



# CaPE

## Calcium Supplementation for Prevention of Pre-Eclampsia in High Risk Women

### CaPE Newsletter - Feb 2024 / 5th Edition

Welcome to the fifth CaPE newsletter!

Here you'll find messages from the team, tips for best practice and updates on all things trial related, such as recruitment!

### Message from the Chief Investigator



Dear CaPE Investigators,

Happy new year! We have started 2024 on a very positive note, with commencement of recruitment since mid-January, after delivery of Campaign 2 IMP to all sites. We thank you for your patience over the last 2 months and for continuing to screen for eligible women.

CaPE now has 39 sites open with 576 women recruited, and the last 51 participants have been recruited in just two weeks. A special thank you to all the sites that have hit the ground running. We have released more lottery numbers for prizes to win over February and March.

Recruitment for the trial will continue until at least September 2024, with potential for a further extension thereafter. NIHR HTA has approved the opening of an additional 20 sites, (total 60 sites) to meet recruitment targets. A further 20 sites are in various stages of set up, and we continue to approach other sites directly and through the CRN. The HTA have also recognised your hard work in keeping recruitment going and have agreed to a per patient payment of £40 for CaPE. This will be implemented for any participants recruited from January 2024 and will be reflected in a revised MnCA that we will circulate soon.

We have our second Data Monitoring Committee meeting this month and this will be followed by the Trial Steering Group Meeting. We will keep you updated on their feedback.

I am planning to reach out to the research teams in each of our recruiting sites individually over the next few months to hear more about your personal experience with running CaPE locally. We'd really like your feedback on how we can do things better, and if there is anything we can do to support you. As always, please feel free to contact me by email ([smeher@nhs.net](mailto:smeher@nhs.net)), or the trial team ([CAPE@trials.bham.ac.uk](mailto:CAPE@trials.bham.ac.uk)), or drop in on our fortnightly CaPE Queries online session with any ques-

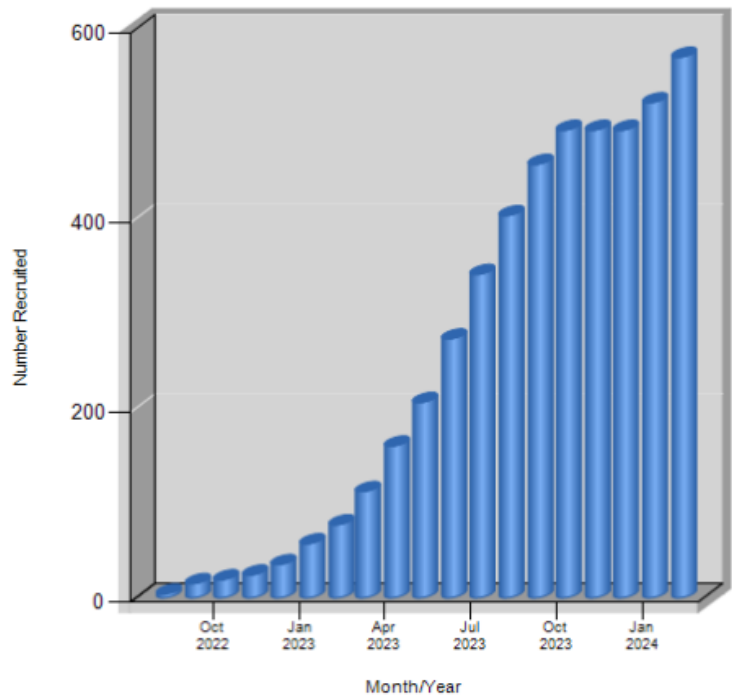
### Two weekly CaPE Queries online drop in sessions

We host Zoom drop in sessions on the **1st Wednesday** and **3rd Monday** of every month where sites can join online to discuss issues, share best practice or just say hi! If you're interested, just please get in touch with the [CaPE Team](#) or follow the links provided!

Don't forget to follow us on Twitter [@CaPE trial](#)

## CaPE Recruitment to Date

With IMP now delivered to all sites, we've already seen a swift surge in recruitment figures. January saw 29 recruits, a great start considering IMP was only delivered to sites over the last 2 weeks of that month. We're very pleased to let you know that February is continuing in that vein, with 52 participants already recruited at time of writing (15.2.24)! This is outstanding and **looks like we are shaping up for a record breaking month, so huge thank-you all, please keep up the excellent work!**



Special mention this newsletter goes to:

**Whipps Cross Hospital** who have recruited **18** participants since IMP resupply late Jan!

**Queen Elizabeth Hospital, Gateshead**, who have randomised **14** recruits in less than **30** days of opening! **Thanks again all, it's amazing to see!**



**Left hand pic, from left to right, the Gateshead team:** Christine Moller-Christensen (research midwife), Rachael Grant (research midwife) and our Principal Investigator: Mr Vaideha Deshpande. Shout out to the other team members not included in this photo, including Lesley Butler (Data Manager) Nirma Ahmed (Associate PI) and the Pharmacy Team!

**Right hand pic, Whipps Cross Research Midwives:** Sarah Osei-Bordom and Prudence Jones. Shout out to the other team members not in this photo including Principle Investigator Mr Rehan-Uddin Khan, Ms Anwen Corry and of course the local pharmacy team too!



**Please contact the BCTU Team if you have any queries**

**Max Hughes, Trial Manager for CaPE:** Email: [cape@trials.bham.ac.uk](mailto:cape@trials.bham.ac.uk) or  
Call: +44 (0)121 414 7023 or +44 (0)7866312007 **Monday to Friday**

## New Sites!

Since the last news letter, we're very pleased to welcome on board:

**Queen Elizabeth Hospital, Gateshead**

**Musgrove Park Hospital**

**St George's Hospital**

**Royal Berkshire Hospital**

**Liverpool Women's Hospital**

**St Mary's Hospital, Manchester**

**Heartlands Hospital**

Thank-you folks, it's great to have your involvement!

## Recruitment Lottery!

We're very please to announce the restart of the monthly CaPE recruitment lottery!

To recap, recruit any of the below trial numbers *within this calendar month*, and we'll send some tasty recruitment prizes your way! This month's numbers are **1529, 1545, 1569, 1585, 1600!** Huge thank-you as always for your hard work on CaPE, and good luck!

## TIPS: Eligibility Criteria

We've had some queries on eligibility criteria from sites and this is just a reminder that you CAN recruit:

- women who have high blood pressure at <20 weeks but no other features of pre-eclampsia (e.g, protein in the urine, abnormal liver or kidney function or growth problems in the baby)
- women who are on medication for chronic hypertension
- women on anticoagulant medication
- women who are ELIGIBLE for aspirin *but not taking it* out of choice or because of contraindications
- women with some autoimmune diseases are eligible, for example anti-phospholipid syndrome or lupus as they are at increased risk of pre-eclampsia, but not all autoimmune diseases are associated with increased risk so please continue to contact the CaPE Team if you have any queries about particular autoimmune

## Would you like to contribute to the next Newsletter?

We're on the look out for content from yourselves! Perhaps best practice locally which you think would be useful to share, or a case study, or perhaps a feel good story? Please get in touch!



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