



CaPE

Calcium Supplementation for Prevention of Pre-Eclampsia in High Risk Women

CaPE Newsletter - Jun 2023 / 2nd Edition

Welcome to the first CaPE newsletter!

Here you'll find messages from the team, tips for best practice and updates on all things trial related, such as recruitment!

Message from the Chief Investigator

Dear CaPE Investigators,



We're going from strength to strength, with 25 sites now open and a record month for recruitment in June. This is all down to the hard work you are putting in, and we are all very grateful for your, time, effort and support for CaPE.

I recently lectured on a study day for the Action on Pre-eclampsia Charity (APEC, <https://action-on-pre-eclampsia.org.uk/>). APEC raises awareness about pre-eclampsia through teaching, disseminating information and supporting research. It also supports families that have been affected by pre-eclampsia. I heard Rob Crussell's powerful story about the death of his son Theo soon after birth because of pre-eclampsia. It was a stark reminder of how important preventing pre-eclampsia is, to prevent such tragic outcomes. You can read more about Rob's story on <https://www.4theo.co.uk/>. The work you are doing for CaPE has the potential to make a big difference to many lives.

CaPE Twitter

Don't forget to follow us on Twitter [@CaPE trial](https://twitter.com/CaPE_trial)

(CAPE@trials.bham.ac.uk).

It's been great to meet many of you virtually on our fortnightly CaPE Queries online sessions (details below) to discuss what is working well, as well as challenges and potential solutions. I am also happy to hold meetings with individual sites separately as needed, so please feel free to contact me by email (smeher@nhs.net), or the trial team

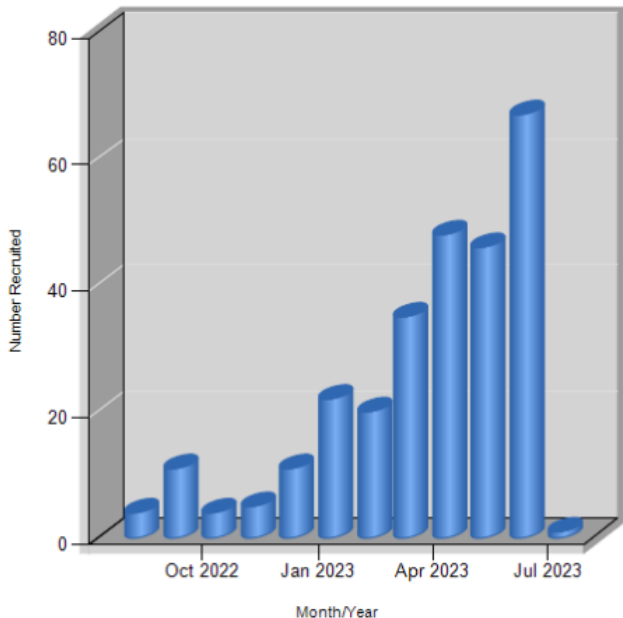
Two weekly CaPE Queries online drop in sessions

We host Zoom drop in sessions on the **1st Wednesday** and **3rd Monday** of every month where sites can join online to discuss issues, share best practice of just say hi! If you're interested, just please get in touch with the [CaPE Team](#) or follow the links provided!

Recruitment!

June smashed the previous record (48) for monthly recruitment with 67! **Our huge thanks to everyone** for their hard work in assuring this, it's great to see the progress of the trial and we wouldn't be here without your efforts!

Special mention this month goes to the **Whipps Cross Team**, who set a new monthly record of 16 recruits in May, and were also top recruiters in June with 12 recruits (beating the previous record of 11). **Excellent work folks**, we're very grateful to the whole team, with special thanks to Prudence Jones, Sarah Osei-Bordom (RMWs), Anwen Gorry (PI) and Ahmed Mohammed and Samina Arqum (Pharmacy)!



Month/Year	No. Recruited
Aug 2022	4
Sep 2022	11
Oct 2022	4
Nov 2022	5
Dec 2022	11
Jan 2023	22
Feb 2023	20
Mar 2023	35
Apr 2023	48
May 2023	46
Jun 2023	67

TIPS: Associate PI Scheme

CaPE is registered for the NIHR's Associate PI scheme, which aims to integrate clinical research into clinical training, and develop health care professionals to be PIs of the future. This also increases opportunities for patients to be involved in research, to help improve care—win, win for all concerned!

As CaPE is a CTIMP study, a medically qualified doctor needs to assess women for eligibility. It can be challenging sometimes to have enough doctors that are GCP and study trained to help with this. You can provide incentive to doctors by offering them an Associate PI position for CaPE. Junior doctors are great for this role because learning how to deliver an NIHR portfolio trial is good for their experience and CVs. In turn they can help with recruitment, and also enthuse and train other doctors to recruit for CaPE.

If your site does not currently have an Associate PI, please do consider this scheme, and discuss it with your local PI as they would need to be willing to support and mentor the role.

More information about the Associate PI scheme is available from the slides circulated alongside this newsletter. You can also contact the Trials Office for further details.

Please contact the BCTU Team if you have any queries

Max Hughes, Trial Manager for CaPE: Email: cape@trials.bham.ac.uk or

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