



Calcium Supplementation for Prevention of Pre-Eclampsia in High Risk Women

CaPE Newsletter - Apr 2023 / 1st Edition

Welcome to the first CaPE newsletter!

Here you'll find messages from the team, tips for best practice and updates on all things trial related, such as recruitment!

Message from the Chief Investigator



Dear CaPE Investigators,

I wanted to say a big thank you for participating in the CaPE Trial and supporting recruitment to the study. We know preventing pre-eclampsia is important, and your efforts will provide information to guide clinicians across the world on how to best look after women at increased risk of pre-eclampsia.

We have opened 15 sites so far, a further 30 are in various stages of set up, and we continue to approach other sites directly and through the CRN. We have recruited 156 women as of 27 Apr 2023. Our average recruitment target is 2 per week (8 per month) per site, so I would encourage you to keep looking out for eligible women and remember that any woman who is eligible for aspirin is potentially eligible for CaPE.

CaPE Twitter

Don't forget to follow us on Twitter [@CaPE trial](#)

Please do drop in on our fortnightly CaPE Queries online sessions (details below). We are always keen to hear from you and get your feedback on what is going well and any challenges you may be experiencing, so that we are able to share our experiences and offer solutions. I also hold regular meetings with individual sites as needed, so if you would like to discuss anything please feel free to contact me by email (smeher@nhs.net), or the trial team (CAPE@trials.bham.ac.uk).

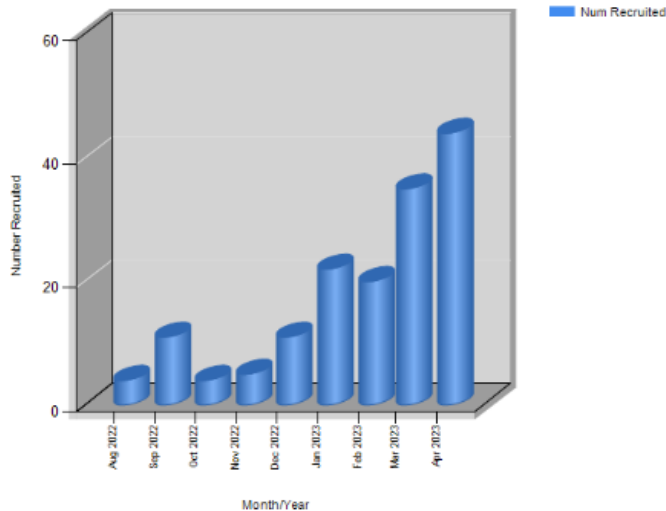
Two weekly CaPE Queries online drop in sessions

We host Zoom drop in sessions on the [1st Wednesday](#) and [3rd Monday](#) of every month where sites can join online to discuss issues, share best practice of just say hi! If you're interested, just please get in touch with the [CaPE Team](#) or follow the links provided!

Recruitment!

Recruitment is the cornerstone of any trial and **we're extremely grateful for all the hard work that you have put into CaPE recruitment to date.** We're also very pleased to let you know that thanks to your efforts, April was the highest recruiting month to date with 44 patients so far! Below is an overview of where we currently are (remember this graph was generated on 27.04.23 with a few days of the month left!

Congratulations to **Birmingham Women's Hospital** for being the best recruiting site for the month of March 2023 with an amazing 11 participants recruited!



Month/Year	No. Recruited
Aug 2022	4
Sep 2022	11
Oct 2022	4
Nov 2022	5
Dec 2022	11
Jan 2023	22
Feb 2023	20
Mar 2023	35
Apr 2023	44

TIPS: Remote Consent

Remote consent has gone from what was initially considered to be a backup option during COVID restrictions to hospital visits, to one of the primary modes of recruiting into the CaPE trial. It is of particular use ahead of a clinic visit so pharmacy can be ready to dispense the IMP ahead of time, and it reduces waiting time in hospital which can be off putting for participants. If it helps you logistically, and the participant is happy, we encourage its use.

You can use remote consent in the following ways:

- Have a witness listen to the consent discussions you have with the participant over the phone, and if the participant is happy, the witness can counter sign on behalf of the participant (this can be done electronically or on paper, whichever is preferable).
- Send a consent form (post or email) to the participant, and they sign and return it for the person taking consent to complete their section.

Please contact the BCTU Team if you have any queries

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Call: +44 (0)121 414 7023 or +44 (0)7866312007 Monday to Friday