



Contact the ABA-FEED Team

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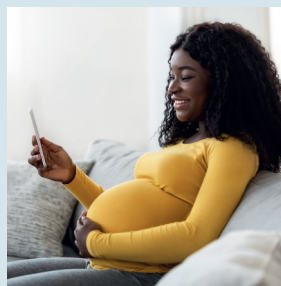
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ABA-FEED is sponsored
by the
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Spring



ABA-FEED Trial

ISSUE 1

MARCH 2022

Welcome to our first edition of the ABA-FEED Trial Newsletter! We hope that you all are enjoying the longer day hours, the sprout of daffodils and the arrival of the Spring. We are thrilled with the high levels of interest in participating in ABA-FEED. ABA-Feed opened to recruitment on January 7th 2022 and since then, we have recruited 188 participants into the trial. We are pleased to announce that 12 recruiting sites across the UK, Wales and Scotland are now open and recruiting participants. These are the Study Sites currently open to recruitment:

East Lancashire Hospitals NHS Trust
North Bristol NHS Trust
University Hospitals Bristol and Weston NHS Foundation Trust
Mid-Cheshire NHS Trust (Leighton Hospital),
East Cheshire NHS Trust (Macclesfield Hospital)
Cwm Taf Morgannwg University Health Board

NHS Dumfries and Galloway Health Board
University Hospitals Plymouth
Powys teaching Health Board
Mersey Care NHS Foundation Trust
Swansea Bay University Health Board
Royal Wolverhampton NHS Trust

Trial design

Randomised controlled trial with a 6 month internal pilot. Recruiting around 2,730 women. Training 135 existing peer supporters to become "Infant Feeding helpers" to deliver the intervention. Following up participants until 24 weeks after the birth of their babies.

Trial aim

To assess the effectiveness of the ABA-feed infant feeding intervention compared to usual care in first-time mothers. **Does the intervention improve rates of breastfeeding at 8 weeks?**

Message from the Chief Investigator

Dear Colleagues,

It is great to see recruitment started so well. I appreciate that a lot of work has gone into to getting us to this stage from our partners in local authorities, health boards, the infant feeding leads and services, the trainers who have trained about 120 peer supporters to become infant feeding helpers—thanks to you all! A big thank you to the infant feeding leads and infant feeding helpers who have volunteered to support the women who are allocated to the ABA-feed arm of the trial. Best wishes, Professor Kate Jolly

Website and database

We are pleased to inform you that the ABA-FEED website is now live! Please find the link via www.birmingham.ac.uk/aba-feed. The website will be updated on a regular basis, and will include pilot sites, newsletters, recruitment figures, trial documentation and more. Please take a look and let us know your thoughts.



This study is being funded by the National Institute for Health Research (NIHR).

UNIVERSITY OF BIRMINGHAM





Please don't hesitate to contact us if you need anything.

ABA-FEED TRIAL INBOX

aba-feed@trials.bham.ac.uk

Participant Website

www.aba-feed.org

Website

<https://www.birmingham.ac.uk/aba-feed>

Twitter

[@ABAFEED_TRIAL](https://twitter.com/ABAFEED_TRIAL)

ABA-FEED RECRUITMENT JANUARY-FEBRUARY-MARCH 2022

Our plan is to run a 6 months internal pilot trial starting in January 2022 to ensure we can recruit well. Our target is to recruit around 819 participants for the internal pilot phase. The table below shows the recruitment rates up to 21st of March 2022 for the intervention delivery sites.

SITES	JAN	FEB	MAR	Total
Blackburn	4	3	2	9
Bristol	1	12	10	23
Cheshire East	5	25	20	50
Cwm Taf Morgannwg	0	4	5	9
North Somerset	0	4	2	6
Plymouth	0	0	9	9
Powys	4	2	2	8
Sefton	0	2	6	8
South Gloucestershire	0	9	4	13
Swansea Bay	3	15	7	25
Wolverhampton	4	21	18	43
TOTAL	21	97	85	203

We are pleased that **Dudley Health and Care Trust** and **NHS Lanarkshire Health Board** will be soon open to recruitment for ABA-FEED.

Training for New Staff working on ABA-FEED

If there are any staff changes or new staff are added to the delegation log, please remember **to send us a copy of their CV** (signed and dated within the last 12 months) and their latest **GCP certificate**. If any new or existing staff has any query about the trial please contact (**aba-feed@trials.bham.ac.uk**) the ABA-FEED team are always happy to help.



BCTU operations

BCTU offices are open, but the majority of BCTU staff are engaged in a combination of office-based and remote working.

While this does signify a gradual return to 'normal' working, we do still ask that email via the **ABA-FEED mailbox** is used as the preferred means of communication, as we cannot guarantee that a member of the ABA-FEED team will be in the office on a given day, and this ensures the query will be picked up in the event of illness or annual leave.

Thank you for taking the time to read the first ABA-FEED Newsletter!
Please follow us for trial updates on Twitter [@ABAFEED_TRIAL](https://twitter.com/ABAFEED_TRIAL)



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Interested?
Please visit aba-feed.org to find out more, or scan QR code ▶

