



Do you suffer from Ulcerative Colitis (UC)?

Have you had a flare-up in the last 12 months?

UNIVERSITY OF
BIRMINGHAM



If so, ask your doctor about the ACCURE-UK 2 Trial

What is the ACCURE-UK 2 Trial?

There is some early evidence that removing the appendix (an appendicectomy operation) in patients with UC might impact upon the future disease course in terms of reducing relapse frequency and/or severity. The ACCURE-UK 2 Trial is a clinical trial funded by the National Institute for Health Research. The trial aims to help evaluate the impact of a keyhole appendicectomy operation on disease activity in patients suffering with UC.

How can I get involved in ACCURE-UK 2?

If you suffer with UC and have had at least one flare-up in the past year, you should ask your gastroenterologist, surgeon or IBD nurse if you are suitable to take part.

You must be in remission and you must not have taken any biologic medications within the past 3 months at trial entry. Routine 5-ASA and immunosuppressant medications are fine.

What is involved before I can take part in ACCURE-UK 2?

If you have not had recent investigations for your UC (within the last 3 months) we will need to check that you are in remission. This may involve a camera examination (endoscopy) of your large bowel and/or testing your stool (faeces) for signs of inflammation (faecal calprotectin). What is needed will depend on your individual situation.

What will happen if I take part in ACCURE-UK 2?

If you are suitable for the trial and decide to enter, after giving consent and completing questionnaires about your quality of life, you will be randomly allocated (50:50) to receive the appendicectomy operation or not. All patients will carry on with their normal medical treatment as well.

Patients will be closely followed-up for one year after entering the study about their UC activity, and regularly asked to complete questionnaires so we can see if their quality of life changes during the trial. After a year, we will ask you to have a further camera examination of your large bowel (endoscopy), unless you have already experienced disease relapse(s).

Please visit birgmingham.ac.uk/accure-uk2/info for more information



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RESEARCH TO ADVANCE
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