to everyone who attended the recent SAE Masterclass. We know that there were some of you who were keen to join but had prior commitments. With that in mind, we will shortly be circulating extensive guidance on SAE reporting and completing the SAE form. In the meantime, please contact us if you have any questions about SAEs.

## Research Nurse Teleconferences

These are mainly aimed at the research nurses, data managers and trial administrators involved in the day-to-day running of the trial, but all are welcome.

Please let us know if you want to raise any items for discussion.

### Dates for your diary:

Monday 23<sup>rd</sup> April 2018, 3pm

Thursday 24<sup>th</sup> May 2018, 2pm



## The STOP-ACEi team are always here to help

Please contact us for further information about the STOP-ACEi trial:

### STOP-ACEi Chief Investigator:

Prof Sunil Bhandari, Hull and East Yorkshire Hospitals NHS Trust, [sunil.bhandari@hey.nhs.uk](mailto:sunil.bhandari@hey.nhs.uk)

### STOP-ACEi Trial Staff at BCTU:

Marie Valente, Trial Coordinator, [m.valente@bham.ac.uk](mailto:m.valente@bham.ac.uk)  
Jamie Godsall, Data Manager, [j.godsall@bham.ac.uk](mailto:j.godsall@bham.ac.uk)

### STOP-ACEi Trials Office:

**Website:** [www.birmingham.ac.uk/stopacei](http://www.birmingham.ac.uk/stopacei)

**E-mail:** [STOPACEi@trials.bham.ac.uk](mailto:STOPACEi@trials.bham.ac.uk)

**Telephone:** (0121) 415 9133

**Fax:** (0121) 415 9135

### Randomisation:

**Website:** [www.trials.bham.ac.uk/stopacei](http://www.trials.bham.ac.uk/stopacei)  
(online randomisation open 24/7)

**Telephone:** 0800 953 0274  
(Available 9am-5pm, Monday – Friday)

### Postal address:

STOP-ACEi Trial Office, Birmingham Clinical Trials Unit (BCTU), Public Health Building, University of Birmingham, Edgbaston, Birmingham. B15 2TT

### Follow us on Twitter:

 [@STOPACEi\\_trial](https://twitter.com/STOPACEi_trial)



## STOP-ACEi trial details:

**Sponsor:** Hull and East Yorkshire Hospitals NHS Trust Ref: R1578

**Funding:** The NIHR/MRC Efficacy and Mechanism Evaluation (EME) Programme. Ref: 11/30/07

**EudraCT no:** 2013-003798-82

**ISRCTN no:** ISRCTN62869767

**REC ref no:** 13/YH/0394

**Portfolio adoption:** As an NIHR funded study, STOP-ACEi has been adopted onto the NIHR CRN Portfolio.

**UK CRN ref no:** 15908

**IRAS/CSP ref no:** 138827

Hull and East Yorkshire Hospitals



NHS Trust



National Institute for Health Research

UNIVERSITY OF BIRMINGHAM

