



# CaPE

## Calcium Supplementation for Prevention of Pre-Eclampsia in High Risk Women

CaPE Newsletter - Aug 2023 / 3rd Edition

Welcome to the third CaPE newsletter!

Here you'll find messages from the team, tips for best practice and updates on all things trial related, such as recruitment!

### Message from the Chief Investigator



Dear all,

It's been a year since we started recruiting for CaPE, with 29 centres now open and over 400 women recruited. We had our regulatory meetings last month with the Data Monitoring Committee and Trial Steering Committee. No safety concerns have been highlighted for CaPE so far, and we've got excellent completeness on our data returns for the primary outcome of pre-eclampsia, thanks to all your hard work.

We need to continue to work hard on improving our recruitment and are counting on you to motor on with the amazing work you're doing. We will be giving prizes to our top two recruiting sites each month and prizes are also up for grabs for various randomisation numbers specified in the newsletter. Many of you will have received CaPE merchandise, and for others, it's on the way.

We also want to continue to improve the completeness of data on adherence and women's adherence to trial medication, so please do have a look at the tips provided below to help with this.

As always, if you have any comments, questions or concerns, please do get in touch either with me directly ([smeher@nhs.net](mailto:smeher@nhs.net)) or the CaPE team ([cape@trials.bham.ac.uk](mailto:cape@trials.bham.ac.uk)).

#### CaPE Twitter

Don't forget to follow us on Twitter [@CaPE\\_trial](https://twitter.com/CaPE_trial)

### Two weekly CaPE Queries online drop in sessions

We host Zoom drop in sessions on the **1st Wednesday** and **3rd Monday** of every month where sites can join online to discuss issues, share best practice of just say hi! If you're interested, just please get in touch with the [CaPE Team](#) or follow the links provided!

## CaPE Recruitment Lottery!

We're very excited to inform you of the CaPE recruitment lottery!

At the beginning of each month, recruitment prizes are up for grabs. Some of these will be for top recruiters / high performers over the last month, however we'll also be introducing the CaPE recruitment lottery where by a number of trial numbers will be listed in advance. If you recruit one of these trial numbers, you'll win a recruit prize!

Excited? We are :)

So without further ado, **below are this month's recruitment lottery trial numbers:**

**1430**

**1440**

**1450**

**1460**

**1470**

Best of luck everyone! And as always, **huge thank-you for your time and effort on CaPE!**

## TIPS: Optimising Adherence & Trial Medication Returns

With the best of intentions, participants can forget to regularly take their IMP. To help with this, below are some tips you can suggest to them, to **aid with adherence:**

- Have tablets placed in 'usual' areas where participants will see them and be prompted to take them. For instance by their toothbrush, or on the bedside table.
- Set phone reminders.
- If participants are really struggling to take their tablets twice daily, then as a backup, it is acceptable for them to take both tablets at the same time, though it's worth highlighting this may increase the risk of mild gastrointestinal side effects.

**Returning trial medication bottles to help us assess adherence:**

- If you are speaking with participants close to the time of birth, a gentle reminder to return the trial bottles at the end of their pregnancy may help.
- If partners are returning to their homes to collect belongings, a gentle reminder then to get the trial medication bottles may also help.

**Please contact the BCTU Team if you have any queries**

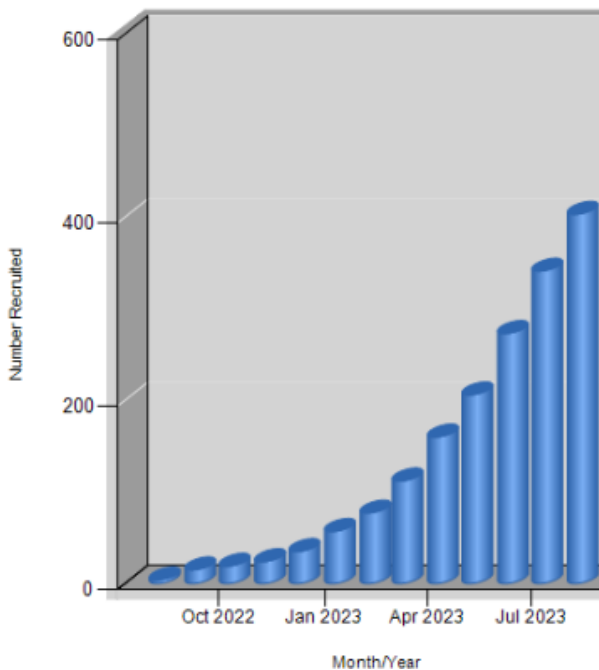
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Call: +44 (0)121 414 7023 or +44 (0)7866312007 **Monday to Friday**

## Recruitment update

Since the last newsletter, **July** saw a record breaking month of **68** participants, excellent work, thank-you! **August** saw close **62**, which given the number of holidays, was great work, well done all!

**By end of August we had a total of 403 recruits!**



**Special mention this month** goes to the following sites for their total accruals over these past 2 months:

**Royal United Hospital, 20**

**Sunderland & S.Tyneside Hospitals, 18**

**Poole Hospital, 14**

**Leeds GI & St James' Hospitals, 14**

**Birmingham Women's Hospital, 9**

**Whipps Cross, 9**

Special mention goes to **Dorset County** who recruited 5 participants within 1 month of recruiting their first!

It goes without saying that we very much appreciate everyone's efforts, and understand centres with smaller patient populations are no less impressive!

Please continue with the **excellent work everyone, we really appreciate it! :)**

## New Sites!

Since the last news letter, we're very pleased to welcome on board:

**Maidstone Hospital**

**Tunbridge Wells Hospital**

**Queen Charlotte's and Chelsea Hospital**

Bringing the current total of sites open to 29! Please join us in welcoming these sites to the CaPE trial! :)

Speaking of new sites, well done to Consultant Obstetrician Naomi Primrose at Queen Charlotte's and Chelsea Hospital for recruiting her first CaPE participant!



**Would you like to appear in the next newsletter? Please get in touch!**

**Max Hughes, Trial Manager for CaPE:** Email: [cape@trials.bham.ac.uk](mailto:cape@trials.bham.ac.uk) or

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